

COMMONWEALTH FAMILY

CHIROPRACTIC

Dr. Paul W. Eriksen, D.C.

Date _____

Case Number _____

Tell Us About You

Title: _____ First: _____ MI: _____ Last: _____

Nickname: _____ Birth date: _____ Age: _____ Sex: ☐ Male ☐ Female

Current address: _____

City: _____ State: _____ Zip: _____

SS #: _____ - _____ - _____ Email: _____

Home Phone: _____ - _____ - _____ Work Phone: _____ - _____ - _____ Ext: _____

Mobile Phone: _____ - _____ - _____ Preferred contact: ☐ Home ☐ Work ☐ Cell

Whom may we thank for referring you? _____

Marital status: ☐ Single ☐ Divorced ☐ Widowed ☐ Married to: _____

of children: _____ Ages of children: _____

☐ Full-time employment ☐ Part-time employment ☐ Self-employed ☐ Unemployed ☐ Retired

Occupation: _____ Employer: _____

☐ Full-time student ☐ Part-time student School name: _____

Alternate address: _____

City: _____ State: _____ Zip: _____ Parents/Other: _____

Emergency Contact: _____ Phone: _____ - _____ - _____

Your relationship to emergency contact: _____

Tell Us Why You're Here

What is the primary reason for your visit? _____

Is this due to a: ☐ Automobile accident ☐ Work-related injury ☐ Personal injury case ☐ None

When did your pain/symptoms begin (include date if possible)? _____

The overall severity of your complaints/concerns is:

☐ Mild ☐ Mild to moderate ☐ Moderate ☐ Moderately severe ☐ Severe

The overall frequency is: ☐ Occasional ☐ Intermittent ☐ Frequent ☐ Constant

On a scale of 0 to 10, how would you rate your pain/symptoms today? (please circle a number below)

None = 0 1 2 3 4 5 6 7 8 9 10 = Worst possible

Are your symptoms/pain getting: ☐ Better ☐ Worse ☐ Staying the same

Have you had recent treatment for this condition? ☐ No ☐ Yes—please list dates and doctors:

Have you had the same or similar problems in the past? ☐ No ☐ Yes—When: _____

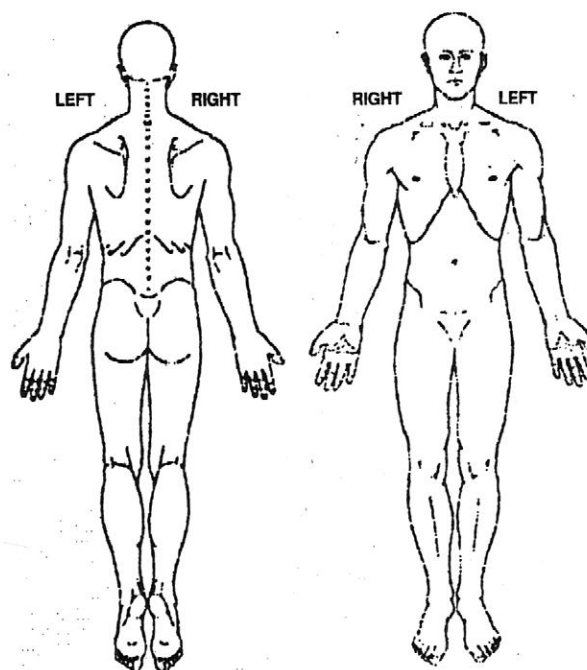
Do you have any additional complaints/concerns/health problems? ☐ No ☐ Yes—please describe:

Use the following key to mark your complaints on the diagram at the right:

Pain = P	Numbness = N	Weakness = W
Soreness = O	Stiffness = X	Swelling = S
Burning = B	Tingling = T	

If your complaints include pain, how would you describe it? (please check all that apply):

- ☐ Aching ☐ Burning ☐ Dull ☐ Sharp ☐ Shooting
☐ Stabbing ☐ Throbbing ☐ Other: _____



Do work activities aggravate your present complaints?

- ☐ Yes ☐ No

Please mark whether you **NOW HAVE** (○) or had **IN THE PAST** (□) any of the following conditions/illnesses:

- NOW HAVE IN THE PAST**
- ☐ ☐ Allergies
 - ☐ ☐ Hay Fever
 - ☐ ☐ Fatigue or Weakness
 - ☐ ☐ Night Sweats
 - ☐ ☐ Unexpected Weight Loss
 - ☐ ☐ Unexpected Weight Gain
 - ☐ ☐ Sleeping Problems
 - ☐ ☐ Skin Problems
 - ☐ ☐ Loss of Balance
 - ☐ ☐ Dizziness or Lightheadedness
 - ☐ ☐ Vertigo
 - ☐ ☐ Fainting
 - ☐ ☐ Headaches
 - ☐ ☐ Seizures
 - ☐ ☐ Loss of Memory
 - ☐ ☐ Vision Trouble
 - ☐ ☐ Hearing Trouble
 - ☐ ☐ Ear Infections
 - ☐ ☐ Ringing or Buzzing in Ears
 - ☐ ☐ Loss of Smell
 - ☐ ☐ Loss of Taste
 - ☐ ☐ Difficulty Swallowing

