STRATFORD
Chiropractic
&Wellness
CENTRE

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Child (0-13yrs) History Form

Please take a few moments to complete this questionnaire for your child. Your answers will help us to determine if we can accept your child's case. If we sincerely believe that your child's condition will respond more favourably with another health care provider, we will be happy to refer you. If you need help with this form, please do not hesitate to ask. THANK YOU.

Personal Information

Child's Name_____Gender ☐M ☐F Date_____

Parent/Guardian_____Parent/Guardian_____

Date of Birth D_____M_____Y_____ Age _____
School and Grade (if applicable) _____
Siblings names & ages_____

Address _____
City/Prov._____Postal Code _____
Home Phone _____ Parent Mobile _____
Parent's Business/Employer_____Business Phone_____
May we call you at work? ☐ No ☐ Yes

***Parent Email Address** _____

☐ I AGREE to receive doctor and office correspondence (email addresses will not be shared with anyone outside of this office)

Referrals are our highest compliment; please share with us where you heard about our office:

☐ Current patient/a Friend – name:_____
☐ Website ☐ Google search ☐ Social Media (FB/IG) ☐Yellow Pages ☐ Online Yellowpages.com
☐ Family Doctor _____ ☐ Midwife _____
☐ Other - please specify_____

Reason for consulting this office:

☐Wellness ☐Prevention ☐Symptom Relief ☐ Breastfeeding support/ Oral function

Current Health Information

Name of child's Medical Doctor & city_____
Date of last physical examination_____

Is the primary reason for your child being here a Wellness Check? (Circle one) Yes No
If No, What is the main reason you have brought your child to see us? _____
_____
When did this problem begin?_____
Has this occurred before? □ Yes □ No Please describe when _____
How often does it happen? □ Constant □ Daily □ Few times per week □ Few times per month □ Other _____
Is it getting: □ Worse □ Better □ Constant □ Comes and goes

What aggravates the condition? _____
What relieves the condition? _____

Are there other areas of concern with this child?_____
_____
_____

Other doctors/therapists seen for these conditions? □ No □ Yes
Who?_____When?_____

How does this condition affect this child's:
Ability to sleep?_____
Ability to eat?_____
Behaviour?_____
Ability to play?_____

Does this child currently take any medications? □ No □ Yes_____
Does this child currently take any natural supplements □ No □ vit D □ Omega 3 Other_____

Feeding History

Section A

Is this child currently breastfeeding? □ Yes □ No (**if NO skip to Section B**)
If yes, how often on average during day? _____ How often during nights? _____
If yes, are you supplementing breastfeeding with □Formula □Pumped Breastmilk approx. # times/day:_____
Via: □ Bottle □ SNS system □ Cup feeding Other:
Has mom seen a lactation consultant with this baby? □ Yes □ No
If yes, who? when?_____

Are you using a Nipple Shield? □ Yes □ No
Is this child using a soother? □ Yes □ No
Has mother breastfed a previous child? □ Yes □ No If yes, how long? _____
Does mother have any conditions involving hormone health? Thyroid, PCOS, Endometriosis, Infertility? (circle)
Is mom taking any medications?_____ Supplements?_____

Does mom experience any of the following with this baby?
☐Nipple pain ☐ Nipple damage ☐ Blocked ducts ☐Mastitis ☐Strong let downs ☐Oversupply ☐Undersupply

With breastfeeding, does your baby…
☐Have trouble with your flow ☐choke at the breast ☐ have difficulty latching on ☐ have difficulty staying on latch ☐falls asleep easily ☐on/off latch ☐chomping/biting with feeds ☐ long feeding times (more than 20min) ☐frequent feeds all day/night (less than 2hours apart) ☐clicking sounds when drinking ☐swallowing air ☐ other:
Does your child experience excessive vomiting or reflux? ☐ Yes ☐ No _____
Has your child ever been assessed or treated for Tongue Tie or Lip Tie? Details: _____
_____

Section B
In the past, did this child breastfeed? ☐ Yes ☐ No If Yes, for how long? _____
If this child is under 12 Mo, and using a bottle, does he/she have trouble with bottle? ☐ Clicking ☐ Air ☐Leakage
Does this child use a soother currently? ☐ Yes ☐ No
Does this child suck his/her thumb? ☐ Yes ☐ No
Breastfeeding can often be an indicator of oral function and early motor skills. Please describe any other problems you are currently having/ or had in the past, with breastfeeding or bottle feeding your child: _____
_____
_____
_____

