

## CONSENT TO TREATMENT FORM

I, \_\_\_\_\_, of my own free will, consent to be treated for the  
*Patient Name*  
following complaint(s):

I acknowledge that I have been provided with sufficient information relevant to the treatment for the above-listed complaint(s)

Alternative courses of treatment where applicable and relevant as well as the possible risks and side effects of the proposed treatment plan, have been explained to me.

I understand fully these possible risks and/or side effects as well as the consequences of having treatment/not having treatment.

I understand that I may stop treatment at anytime(withdraw this consent).

In compliance with the "Consent to Treatment Act" and College of Massage Therapists' Code of Ethics, I provide my full, voluntary, informed consent to be treated by

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Patients signature: \_\_\_\_\_

Date: \_\_\_\_\_

Guardian's signature (if patient under age 18): \_\_\_\_\_

Date: \_\_\_\_\_

## HEALTH HISTORY FORM

*For your information:* An accurate health history is important to ensure that it is safe for you to receive a massage treatment. If your health status changes in the future, please let me know. All information gathered for this treatment is confidential except as required or allowed by law or except to facilitate diagnosis (assessment) or treatment. You will be asked to provide written authorization for release of any information.

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_ Town: \_\_\_\_\_ P.C. \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Primary Complaint: \_\_\_\_\_

Referred By: \_\_\_\_\_ Have you received massage therapy before?  Yes  No

Please indicate conditions you are experiencing or have experienced:

**Cardiovascular**

- high blood pressure
- low blood pressure
- chronic congestive heart failure
- heart attack
- phlebitis / varicose veins
- stroke/CVA
- pacemaker or similar device
- heart disease

is there a family history of any of the above?  Yes  No

**Respiratory**

- chronic cough
- shortness of breath
- bronchitis
- asthma
- emphysema

is there a family history of any of the above?  Yes  No

**Infections**

- hepatitis
- skin conditions
- TB
- HIV
- herpes

**Other Conditions**

- loss of sensation, where? \_\_\_\_\_
- diabetes, onset: \_\_\_\_\_
- allergies/hypersensitivity to what? \_\_\_\_\_
- type of reaction: \_\_\_\_\_
- epilepsy
- cancer, where? \_\_\_\_\_
- skin conditions, what? \_\_\_\_\_
- arthritis

is there a family history of arthritis?  Yes  No

**Head/Neck**

- history of headaches
- history of migraines
- vision problems
- vision loss
- ear problems
- hearing loss

**Women**

- pregnant, due: \_\_\_\_\_
- gynaecological conditions, what? \_\_\_\_\_

Overall, how is your general health?  
\_\_\_\_\_

Primary Care Physician:  
\_\_\_\_\_

Address:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Current Medications:

condition it treats: \_\_\_\_\_  
\_\_\_\_\_

Are you currently receiving treatment from another health care professional?  Yes  No

If yes, for what? \_\_\_\_\_  
\_\_\_\_\_

Surgery – date \_\_\_\_\_  
nature: \_\_\_\_\_

Injury – date \_\_\_\_\_  
nature: \_\_\_\_\_

Do you have any other medical conditions? (e.g. digestive conditions, haemophilia, osteoporosis, mental illness)  Yes  No  
what? \_\_\_\_\_

Do you have any internal pins, wires, artificial joints or special equipment?  Yes  No  
what? \_\_\_\_\_  
where? \_\_\_\_\_

What is the reason you are seeking massage therapy?  
Please include the location of any tissue or joint discomfort.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Notes:

Date of initial Health History: _____ Update 1 _____ Update 2 _____ Update 3 _____ Update 4 _____
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