

# UK Chiropractor of the Year

## Launches new wellness campaign in Shrewsbury

Local leading chiropractor, Dr Glenn Fredericksen, was recently awarded national 'Chiropractor of the Year', and is now celebrating with a new wellness campaign, *Natural Spring for Spring*.

Dr Fredericksen's award from the United Chiropractic Association, a national professional body representing chiropractors, is recognition of his dedication to his profession, continually enhancing his expertise and services so that his patients can fully benefit from improved health and lifestyle through chiropractic care. The award was also for his passion, leadership and commitment to the growth and professional development of his team at Shrewsbury Family Chiropractic.

Now, Dr Fredericksen hopes to share the benefits of chiropractic care more widely with his spring campaign, which launches with new free information packs, a walking club and health talks on Monday evenings, where you can find out about chiropractic care.

Chiropractic focuses on the function of the nervous system, the body's master controller. Adjustments to the spine affect how the brain processes what is going on in the body, allowing the various processes of the body to perform at their best. This can help with a range of conditions as well as strength, balance and coordination. So chiropractic is far more than something to help people with bad backs.

Dr Fredericksen said, "I love supporting families to reach excellent health through regular chiropractic care. We have an amazing team here at Shrewsbury Family Chiropractic and we enjoy caring for everyone, from babies through to the older generations, in an environment that many describe as feeling like home."

As part of the campaign, Shrewsbury Family Chiropractic is offering £20 off an Initial Wellness Consultation (£35 instead of £55), valid to new patients for appointments made before the end of April.

If you would like to get back your *Natural Spring for Spring*, claim your initial consultation voucher, download an information pack, book a place on a free health talk or find out about our walking club, go to [www.sfchiro.uk/spring](http://www.sfchiro.uk/spring) or contact Shrewsbury Family Chiropractic on 01743 588190. Information packs include patient testimonials, together with information and research findings on chiropractic care.

Glenn Fredericksen

United Chiropractic Association Chiropractor of the Year

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