

12 Months of Spa

SAVE \$450

**When You Purchase
The 12 Months of Spa**

*It's like getting more than three, 90min Body
Treatments **FREE!***

January – Winter Warm-up Hot Stone

When it's frosty outside enjoy this Brrrrrilliantly warming escape and savor a peaceful moment in total pleasure. Our beautiful hot stone massage envelopes your body in a cocoon of warmth, hydrating your parched winter skin. Celebrate the New Year with a long spicy, hot stone cinnamon massage with antioxidant-rich olive fruit and grapeseed oils that will bring a glistening glow to your New Perspective. Finish this treatment with a dollop of softness from our back-country caramel body cream.

February – A Kiss of Bliss

You'll fall madly in love if you're not careful – as we transform rough skin into baby-soft newness. Your feet will be painted in an antioxidant-packed CoQ10 cocoa treat – with a devilishly decadent chocolate softening mask. A white coconut and pineapple scented shea and cocoa butter massage finish leaves you in truly delightful relaxation bliss.

March – I Dream of Spring

You'll think you're dreaming, but perhaps you've found your own oasis. A succulent and citrusy Starfruit Pure Fiji scalp massage envelops you as you succumb to its juicy sweetness. Continue on your road to paradise with a heavenly Rainbow Road® Shea Butter cream massage that not only moisturizes your skin but will leave you feeling like citrus tropical royalty!

April – Ode to Mother Earth

Celebrate Mother Earth with our new Earth Radiance Ritual offering a uniquely customized farm-to-table edible aromatherapy facial, we apply raw and organic products to deliver potent rejuvenating nutrients, providing the vital support and healthy balance skin needs. These ingredients are bursting with antioxidants, vitamins and nutrients to fulfill your skin's distinctive needs. Enjoy the cool tranquil benefits of an amethyst wand massage. Your body will love you.

May – May Pop Massage

The mouth-watering scents in this treatment will make you feel like you are in a gourmet marketplace. First, we apply raw honey lavender and rice bran salty facial scrub. Then, a cocoa and organic fig serum is brushed on to replenish and renew with antioxidant goodness – vitamins A, C & E and Aloe Vera. Replenish your skin with a whipped facial mousse made with a blend of advanced peptides and retinol that combats wrinkles. Finish with a steeped coconut milk massage fragranced with dreamy notes of US grown Passion Fruit. With the lingering scrumptiousness of May Pop, you'll be the spring breeze that floats out the door!

June – Bahama Mama

Step into paradise with a clementine foot soak and pineapple coconut sugar foot scrub followed by exotic body lotion and Shea butter. Your tropical island vacation continues with our full body Signature Massage using heated gel packs and luxurious customized island pineapple massage oils. Be enveloped in the fragrant notes of the tropics as you escape to Paradise.

July – Coconut Lime Blossom Tropical Treatment

In this massage, slip away and forget the day as you're lathered in steaming and comforting Pure Fiji Lime Blossom lotion with soft notes of lime and coconut. Forget all your troubles while enjoying a Pure Fiji Coconut Oil scalp massage that will captivate your senses, as a light citrus aroma engulfs you. As your treatment concludes, you'll think you hear waves in the distance.

August – Float Your Body Whipped Mousse CBD Massage

Light-as-air whipped body mousse kneading that is yours for the taking! You'll drift off into a sunny state of mind when skin is massaged with U.S. grown non-GMO botanical oils to give you all the nourishing vibes you deserve. This fluffy blend is also abundant with vitamin C and full spectrum hemp oil rich with cannabinoids to bring out your most natural glow and ease of movement.

Float on, friend!

September – Turquoise Sage Body Ritual

Indigenous healing herbs of the Southwest are combined with Eastern massage techniques to open the flow of energy in the body, releasing blocks of energy where pain and discomfort are built up. Dry brush exfoliation and herbal compression balls are combined with a comforting massage, cocoon wrap and mini facial. This is truly an amazing treatment, back by popular demand!

October – Savor the Season

For those reminiscing on the days of summer's past, this treatment is here for you. Begin with a Cranberry Orange fizzer and vitamin E-rich foot soak to soften skin. Then, an intoxicating Triple Shot Caramel Coffee Shea Butter Scrub steals the show by buffing away all the tough stuff. Once you're feet are as smooth as silk, it's time to soothe inflammation and skin irritations with a full body massage. Our Plum Chiffon Shea Butter Balm restores your skin to its natural supple state.

You're as velvety smooth as a full moon is round!

November – Bourbon Malt Muscle Melt

Fall back into relaxation! Give soles some TLC this holiday season – they deserve it. Treat your tootsies to a vitamin E and coconut oil-infused soak. Then, skin is prepped and exfoliated with a Sweet Cream fine sea salt scrub. Even Old Man Winter will be jealous! We end with a sultry, warm botanical oil massage, with a delicate dash of Madagascar vanilla and Texas distilled bourbon. Yum!

December – Butter Brulee Milk Bath

Enjoy A warm, Butter Brulee Milk Bath that softens your skin before a scrumptiously spiked scrub Kentucky whiskey-brown sugar exfoliation scrub down. Finish with a richly hydrating and smells-good-enough-to eat and drink Vanilla Bourbon Oil and Plum Chiffon massage.

Sure to soften up all your rough edges



THE FAMILY
WELLNESS
CENTER
AT BRIAR DALE
INTEGRATIVE HEALTHCARE

Call Today 717-558-8500 ext.3

***\$92.50 each with The Pre-Paid Package Price of \$1110
Normally \$130 each or use our Monthly plan of
\$105 a month!***

2022