



**SOUTHEAST**

SPORTS + REHABILITATION

445 South Blackstock Road Suite A

Spartanburg, SC 29301

Phone: (864) 804-6395

www.sesportschiro.com

Tyler Jack, DC, FMT, SFMA, FAKTR

**Motor Vehicle Collision Intake Form**

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Social Security # \_\_\_\_\_

Email Address: \_\_\_\_\_

What sex were you assigned at birth on your original birth certificate? Male Female Choose not to disclose

Marital Status: Married Single Divorced Widowed

Occupation \_\_\_\_\_

Employer \_\_\_\_\_

Have you ever received Chiropractic Care? Yes No If yes, when? \_\_\_\_\_

Name of most recent Chiropractor: \_\_\_\_\_

**1. Previous interventions, treatments, medications, surgery, or care you've sought for your complaint(s):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**2. Since the Motor Vehicle Collision, have you experienced any of the following:**

A. Loss of Range of Motion: yes/no

a. What body parts: \_\_\_\_\_

B. Visual Disturbance : yes/no  blurring l/r  floaters l/r  vision loss l/r  hypersensitivity l/r  
% of time: \_\_\_ % of time: \_\_\_ % of time: \_\_\_ % of time: \_\_\_

C. Dizziness: yes/no % of time: \_\_\_

D. Anxiety: yes/no % of time: \_\_\_

E. Depression: yes/no % of time: \_\_\_

F. Difficulty Sleeping: yes/no

**3. Past Health History:**

**A. Please indicate if you have a history of any of the following:**

- Anticoagulant use  Heart problems/high blood pressure/chest pain  Bleeding problems
- Lung problems/shortness of breath  Cancer  Diabetes  Psychiatric disorders
- Bipolar disorder  Major depression  Schizophrenia  Stroke/TIA's
- None of the above  Other \_\_\_\_\_

**B. Previous Injury or Trauma: (i.e.: motor vehicle accidents, falls)**

\_\_\_\_\_

Have you ever broken any bones? Which and when?

\_\_\_\_\_

**C. Allergies:** \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**D. Medications: (Please list ALL prescription medications, nutritional supplements you are currently taking):**

Medication/Supplement	Year Began	Dose	Frequency	Reason for Taking

Are you taking these medications according to prescribed instructions?  Yes  No

Have you had prolonged or regular use of NSAID's (Advil, Aleve, etc.) Motrin, Aspirin?  Yes  No

Have you had prolonged or regular use of Tylenol?  Yes  No

**E. Surgeries:**

Date	Type	Hospital/Surgeon	Complications

**F. Females/ Pregnancies and outcomes:**

Pregnancies/Date of Delivery

Outcome

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**4. Family Health History:**

Do you have a family history of? (Please indicate all that apply)

- Cancer  Strokes/TIA's  Headaches  Cardiac disease  Neurological diseases
- Adopted/Unknown  Cardiac disease below age 40  Psychiatric disease  Diabetes
- Other \_\_\_\_\_  None of the above

Deaths in immediate family: \_\_\_\_\_

Cause of parents or siblings death

Age at death

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**5. Social and Occupational History:**

**A. Job description:**

\_\_\_\_\_

**B. Work schedule:**

\_\_\_\_\_

**C. Recreational activities (exercise routine/type, hobbies, etc. and how often):**

\_\_\_\_\_

**D. Lifestyle:**

Alcohol use?  Yes  No, If yes  Daily  Weekly  Occasionally  How much? \_\_\_\_\_ Type? \_\_\_\_\_

Tobacco use?  Yes  No, If yes  Daily  Weekly  Occasionally  How much? \_\_\_\_\_ Type? \_\_\_\_\_

Diet: How many meals do you eat per day? \_\_\_\_\_ How many times do you snack per day? \_\_\_\_\_

Do you drink caffeinated beverages? \_\_\_\_\_ if yes how many per day? \_\_\_\_\_

How many cups of water do you drink daily? \_\_\_\_\_

Sleep: How many hours per night? \_\_\_\_\_

How many times do you wake up per night? \_\_\_\_\_ Are you able to fall back to sleep?  Yes  No

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Review of Systems**Have you had any of the following **pulmonary (lung-related)** issues?

- Asthma/difficulty breathing    COPD    Emphysema    Other \_\_\_\_\_    None of the above

Have you had any of the following **cardiovascular (heart-related)** issues or procedures?