<u>Complete for All Children</u>
On average, how often does this child have bowel movements? _____
Does this child have any difficulty associated with bowel movements?_____

Please rate the quality of this child's sleep: ☐ Poor ☐ Fair ☐ Good ☐ Excellent
Number of sleeping hours at night: _____ Number of napping hours during the day: _____
Does this child sleep with mouth open or closed? _____
Does this child snore? Have sudden waking, nightmares or apnea? _____
What position does this child mostly sleep in? _____
Has this child been exposed to second hand smoke? ☐ No ☐ Yes _____
Has this child had many colds/infections? describe _____
Do you have any concerns about your child's temperament/behaviour? ☐ No ☐ Yes _____
_____

<u>IF OLDER THAN 6 MONTHS, please answer the following:</u>
What is your personal satisfaction with this child's diet?
☐ Highly satisfied ☐ Satisfied ☐ Dissatisfied ☐Highly dissatisfied Why?_____
How often does your child eat vegetables? ☐ Daily ☐Weekly ☐Almost never
How often does your child eat meat or other proteins? ☐ Daily ☐Weekly ☐Almost never
How often does your child eat foods containing healthy fats? (nuts/seeds/avocado/oils/yogourt etc)
☐ Daily ☐Weekly ☐Almost never
How often does your child consume foods with added sugars? (juice, yogourts, kid snacks, candy, chocolate etc)
☐ Daily ☐Weekly ☐Almost never
Does your child drink water regularly throughout the day? ☐ No ☐ Yes

At what age did this child: Hold up head _____ Sit alone _____Crawl _____
Stand _____ Walk alone _____

If older than ONE YEAR,
Please note if this child has EVER had any of the following:

Musculoskeletal
☐ Low back pain
☐ Pain between shoulders
☐ Neck pain
☐ Headaches
☐ Arm pain
☐ Leg pain
☐ Jaw pain/clicking
☐ Growing pains
☐ Scoliosis

Nervous system
☐ Fainting
☐ Convulsions
☐ ADD/ADHD
☐ Colic

Cardiovascular/Respiratory
☐ Shortness of breath
☐ Irregular heartbeat
☐ Heart problems
☐ Pneumonia
☐ Bronchitis
☐ Asthma

Eyes/Ears/Nose/Throat
☐ Vision problems
☐ Loss of smell
☐ Dental problems
☐ Sore throat
☐ Earache/infection
☐ Hearing loss
☐ Sinus congestion

Gastro-Intestinal
☐ Poor appetite
☐ Excessive thirst
☐ Frequent nausea
☐ Frequent diarrhea
☐ Frequent constipation
☐ Bloating/Gas
☐ Abdominal cramps
☐ Heartburn
☐ Reflux
☐ Bedwetting
☐ Skin Rashes

General
☐ Fatigue
☐ Anxiety
☐ Irritability
☐ Allergies_____
☐ Poor sleep
☐ Poor balance
☐ Poor concentration
☐ High stress_____
☐ Frequents Fevers
☐ Frequent colds
☐ Emotional Traumas

Is this child currently involved with any sports or physical activities ☐ No ☐ Yes _____
_____
On average, how much daily physical activity does this child have? ☐ 0-30min ☐30-60min ☐1-2h ☐2-4h ☐over 4h
On average, how much screen time (devices, TV, gaming) does this child have daily?
☐0-2h ☐2-4h ☐4-6h ☐over 6h _____

Does this child suffer from any other health conditions? _____
_____

Birth History (Complete for All Children)

Birth weight:_____ Birth length:_____ Arrival time: _____wks
Position at birth: ☐ Vertex (head down) ☐ Breech (bum down) ☐ Posterior (face-up) ☐ Transverse
☐ Face / Brow first
Was labour: ☐ Spontaneous OR ☐ Induced → ☐ Membranes ruptured ☐ Cervical gel ☐ Pitocin ☐ Other
If induced, do you know why? _____
Duration of labour: _____
Any Interventions used: ☐ Forceps ☐ Vacuum extraction ☐ Manual pulling by doctor ☐ Epidural ☐ None
Type of Birth: ☐ Vaginal ☐ C-Section
Location: ☐ Home ☐ Hospital Assisted by: ☐ Midwife_____ ☐ Doctor/OB
Any complications during/after delivery: ☐ None ☐ Bruising of face/head ☐ Respiratory distress
☐ Difficulty breastfeeding ☐ Jaundice ☐ Low Blood Sugars ☐Other _____

General Health History (Complete for All Children)

Has this child had any of the following?

