



# Chiro-Med & Rehab

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Chiropractic Medicine  
Orthopedic Rehab

345 Elm Street

Bennington, VT 05201

P: 802.753.7930 / F: 802.753.7924

[chiromedoffice@gmail.com](mailto:chiromedoffice@gmail.com) / [www.cmrehab.net](http://www.cmrehab.net)

Office hours: M/Tu/Th: 9A-5P ~ Wed: 9A- 7P ~ Fri: 9A- 12P

Welcome!

Please complete the enclosed forms for your visit with our office.

It is mandatory to have all forms completed prior to being treated. We will be unable to treat you unless every form has been completed and confirmed by the front desk.

Please feel free to submit your forms prior to your appointment via any of the above methods.

You may also text the office phone number with any questions and our front desk will reply promptly. Please note, the ability to respond is only during office hours.

**Please note-** it is IMPORTANT to bring any imaging and reports on a disc for review on your initial visit. Please confirm with the office prior to your visit that you and/or we have this required information. If you do not have it, you may need to return for a follow up visit to review imaging/tests that are pertinent to your care.

Thank you!

-The Chiro-Med team

**WELCOME TO CHIRO-MED & REHAB!**

To insure proper case information, please provide us with the following information.  
If you need assistance in completing these forms, please ask.

Today's date \_\_\_\_\_

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_  Male  Female SSN: \_\_\_\_\_

Mailing Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Home Phone \_\_\_\_\_

Email Address \_\_\_\_\_ \* Required for billing \*

Occupation \_\_\_\_\_

Employer \_\_\_\_\_ Work Phone \_\_\_\_\_

Were you referred by  Yourself  Friend  Insurance Carrier  Primary physician  Other physician

Name of person who referred you: \_\_\_\_\_

If different from above, who is your family physician? \_\_\_\_\_

**IF WE HAVE COPIES OF YOUR INSURANCE CARDS YOU MAY SKIP THIS SECTION**

FINANCIAL :	PRIMARY INSURANCE	SECONDARY PAYER OR RESPONSIBLE PARTY
NAME		
ADDRESS		
CITY,ST.ZIP		
POLICY #		
INSURED NAME		
RELATION		
SOC. SEC. #		
BIRTH-DATE		
GROUP #		
EMPLOYER NAME		

I the undersigned hereby authorize the staff to perform such services as deemed necessary by the physician to diagnose and treat my condition(s). Further I authorize assignment of my insurance rights and benefits directly to this provider and also authorize the release of such information as is needed to process insurance claims. I understand that I am responsible for all charges which may include legal fees, collection fees or other expenses incurred by the provider in collecting my account. I authorize Chiro-Med & Rehab to retain a daily treatment record of services rendered. I hereby order all parties to accept a copy of this release and assignment in lieu of the original. This shall remain in effect until revoked by me in writing.

\_\_\_\_\_  
Signature

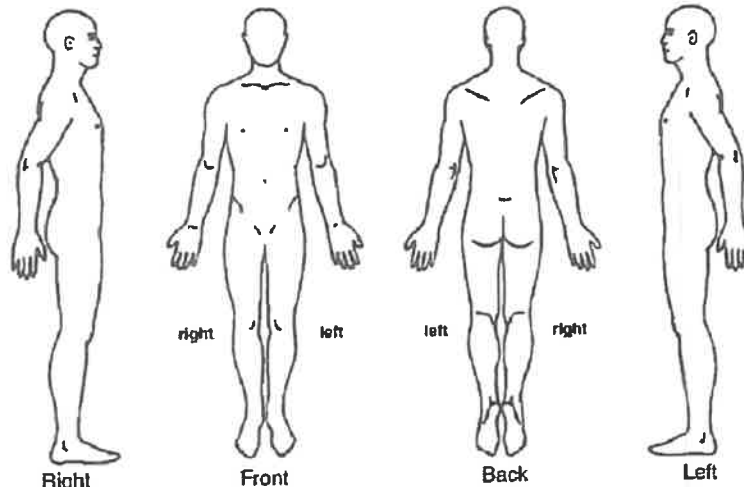
\_\_\_\_\_  
Date

WHAT PROBLEM BRINGS YOU TO SEE US TODAY?