- Heart surgeries    Congestive heart failure    Murmurs or valvular disease    Heart attacks/MIs    Heart disease/problems    Hypertension    Pacemaker    Angina/chest pain    Irregular heartbeat    Other \_\_\_\_\_  
 None of the above

Have you had any of the following **neurological (nerve-related)** issues?

- Visual changes/loss of vision    One-sided weakness of face or body    History of seizures    One-sided decreased feeling in the face or body    Headaches    Memory loss    Tremors    Vertigo    Loss of sense of smell  
 Strokes/TIAs    Other \_\_\_\_\_    None of the above

Have you had any of the following **endocrine (glandular/hormonal)** related issues or procedures?

- Thyroid disease    Hormone replacement therapy    Injectable steroid replacements    Diabetes  
 Other \_\_\_\_\_    None of the above

Have you had any of the following **renal (kidney-related)** issues or procedures?

- Renal calculi/stones    Hematuria (blood in the urine)    Incontinence (can't control)    Bladder Infections  
 Difficulty urinating    Kidney disease    Dialysis    Other \_\_\_\_\_    None of the above

Have you had any of the following **gastroenterological (stomach-related)** issues?

- Nausea    Difficulty swallowing    Ulcerative disease    Frequent abdominal pain    Hiatal hernia    Constipation  
 Pancreatic disease    Irritable bowel/colitis    Hepatitis or liver disease    Bloody or black tarry stools  
 Vomiting blood    Bowel incontinence    Gastroesophageal reflux/heartburn    Other \_\_\_\_\_    None of the above

Have you had any of the following **hematological (blood-related)** issues?

- Anemia    Regular anti-inflammatory use (Motrin/Ibuprofen/Naproxen/Naprosyn/Aleve)    HIV positive  
 Abnormal bleeding/bruising    Sickle-cell anemia    Enlarged lymph nodes    Hemophilia  
 Hypercoagulation or deep venous thrombosis/history of blood clots    Anticoagulant therapy    Regular aspirin use  
 Other \_\_\_\_\_    None of the above

Have you had any of the following **dermatological (skin-related)** issues?

- Significant burns    Significant rashes    Skin grafts    Psoriatic disorders    Other \_\_\_\_\_    None of the above

Have you had any of the following **musculoskeletal (bone/muscle-related)** issues?

- Rheumatoid arthritis    Gout    Osteoarthritis    Broken bones    Spinal fracture    Spinal surgery    Joint surgery  
 Arthritis (unknown type)    Scoliosis    Metal implants    Other \_\_\_\_\_    None of the above

Have you had any of the following **psychological** issues?

- Psychiatric diagnosis    Depression    Suicidal ideations    Bipolar disorder    Homicidal ideations    Schizophrenia  
 Psychiatric hospitalizations    Other \_\_\_\_\_    None of the above

Is there anything else in your past medical history that you feel is important to your care here? \_\_\_\_\_

I have read the above information and certify it to be true and correct to the best of my knowledge, and hereby authorize this office of Chiropractic to provide me with chiropractic care, in accordance with this state's statutes. If my insurance will be billed, I authorize payment of medical benefits to **Southeast Sports Chiropractic, LLC/ Tyler Jack, DC** for services performed.

Patient or Guardian Signature \_\_\_\_\_  
 Date \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**HIPAA NOTICE OF PRIVACY PRACTICES**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy describes how we may use and disclose your protected health information (PHI) to carry our treatment, payment or health care operations (TPO) for other purposes that are permitted or required by law. "Protected Health Information" is information about you, including demographic information that may identify you and that related to your past, present, or future physical or mental health or condition and related care services.

**Use and Disclosures of Protected Health Information:**

Your protected health information may be used and disclosed by your physician, our staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, pay your health care bills, to support the operations of the physician's practice, and any other use required by law.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your health care information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

**Payment:** Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

**Healthcare Operations:** We may disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, marketing, and fund raising activities, and conduction or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations included as required by law, public health issues, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, and organ donation. Required uses and disclosures under the law, we must make disclosures to you when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

**OTHER PERMITTED AND REQUIRED USES AND DISCLOSURES WILL BE MADE ONLY WITH YOUR CONSENT, AUTHORIZATION OR OPPORTUNITY TO OBJECT UNLESS REQUIRED BY LAW.**

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

\_\_\_\_\_  
Signature of Patient or Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name



### OFFICE POLICY/FINANCIAL AGREEMENT

We are honored that you have chosen us for your healthcare needs and we are committed to the successful treatment of your condition. This will require a comprehensive diagnostic exam on your first visit and a treatment plan that will include physiotherapy. Additionally, today's health care system requires that we reach a clear understanding to meet your needs effectively and prevent confusion.