□ Motor Vehicle Accidents (even minor ones)_____ □ Sports injuries_____
□ Childhood traumas/falls (from beds/tables/down stairs/off swings/bikes etc. _____
□ Birth injuries _____□ Other: _____

Has this child ever been to a Chiropractor? □ No □ Yes Name/date _____
As a parent, have YOU ever been to a Chiropractor? □ No □ Yes Name/date _____
Has this child ever had any other sort of medical and/or alternative treatments? _____

Has this child ever had any x-rays taken? □ No □ Yes Of what area(s)?_____
Has this child ever been hospitalized or had any surgical operations? □ No □ Yes _____
Has this child ever had ear infections? □ No □ Yes How many and when? _____
Has this child ever been prescribed antibiotics? □ No □ Yes Approximate dates and reasons: _____
_____
Has this child ever been prescribed any other medications? □ No □ Yes _____

Vaccination history

□ I have chosen not to vaccinate this child □ I have not decided yet □ Full schedule suggested by my doctor
Have you chosen any additional vaccines for this child? □ No □ Flu vaccine □ Hep A □Covid □ other _____
Have you chosen to opt out of any vaccines for any reason? _____
Has your child ever had any known side effects to any vaccines? □ No □ Yes
If yes, please give dates, vaccine type and side effects: _____

Family Health History

Is there a family history of any of the following conditions?:
□ Obesity □ Allergies □ Heart disease □ Arthritis □ Osteoporosis □ Cancer □ Diabetes
□ Tongue Tie □ Delayed Development □Other _____

Thank you for your patience and cooperation in completely filling out this form. The details allow us to perform a specific physical examination, and monitor your child's progress through the stages of care. If you have any questions, please feel free to ask.

Consent for Examination

As with any medical procedure your child undergoes, it is important to be fully informed about the type of procedure and the benefits and risks associated with that procedure.

By signing below, you are agreeing to have your child examined by Dr. Mike Chambers, Dr. Tanya Chambers, Dr. Blair Neely and/or Dr. Sarah MacArthur at the Stratford Chiropractic & Wellness Centre. The purpose of this examination is to determine the cause of any health problems that your child may be experiencing. The examination also allows the doctors named above to determine what the best course of treatment would be in your child's individual case. The examination may include but not be limited to postural assessment, range of motion testing of various areas of your child's spine and extremities, various orthopedic and neurological tests, and palpation of your child's joints and muscles using our hands. The chiropractic examination is a "hands-on" approach so that we can best assess your child's health. The examination may also include a computerized CoreScore scan, as well as necessary x-rays if indicated (rare).

_____
Child Name

_____ _____ _____
Parent/Guardian Name Parent/Guardian Signature Date

_____
Doctor Witness Signature

Authorization to request and share Medical Records

I authorize the Chiropractors of Stratford Chiropractic & Wellness Centre **to request and collect** any pertinent and relevant medical and/or health information (example: test results, diagnoses, treatment details etc) from any Health Care Professionals involved in my child's health care, including but not limited to family doctor, physiotherapist, massage therapist, naturopathic doctor, midwife, lactation consultant, dentist etc. This information will only be used to complete our records and enhance your care process in our office.

I also authorize the Chiropractors of Stratford Chiropractic & Wellness Centre **to share** any pertinent and relevant health information (example: test results, diagnoses, treatment details etc) with other Health Care Professionals involved in my child's health care, including but not limited to family doctor, physiotherapist, massage therapist, naturopathic doctor, midwife, lactation consultant, dentist etc.

If there are any health care professionals whom you prefer that we do NOT contact for records, or share records with, please let us know below.

_____

_____ _____ _____
Parent name Parent Signature Date