



12 months of Massage Savings!

SAVE \$450 when you pre-pay for 12 Months of SPA



Be Kind to
YOURSELF!
Relax, Breathe Deep &
Feel Alive



Pumpkin Latte Wrap



A creamy Butter Brulee whole milk wrap begins to relax tired skin, followed by an invigorating caffeine-infused whipped caramel body polish to take away all your rough edges. A supercharged organic pumpkin puree mud mask for your feet deep cleans and tingles. Finish this treatment with a dollop of softness from velvety smooth Sweet Cream Body Milk Lotion Massage. 90 minutes. Regular Price \$130

Fireside Toast

Looking for a little relaxation with a side of soft skin? You've come to the right spa. Let's begin with soft notes of roasted chestnuts as skin dips into a coconut oil-infused foot soak. A Kentucky whiskey foot scrub completes with skin softening rice bran oil removing all dry patches, unveiling your silkiest state yet! Next, receive a full body massage with a spiced steeped milk lotion to quench skin's thirst all yuletide season long. 90 Minutes. Regular Price \$130



A Fireside
TOAST
massage



MELLOW
Moon
MASSAGE

Mellow Moon Dip A renewing body massage for the romantics at heart! We begin this vitamin E-rich treatment with a sultry compressed wrap, infused with soothing sunflower and coconut oil to soften skin to silky suppleness. Arms, legs and shoulders will then dance in love with a peptide and emollient oil body mousse massage. Our fluffy moisturizer visibly reduces the look of fine lines,

while also pulling double-duty to bring out your most natural glow. 90 Minutes. Regular Price \$130

Comfort & Joy



Winter Warm Up Hot Stone Massage



Winter
WARMUP

When it's frosty outside enjoy this *Brrrrr*lliantly warming escape. Our beautiful hot stone massage envelops your body in a cocoon of warmth, hydrating your parched winter skin. Celebrate the season with a long spicy, hot stone cinnamon massage with antioxidant-rich olive fruit and grapeseed oils that will bring a glistening glow to your holidays. Finish this treatment with a dollop

of softness from our back-country caramel body lotion. 90 minutes. Regular Price \$130

100 Acres of Relaxation

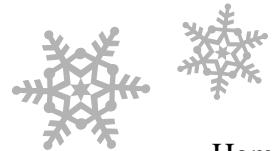


A KISS OF Bliss

Hands and feet are cradled into a warm, sultry compress infused with nourishing vitamin E and coconut oil to soften skin for the kneading of its dreams! You are then deeply massaged head-to-toe in a nourishing dual-phase body oil that combines instant luminosity with free radical fighting power. Lycopene-full

watermelon extract and botanical oils rich in fatty acids & antioxidants – including Hi-Bio™ fast absorbing, full spectrum hemp oil with cannabinoids – allow skin to feel ravishingly rejuvenated and luminous with mineral highlights. Enjoy your deep relaxation and full-body total swellness. 90 minutes. Regular Price \$130

Hemp, Hemp Hooray Holiday Massage



HEMP-ORARY
Holiday Relief!

Blissed out in Hemp!
Give hands and soles
the relaxation they deserve—after all of that holiday shopping of course. A rosemary mint and Hi-Bio® Hemp soak nestles skin into a state of crisp bliss, before a sea salt scrub with warm notes of cream exfoliates until heels and hands are in tip top shape! Lasting softness is within reach now as we end with a

round of relaxation with of a Hi-Bio® Hemp whipped body mousse Massage with a luscious lemon cream scent.

90-minutes. Regular Price \$130

Contact us at 558-8500 for more information!
www.TheFamilyWellnessCenter.com

Tis the Season



Give the Gift of Relaxation

Treat yourself or a friend to one of our amazing packages any time of year!

New Packages Available Now



Prepare for Transformational Healing *Indian Head Massage with Reflexology*

90-minute Package; Buy 5 Get the 6th FREE

Indian Head Massage begins with a custom selection of pure essential oils, diluted in jojoba for the perfect massage to support your health and provide the powerful healing benefits of aromatherapy. Gentle massage of the upper back/shoulders/neck, is followed by unique invigorating scalp massage techniques, and then finishes with the most nurturing face massage you've ever experienced. Indian head Massage has quickly become a Fan favorite. Plus, we've added Reflexology; an Oriental healing technique that promotes balance, facilitates stress reduction and increases energy levels through the specific reflex of pressure points on the feet and ankles. Exfoliation of the feet and lower legs is followed by pressure point massage to the feet, producing balance, harmony and relief from tension and stress. **Experience the ultimate in unified body and mind.**

Tiffany Weese, LMT

Total Package Price \$625 (Savings of \$125)



Prepare for Transformational Change *Spirit-Heart Bodywork*

90-minute Package; Buy 5 Get the 6th FREE

This is a unique holistic and multi-dimensional approach to wellness includes an eclectic combination of energetic and therapeutic bodywork. A customized blend of Eastern and Western natural healing modalities is incorporated into the session addressing the client's needs. Some of the modalities integrated into treatment may include Access Bars, Orthopedic Integrative Bodywork, Body Processes, Vibrational Therapies, Cupping and head, face and foot massage. Cheri is fully present, actively listening on all levels; energetic, spiritual, physical and mental. Cheri functions as facilitator to help clients in the following: restoration of balance, wholeness and integration of Spirit, Body and Mind, as well as client awareness of reconnection with her/his "inner knowing" and the striving for optimal wellness.

Total Package Price \$600 (Savings of \$120)

Cheri Koons, RN, BSN, LMT, RM/T

These are two of our most popular treatments. They are now in a package for great savings!

Falalalalala . . . Treat Yourself to Our

12 Months of Spa!

Experience Bliss all Year & Save \$450



Enjoy 12
Seasonal Massages
& Body Treatments



Put Yourself on Your Own
Calendar!

Save \$450*

Purchase our popular
12 Month Package & it's
like getting nearly four,
90 Minute Body
Treatments...

FREE!!!

12 Month Package Price is \$1,110
(\$92.50 per massage) Normally
\$130 each or Purchase the
monthly plan price for \$105 per

Each month you will experience
90 minutes of Seasonal Bliss! From
our 100 Acres of Relaxation or
Winter Warm-up Hot Stone to our
Mellow Moon Dip CBD Massage to
our Tropical Coconut Bliss-
Your body will thank you!

For every Season, there is a
perfect Massage

It's a NEW Year!
Let's Stress Less,
and Relax more

www.TheFamilyWellnessCenter.com
717 558-8500 ext. 3