WHEN DID THIS PROBLEM START?

Did it come on:  Suddenly  Built up over several days  Gradually worse over a long time.  
 If you were injured was it:  At Work  At Home  Due to Auto Accident  Other Injury

ON THE FIGURES AT THE RIGHT, PLEASE MARK YOUR AREA(S) OF PAIN OR DISCOMFORT. Circle the areas (if more than one) of pain and tell us on a scale of 1 to 10, with 1 being light pain to 10 being very severe, how severe is your pain in each area most of the time and how frequent.



AREA 1 pain is (1-10) \_\_\_\_ Constant or Intermittent  
 At \_\_\_\_% of my day

AREA 2 pain is (1-10) \_\_\_\_ Constant or Intermittent  
 At \_\_\_\_% of my day.

AREA 3 pain is (1-10) \_\_\_\_ Constant or Intermittent  
 At \_\_\_\_% of my day

Please help us understand your pain: **Circle the words** for each area that best describes your pain and activity during your day.

Area 1 is: Worse in AM At Night After exertion It is: Sharp Stabbing Dull Achy Throbbing Burning Tingling

Area 2 is: Worse in AM At Night After exertion It is: Sharp Stabbing Dull Achy Throbbing Burning Tingling

Area 3 is: Worse in AM At Night After exertion It is: Sharp Stabbing Dull Achy Throbbing Burning Tingling

I have difficulty with: Walking Sitting Standing Driving a car Sleeping My daily routine Bladder Control Depression

I currently am : Ambulatory without assistance Need to use: Support Brace Walker Cane Crutches Wheelchair

Please help us better understand **your personal circumstances** and assist us in providing you customized treatment and care.

I Am  Working Full Time  Part Time  Homemaker  Full Time Student  Unemployed  Retired

Now: Occupation: \_\_\_\_\_

On sick leave  On Temp disability  On Full Disability My last day worked was \_\_\_\_\_

Age \_\_\_\_\_ Single Married Separated Filing for Divorce Divorced

*Please feel free to discuss with us any situation in your personal relationships that may affect your recovery.*

I Now Smoke \_\_\_\_ Packs per day Stopped \_\_\_\_\_ Use Alcohol Type and Amt \_\_\_\_\_

Consume Caffeine: Type/ Amt \_\_\_\_\_ Use recreational drugs \_\_\_\_\_

I am now or have in the past been : Addicted to drugs alcohol Treated for alcohol or drug addiction

<b>WOMEN ONLY</b>	Can you become pregnant? YES NO	Date of last period _____	Normal Yes No
If not, why? _____		Date of last Mammogram _____	Normal Yes No
Are you now or could you be pregnant ?? YES NO		Pap Smear _____	Normal Yes No

Patient		Primary Intake History
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**Pertinent History/ Please advise us of any special circumstances, previous tests, therapy or conditions.**

Are you allergic to any medications?    NO    YES    (If yes, please list all that you are allergic to below)

**If you previously had any of the following procedures, please list the date and place they were performed.**

PROCEDURE	DATE(S)	PLACE PERFORMED
X-Rays		
C.T. / MRI		
Myelogram		
Ultrasound		
E.M.G.		
Treatment by Another Physician		
For what?		

**PLEASE MARK ANY CONDITION THAT YOU NOW HAVE OR HAVE RECOVERED FROM IN THE RECENT PAST.**

Severe headaches / Chest pain / Angina / Kidney Stones / Digestive problems / Hypertension / Renal disease / Gout / Stroke / Heart murmur / Diabetes / Arthritis / Epilepsy / Arrhythmia / Endocrine disease / HIV / AIDS / Fatigue / Congenital heart disease / Urinary, genital problems / Dizziness / Fainting / Anemia / Rheumatic fever / Scarlet fever / Prostate problems / Ulcers / Gall Stones / Sexual dysfunction / Venereal disease / Pancreatitis / Shortness of breath / Menstrual dysfunction / Mental Illness / Asthma / Liver disease / Alcohol or Drug problems.