- We will verify your benefits, file and track your insurance payments as contracted.
- You are responsible for the full payment of any fees the insurance company will not cover or remain as a result of incorrect verification information received by our office.
- Appointments are scheduled to give optimal time and individual attention.  
If you need to reschedule an appointment, **please give a 24-hour notice.**  
**If you do not**, you will impact other patients' ability to be seen during that time and **will be charged a \$25 missed appointment fee.**
- Patients that develop a pattern of **missed appointments** or **failure to follow treatment plans** are released from care and referred to another provider who may be better suited to fit the patient's schedule and needs.

### INSURANCE/THIRD-PARTY COVERAGE

We will supply you with information regarding deductibles, co-payments, covered charges, secondary insurance and usual and customary charges, but keep in mind that all insurance carriers have a disclaimer that states "the stated benefits are not a guarantee of payment." We accept and file group health insurance, Workers Compensation, managed care plans, Medicare and Automobile Liability Insurance. However, services rendered are the ultimate responsibility of the patient receiving care.

### FLEX CARDS/HSA CARDS

It is possible to pay for co-pays, coinsurance, supplies or nutritional supplements with your insurance flex or HAS cards. However, if they deny these charges, it will be your responsibility to reimburse the administrator of this card, not the responsibility of Southeast Sports & Rehabilitation.

### OTHER FORMS OF PAYMENT

Patients that do not have insurance or third-party coverage are responsible for full payment at the time of service. We accept cash, personal checks, most major credit cards and Care Credit. If you require special financial arrangements for your care, please ask we never want finances to be a barrier to you receiving the care you need.

### INSURANCE AND CHIROPRACTIC

Most of us are used to using our health insurance each and every time we got to the doctor, when it comes to chiropractic, this works a little differently.

Insurance carriers will only cover chiropractic services that are related to an "active complaint". This can be due to an accident, injury or fall or simply one of those "I don't know what I did but I hurt" type of situations.

Insurance companies **DO NOT COVER** care that fail to meet medical necessity. Medical necessity is care that is deemed appropriate for conditions and that those conditions should improve with care over a period of treatment. In order to track your care we may need to see you on a regular basis for a period of time. Treatment plans need to be in place to justify medical necessity.

My signature below indicates that I have read and understood the Southeast Sports & Rehabilitation Office/Financial Policy:

\_\_\_\_\_  
Patient or Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Office Staff Witness

\_\_\_\_\_  
Date

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Accident \_\_\_\_/\_\_\_\_/\_\_\_\_

Name of the Street \_\_\_\_\_

Number of people in vehicle \_\_\_\_\_

Name of the Driver: \_\_\_\_\_

Claim Number \_\_\_\_\_

Insurance Company \_\_\_\_\_

Name of Adjustor/Attorney \_\_\_\_\_

Adjustor/Attorney Phone # \_\_\_\_\_ FAX#: \_\_\_\_\_

- After the accident it was determined:**  I was at-fault  
 Driver of another vehicle was at-fault  
 Driver of the vehicle I was in was at-fault

- Patient was located:**  Driver  Passenger- middle front  Passenger- right front  
 Passenger- Left rear  Passenger- middle rear  Passenger -right rear

- Patient Vehicle Type:**  Compact  Mid-size  Full-Size  SUV  Pick-up  Motorcycle  
**Second Vehicle Type:**  Compact  Mid-size  Full-Size  SUV  Pick-up  Motorcycle  
**Third Vehicle Type:**  Compact  Mid-size  Full-Size  SUV  Pick-up  Motorcycle

- Road Conditions:**  Clear  Dark  Dry  Foggy  Wet  Icy  Snow Other: \_\_\_\_\_  
**Road Type:**  Asphalt  Concrete  Dirt  Gravel

**Were you aware the accident was going to occur?**  Yes  No

**Were you wearing a seatbelt?**  Yes  No

**Did your airbag deploy?**  Yes  No

**Does your car have a head rest?**  Yes  No

**What position was the head rest in?**  Up  Middle  Down

**Patient's Head Position:**  Looking Straight Ahead  Left Level  Left Up  Left Down

**Accident Details**

Was your car braking?  Yes  No Was your car moving?  Yes  No

If yes, how fast? (mph)  <5  6-10  11-15  16-20  21-30  31-40  41-50  51-60  61-70  >70

