

CHRONIC NECK OR BACK PAIN?

Know Your Options

PHARMACEUTICALS PAIN KILLERS & ANTI-INFLAMMATORIES (TEMPORARY RELIEF)



COMMON SIDE EFFECTS AND RISKS

- DROWSINESS/DIZZINESS
- EXTREME FATIGUE
- BLEEDING/BRUISING
- ADDICTION/DEPENDENCE¹
- SEIZURES
- CONSTIPATION
- DECREASED SEX DRIVE
- NAUSEA/VOMITING

RESEARCH SHOWS

- HYDROCODONE - CAUSED 62% OF ACCIDENTAL APAP-INDUCED ACUTE LIVER FAILURES¹
- OXY, HYDRO, VICODINE - MORE DEATHS THAN FROM MWAS (45-54 AGE GROUP)¹
- NSAIDS (EXCEPT ASPIRIN) - INCREASED RISK OF HEART ATTACK, CLOTS, & STROKE²
- NSAIDS - INFLAMMATION, BLEEDING, ULCERATION, & PERFORATION OF STOMACH²

INJECTIONS CORTISONE INJECTIONS (TEMPORARY RELIEF)



COMMON SIDE EFFECTS AND RISKS

- OSTEOPOROSIS
- CATARACTS
- ELEVATES BLOOD SUGAR
- IMMUNE SUPPRESSION
- PERMANENT JOINT BREAKDOWN
- DIMINISHED EFFECTS WITH USE
- VERY TEMPORARY RELIEF
- LIMITED TO 3X PER YEAR

RESEARCH SHOWS

- STATISTICALLY INSIGNIFICANT IN LEG PAIN AND DISABILITY³
- PROMOTE DETERIORATION OF SKELETAL QUALITY⁴
- INCREASED LIKELIHOOD OF FRACTURES BY 21%⁴
- DO NOT REDUCE THE RATE OF SUBSEQUENT SURGERY⁵

SURGERY VARIOUS BACK SURGERIES AVAILABLE (25% TO 50% SUCCESS RATE)



COMMON SIDE EFFECTS AND RISKS

- NO RELIEF OR MADE WORSE
- SCAR TISSUE
- PAINFUL RECOVERY PERIOD
- RISK OF INFECTION
- VERY EXPENSIVE
- LIMITED MOBILITY
- MAY STILL NEED DRUGS
- 72% NEED MORE SURGERIES²

RESEARCH SHOWS

- 53% OF L5-S1 SURGERIES FAIL TO PRODUCE RELIEF⁶
- UP TO 70% STILL FEEL PAIN⁷
- 1 OUT OF 4 DISSATISFIED 2 YEARS LATER⁸
- ONLY 26% OF PATIENTS RETURNED TO WORK⁹

SPINAL DECOMPRESSION NON-SURGICAL SPINAL DECOMPRESSION (71% - 89% LONG TERM RELIEF SUCCESS RATE)



COMMON SIDE EFFECTS AND RISKS

- NO SIDE EFFECTS
- MILD, TEMPORARY SORENESS

MEDICAL DOCTORS SPEAK

"AS A LICENSED NEUROLOGIST"

"As a Licensed Neurologist, I have long known that we should do everything possible to help our patients avoid back surgery. Now with Non-Surgical Spinal Decompression, we finally have a very effective way to treat back pain without surgery. The vast majority of even our worst cases experience significant, long-lasting relief even after pills, shots, PT, and chiropractic have failed!"

- Dr. Samir Haddad
Licensed Neurologist
New York

RESEARCH SHOWS

- 71% TO 89% SUCCESS RATES¹⁰
- REDUCES HERNIATIONS SIGNIFICANTLY IN UP TO 71%¹¹
- INCREASES DISC HEIGHT¹¹
- SUCCESS 4 YEARS LATER¹²
- UP TO 9/10 PATIENT SATISFACTION¹

1. ANALGESIC DRUG TREATMENT OF CHRONIC PAIN: THE CURRENT EVIDENCE FOR THE BENEFIT OF OPIOID DRUGS IN THE TREATMENT OF CHRONIC PAIN. JAMA. 2010;303(12):1226-1235.

1. HONG ET AL. SURVIVAL CHARACTERISTICS IN MANAGEMENT OF SPINAL Aneurysms. SPINAL DISORDERS AND NEUROREPAIR. 2010;20(12):1011-1016.

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