CURRENT MEDICATIONS PLEASE LIST ALL MEDICATIONS YOU ARE CURRENTLY TAKING. (Prescription and over the counter)		HOSPITALIZATION and SURGERY
Name of medication and Strength	# of doses / day	PLEASE LIST ALL SURGERY AND ANY PERIODS OF HOSPITALIZATION (give dates)

**FAMILY HISTORY: Has anyone in your immediate family (mother, father, grandparents, brothers, sisters, children) had**

condition	who?	condition	who?
Heart Disease		Epilepsy	
Hypertension		Glaucoma	
Stroke		Bleeding disorders	
Cancer		Kidney disease	
Diabetes		Thyroid disease	

Do you require special care or have any concerns that might affect your treatment or recovery? NO YES ( If yes please describe)

**Thank you** for assisting us in gathering the information our medical providers need to help determine a personal treatment plan for you. To verify that the information is correct as given to us by you, please affix your signature in the area (x) provided below.

Patient Signature:	DATE:
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**Cancellation/ No show policy**

Please be advised that it is this office’s requirement to give a business days’ notice if you are unable to attend your appointment. If you fail to do so, you will be charged a \$35 fee. This fee also applies to no-show occurrences as well as same day cancellations. Cancellations outside of office hours (i.e- a Saturday/Sunday cancellation for a Monday appointment or a cancellation during the week outside of office hours), are not accepted as we will not be able to take the appropriate steps to fill your appointment spot if we are not in the office. We understand emergencies happen, and will handle and will address each event as applicable.

**Late arrival policy**

We understand that things beyond your control often happen and might prevent you from making it to your appointment on time. Our office policy is to allow a 10 minute grace period for such late arrivals. We respect your time and ask that you respect the office’s/other patient’s time as well. We apologize for the instances where we will not be able to accept a late arrival beyond the 10 minute grace period.

Thank you for your understanding regarding these policies.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**\*\*For Medicare/ Medicaid patients only\*\***

Medicare and Medicaid will only cover Chiropractic adjustments. They will not cover office visits or any other procedure billed by a Chiropractor. If any other procedure is rendered, you are solely responsible for this charge. This office aims to notify you in advance should a non-covered charge happen. However, if you do not inform the office ahead of your appointment about a change in your symptoms or a new issue that requires an office visit, we will not have the ability to inform you ahead of your appointment regarding the charge. **\*\*Initials** \_\_\_\_\_

- New patient exam- \$200
- Existing patient, low complexity office visit/ Imaging review- \$80
- Existing patient office visit/re-exam or new complaint - \$120
- Daily treatment- \$65 (Visits are based on 30 minute encounter times)

To Our Patients:

As you know, if you have ever checked into a hotel or rented a car, the first thing you are asked for is a credit card, which is imprinted and later used to pay your bill or charge for incidentals. This is an advantage for both you and the hotel or rental company, since it makes checkout easier, faster, and more efficient.

We have implemented a **mandatory**, similar policy. You will be required to present a credit card at the time you check in for your appointment. This information will be held securely in our HIPAA compliant billing software until your insurance(s) has paid their portion and notified us of the amount of your share. Once your claim has been processed by your carrier and posted to our system, we will notify you that you will have a charge pending. Any remaining balance owed by you will be charged to your card on file, and a copy of the charge will be mailed/emailed to you if requested.

This will be an advantage to you since you will no longer have to write out and send us checks. It will also be an advantage to us because it will greatly decrease the number of statements that we have to generate and send out. The combination will benefit everybody in helping to keep the cost of healthcare down.

This in no way will compromise your ability to dispute a charge or question your insurance company's determination of payment.

Co-pays, coinsurance, and deductibles that are due at the time of the visit will, of course, still be due at the time of the visit.

If you have any questions about this payment method, do not hesitate to ask.