Was the second vehicle braking?  Yes  No Was the second vehicle moving?  Yes  No

If yes, how fast? (mph)  <5  6-10  11-15  16-20  21-30  31-40  41-50  51-60  61-70  >70

Was the third vehicle braking?  Yes  No Was the third vehicle moving?  Yes  No

If yes, how fast? (mph)  <5  6-10  11-15  16-20  21-30  31-40  41-50  51-60  61-70  >70

**Collision Details**

First Impact:  hit by other vehicle  hit other vehicle  hit by object  hit object

Impact Location:  front  front-right  front-left  left  right  right-rear  left-rear  rear  top

Second Impact:  hit by other vehicle  hit other vehicle  hit by object  hit object

Impact Location:  front  front-right  front-left  left  right  right-rear  left-rear  rear  top

**What specific injuries did you sustain due to the motor vehicle collision?**

\_\_\_\_\_  
\_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Collision Results**

**Body was thrown:**     Forward     Backward     Left     Right  Can't Remember

**Did you hit your head?**  Yes  No, **If yes** what did your head hit?

- airbag     front windshield     rearview mirror     steering wheel  dashboard
- back of the front seat     side window/door     another person's body  headrest

**Did you hit your Chest?**  Yes  No, **If yes** what did your chest hit?

- airbag     steering wheel     dashboard     back of the front seat  side window/door
- another person's body     shoulder harness

**Did you hit your Shoulder?**  Yes  No, **If yes** what did your shoulder hit?

- airbag     steering wheel     dashboard     back of the front seat  side window/door
- another person's body     shoulder harness

**Did you hit your Knee?**  Yes  No, **If yes** what did your knee hit?

- airbag     steering wheel     dashboard     back of the front seat  side window/door
- another person's body     shoulder harness

**Did you hit your Hip?**  Yes  No, **If yes** what did your hip hit?

- airbag     steering wheel     dashboard     back of the front seat  side window/door
- another person's body     shoulder harness

**Vehicle Damage**

Patient Vehicle:     totaled     significant damage     light damage     no damage

Second Vehicle:     totaled     significant damage     light damage     no damage

Third Vehicle:     totaled     significant damage     light damage     no damage

**Hospitalization/Other treatment for Injuries due to Motor Vehicle Collision**

**Were you hospitalized?**  Yes     No, If yes for how many days/weeks? \_\_\_\_\_

**When did you go to the hospital?**  immediately  later same day  next day  date \_\_\_\_\_

**How were you transported to the hospital?**     ambulance  life flight  private transportation

**What did the hospital recommend?**     no instructions  Chiropractic  orthopedist  neurologist  primary care  
 other: \_\_\_\_\_

**Have you seen any other providers for injuries?**  Yes     No

**IF YES** who?  Chiropractor  Orthopedist  Neurologist  Primary care  Physical Therapy  Nurse practitioner  Physician Assistant

What is the name of the practice or Urgent Care? \_\_\_\_\_

**Did you have any images taken?**  Yes  No, If yes what was taken:  X-ray  MRI  CT  Other \_\_\_\_\_

**What areas of the body had image?** \_\_\_\_\_

**What medications were you given and what is it for?** \_\_\_\_\_

**Is there any other information about the accident or your injuries we should know?**

\_\_\_\_\_  
Signature of Patient or Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**NEW PATIENT HISTORY FORM**

**Please START at the TOP OF YOUR BODY and work your way down  
Each symptom needs to be described individually (i.e. Headache, Neck pain, low back pain, etc.)**

Symptom \_\_\_\_\_

- On a scale from 1-10, with 10 being the worst, **please circle the number that best describes the symptom most of the time:** 1 2 3 4 5 6 7 8 9 10
- What **percentage of the time you are awake** do you experience the above symptom at the above intensity:  
10 20 30 40 50 60 70 80 90 100
- Date symptoms began? \_\_\_\_\_
- Was this symptom a result of a motor vehicle collision?** Yes No (circle one)
- Did you have this symptom before this motor vehicle collision?** Yes No  
If so, what was the intensity (1-10 w/10 the worst) and frequency? \_\_\_\_ / \_\_\_\_ % of time awake

- What makes the symptom **worse?** (circle all that apply):
 

Sitting	Sneezing	Looking Down	Typing
Standing	Coughing	Movement	House Chores
Walking	Straining	Rest	Exercise
Bending	Reaching	Lying supine	Stair Stepping
Lifting	Twisting	Lying prone	
Sleeping	Looking Up	Driving	
- Other (please describe in detail): \_\_\_\_\_