- NOW HAVE IN THE PAST**
- ☐ ☐ Difficulty Speaking
 - ☐ ☐ Sinus Trouble
 - ☐ ☐ Asthma
 - ☐ ☐ Wheezing
 - ☐ ☐ Chronic Cough
 - ☐ ☐ Shortness of Breath
 - ☐ ☐ Chest Pain or Pressure
 - ☐ ☐ Heart Trouble
 - ☐ ☐ High Blood Pressure
 - ☐ ☐ Low Blood Pressure
 - ☐ ☐ Cold Hands or Feet
 - ☐ ☐ Abdominal Pain
 - ☐ ☐ Indigestion or Upset Stomach
 - ☐ ☐ Excess Gas
 - ☐ ☐ Heartburn
 - ☐ ☐ Constipation
 - ☐ ☐ Diarrhea
 - ☐ ☐ Nausea or Vomiting
 - ☐ ☐ Bedwetting
 - ☐ ☐ Urinary Pain or Frequency
 - ☐ ☐ Kidney or Bladder Trouble
 - ☐ ☐ Blood in Urine or Stool

- NOW HAVE IN THE PAST**
- ☐ ☐ Menstrual Problems or Pain
 - ☐ ☐ Prostate Trouble
 - ☐ ☐ Erectile Dysfunction
 - ☐ ☐ Fertility Problems
 - ☐ ☐ Excessive Thirst
 - ☐ ☐ Thyroid Trouble
 - ☐ ☐ Anxiety or Nervousness
 - ☐ ☐ Mood Swings or Irritability
 - ☐ ☐ Mental or Emotional Difficulty
 - ☐ ☐ Depression
 - ☐ ☐ Arthritis
 - ☐ ☐ Bone Fracture
 - ☐ ☐ Dislocated Joints
 - ☐ ☐ Autoimmune Disease
 - ☐ ☐ Cancer
 - ☐ ☐ Diabetes
 - ☐ ☐ Fibromyalgia
 - ☐ ☐ Multiple Sclerosis
 - ☐ ☐ Rheumatic Fever
 - ☐ ☐ Tuberculosis
 - ☐ ☐ Other: _____
 - ☐ ☐ **No Conditions/Illnesses**

Your Activities of Daily Living and Work

Please indicate which activities of daily living are compromised by your current state of health:

General:	<input type="checkbox"/> Walking	<input type="checkbox"/> Standing	<input type="checkbox"/> Running	<input type="checkbox"/> Sports
	<input type="checkbox"/> Sitting	<input type="checkbox"/> Lifting children	<input type="checkbox"/> Bending	<input type="checkbox"/> Recreational activities
	<input type="checkbox"/> Climbing stairs	<input type="checkbox"/> Reading	<input type="checkbox"/> Lying in bed	<input type="checkbox"/> Getting into/out of an automobile
	<input type="checkbox"/> Chewing	<input type="checkbox"/> Swimming	<input type="checkbox"/> Using keyboard	<input type="checkbox"/> Sewing or crafts
	<input type="checkbox"/> Kneeling	<input type="checkbox"/> Playing instrument	<input type="checkbox"/> Exercising	<input type="checkbox"/> _____
	<input type="checkbox"/> Sleeping	<input type="checkbox"/> Using telephone	<input type="checkbox"/> Sitting in recliner	

Housework:	<input type="checkbox"/> Doing laundry	<input type="checkbox"/> Vacuuming	<input type="checkbox"/> Ironing	<input type="checkbox"/> Caring for pets
	<input type="checkbox"/> Making beds	<input type="checkbox"/> Washing dishes	<input type="checkbox"/> Carrying groceries	<input type="checkbox"/> Cooking

Yardwork:	<input type="checkbox"/> Mowing lawn	<input type="checkbox"/> Raking leaves	<input type="checkbox"/> Gardening	<input type="checkbox"/> Shoveling snow
------------------	--------------------------------------	--	------------------------------------	---

Personal grooming:	<input type="checkbox"/> Combing hair	<input type="checkbox"/> Shaving	<input type="checkbox"/> In/out of bathtub	<input type="checkbox"/> Brushing teeth
---------------------------	---------------------------------------	----------------------------------	--	---

Travel:	<input type="checkbox"/> Driving a car	<input type="checkbox"/> Riding in a car	<input type="checkbox"/> _____	<input type="checkbox"/> _____
----------------	--	--	--------------------------------	--------------------------------

How often does your job involve lifting? ☐ Never ☐ Occasionally ☐ Frequently ☐ Constantly

Other job requirements (please check all that apply): ☐ Bending ☐ Carrying ☐ Stooping

☐ Twisting ☐ Turning ☐ Walking ☐ Other: _____

What is your primary work position? ☐ Seated ☐ Standing ☐ Other: _____

Sickness, Injury and Accident History (please include dates and descriptions)

Accidents (include automobile, work-related, personal injury, slip and fall, or any serious injury): _____

Prior illnesses (other than colds and flu): _____

Surgeries and hospitalizations: _____

Are you currently taking ANY over-the-counter medication: ☐ No ☐ Yes—list name and for what condition.

Are you currently taking ANY prescription medication: ☐ No ☐ Yes—list name and for what condition.

<u>DRUG</u>	<u>CONDITION</u>	<u>DRUG</u>	<u>CONDITION</u>	<u>DRUG</u>	<u>CONDITION</u>
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Remember to list ALL drugs including: aspirin, antibiotics, insulin, birth control pills, blood pressure pills, etc.