Sincerely yours,  
Chiro-Med & Rehab

I authorize Chiro-Med & Rehab to charge outstanding balances on my account to the following credit card:

Visa / Mastercard / American Express / Discover / Other: \_\_\_\_\_

Name on card (Please Print) \_\_\_\_\_

Card# \_\_\_\_\_ Exp Date: \_\_\_\_\_

V-Code (3 digits on back): \_\_\_\_\_ Zip Code linked to card: \_\_\_\_\_

Email Address: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PATIENT ELECTION TO SELF-PAY FOR SERVICES

I, \_\_\_\_\_, the undersigned patient, acknowledge that I understand and agree that:

1. The provider with Chiro-Med is a participating insurance provider.
2. I am either not covered by a health insurance plan or I do not wish to use my health insurance plan.
3. Until such time as I may otherwise advise Chiro-Med & Rehab in writing, I elect to pay for all services I receive from Chiro-Med & Rehab at their non-insured standard rate.
4. I have freely chosen to self-pay for services after having asked Chiro-Med & Rehab about payment options and having carefully considered those options.

**Self pay pricing:**

**New patient exam- \$200**

**Existing patient- new complaint or return to care after 6 months- \$120**

**Existing patient follow up/ re-exam/ imaging review- \$80**

**Existing patient adjustment/ rehab- \$65**

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of patient or responsible party if patient is a minor or is otherwise unable to sign for him/herself

**Southwestern Vermont Medical Center**

100 Hospital Drive  
Bennington, VT 05201



**Authorization for Release of Information**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ MR #: \_\_\_\_\_  
Please Print

Address: \_\_\_\_\_  
Please Print

I hereby authorize SVHC the use or disclosure of my protected health information as described below. I understand that the information I authorize a person or entity to receive may be re-disclosed and no longer protected by federal privacy regulations. This authorization is valid for 1 year unless otherwise specified.

Name and Address of Persons/Organizations authorized to receive information:  
\_\_\_\_\_  
\_\_\_\_\_

Specific description of information that may be used/disclosed and dates of service:

- |   |  |
|---|--|
| <input type="checkbox"/> X-ray Films and Report | <input type="checkbox"/> History and Physical    |
| <input type="checkbox"/> Office Notes           | <input type="checkbox"/> Operative Note          |
| <input type="checkbox"/> ER Report              | <input type="checkbox"/> Outpatient Department   |
| <input type="checkbox"/> Discharge Summary      | <input type="checkbox"/> Other _____<br>Describe |

This authorization permits SVHC to disclose my protected health information from my health record with no limitations placed on history of illness, diagnostic or therapeutic information including any treatment for alcohol and drug abuse, psychiatric impairment, HIV/AIDS related illnesses or genetic testing.

The information will be used / disclosed for the following purpose(s):

- Requested by the patient and for the patient (not necessary to disclose purpose).
- Insurance Claim
- Other: (Describe) \_\_\_\_\_

I understand that this authorization is voluntary and that I may refuse to sign this authorization. I do not need to sign this form to ensure healthcare treatment.

I understand that I may inspect or copy the information used or disclosed.

I understand that I may revoke this authorization at any time by notifying SVHC, in writing, except to the extent that:  
1. Action has been taken in reliance on this authorization; or  
2. If this authorization is obtained as a condition of obtaining coverage, other law provides the insurer with the right to contest a claim under the policy or the policy itself.

\_\_\_\_\_  
Signature of Patient or Patient Representative Date

\_\_\_\_\_  
Relationship to patient, or representative's authority to act for the patient (if applicable)

Request Received: \_\_\_\_\_ Date Processed: \_\_\_\_\_  Copy of Authorization given to the individual

Initial of person finalizing request: \_\_\_\_\_







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## Release of information

Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Telephone number: \_\_\_\_\_

I authorize the release of requested information for medical care purposes only relating to my treatment at Chiro-Med & Rehab.

Information to be included- office notes, consultation notes, surgical notes, laboratory results, radiology reports and images.

Said information may be released via fax, mail, email and/or phone.

This form expires in one year

This form does not expire

Signature: \_\_\_\_\_ Date: \_\_\_\_\_