

BALLARD CHIROPRACTIC CLINIC

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Hot Stone Therapy Contraindications

Prior to rendering **Hot Stone Therapy**, we need to verify if you have any of the following conditions. Please check any that apply to you.

- Recent surgery
- Recent spinal injury
- Recent illness
- Skin disorders/conditions
- Conditions and/or medications that create sensitivity to heat
- Neuropathy associated with diabetes or pregnancy
- Severe anorexia
- Severe high blood (not medically controlled)
- Liver or kidney disorders or conditions
- Cardiac conditions such as arrhythmia
- Extreme dilated varicose veins
- Extreme dermatitis such as eczema, acne, furuncles, psoriasis, ulcerations and wounds
- Acute fever
- Epilepsy – increased body temperature may trigger a seizure
- Open cuts, wounds, sores, abrasions and bleeding
- Peripheral vascular disease
- Acute inflammation
- Pregnancy
- Are you on medications that can lead to side effects from increasing heat to the skin
- Chemotherapy or radiation treatments
- Lupus Erythematosus
- Epstein-Barr Virus or “Herpes Virus”
- Mononucleosis or “Kissing Disease”
- HIV/AIDS
- Cancer
- Recent skin burns
- Other _____

Date _____ Signature of Client _____

Printed Name _____