- What makes the symptom **better?** (circle all that apply):
 

Sitting	Support	Topical	Rest
Standing	Movement	Analgesic	Stretching
Lying	Heat	Ibuprofen	Exercise
Knees Bent	Ice	Medication	Adjustments
- Other (please describe in detail): \_\_\_\_\_

- Describe the **quality** of the symptom (circle all that apply):
 

Dull	Throbbing	Stabbing	Tingling
Aching	Burning	Cramping	Radiating
Sharp	Deep	Numbness	Stiffness
- Other (please describe in detail): \_\_\_\_\_

- Does the symptom **radiate** to another part of your body (circle one):    yes    no  
If yes, **where does the symptom radiate?**
  - o Head: \_\_\_\_\_
  - o Right/Left/Both: Shoulder, Upper Arm, Forearm, Arm to Hand, Fingers (specific) \_\_\_\_\_
  - o Right/Left/Both: Buttock, Thigh, Leg, Leg below Knee, Leg to foot, Toes (specific) \_\_\_\_\_
  - o Other (describe in detail) \_\_\_\_\_

- Is the symptom worse at certain times of the day or night? (circle one)
  - o Morning    Afternoon    Evening    Night    Unaffected by time of day
- Anything else you can tell us about this symptom? \_\_\_\_\_



Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Symptom \_\_\_\_\_

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10    20    30    40    50    60    70    80    90    100
- Date symptoms began? \_\_\_\_\_
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If so, what was the intensity (1-10 w/10 the worst) and frequency? \_\_\_\_/\_\_\_\_% of time awake

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Standing	Coughing	Movement	House Chores
Walking	Straining	Rest	Exercise
Bending	Reaching	Lying supine	Stair Stepping
Lifting	Twisting	Lying prone	
Sleeping	Looking Up	Driving	

 Other (please describe in detail): \_\_\_\_\_

- What makes the symptom **better?** (circle all that apply):
 

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- Does the symptom **radiate** to another part of your body (circle one):    yes    no  
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  - Right/Left/Both: Shoulder, Upper Arm, Forearm, Arm to Hand, Fingers (specific) \_\_\_\_\_
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Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

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Bending	Reaching	Lying supine	Stair Stepping
Lifting	Twisting	Lying prone	
Sleeping	Looking Up	Driving	

 Other (please describe in detail): \_\_\_\_\_

- What makes the symptom **better?** (circle all that apply):
 

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Knees Bent	Ice	Medication	Adjustments

 Other (please describe in detail): \_\_\_\_\_

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Aching	Burning	Cramping	Radiating
Sharp	Deep	Numbness	Stiffness

 Other (please describe in detail): \_\_\_\_\_

- Does the symptom **radiate** to another part of your body (circle one):    yes    no  
If yes, **where does the symptom radiate?**
  - Head: \_\_\_\_\_
  - Right/Left/Both: Shoulder, Upper Arm, Forearm, Arm to Hand, Fingers (specific) \_\_\_\_\_
  - Right/Left/Both: Buttock, Thigh, Leg, Leg below Knee, Leg to foot, Toes (specific) \_\_\_\_\_
  - Other (describe in detail) \_\_\_\_\_

- Is the symptom worse at certain times of the day or night? (circle one)
  - Morning    Afternoon    Evening    Night    Unaffected by time of day
- Anything else you can tell us about this symptom? \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Symptom \_\_\_\_\_

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Sharp	Deep	Numbness	Stiffness

 Other (please describe in detail): \_\_\_\_\_

- Does the symptom **radiate** to another part of your body (circle one):    yes    no  
If yes, **where does the symptom radiate?**
  - Head: \_\_\_\_\_
  - Right/Left/Both: Shoulder, Upper Arm, Forearm, Arm to Hand, Fingers (specific) \_\_\_\_\_
  - Right/Left/Both: Buttock, Thigh, Leg, Leg below Knee, Leg to foot, Toes (specific) \_\_\_\_\_
  - Other (describe in detail) \_\_\_\_\_

- Is the symptom worse at certain times of the day or night? (circle one)
  - Morning    Afternoon    Evening    Night    Unaffected by time of day
- Anything else you can tell us about this symptom? \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Symptom \_\_\_\_\_

- On a scale from 1-10, with 10 being the worst, **please circle the number that best describes the symptom most of the time:** 1 2 3 4 5 6 7 8 9 10
- What **percentage of the time you are awake** do you experience the above symptom at the above intensity:  
10 20 30 40 50 60 70 80 90 100
- Date symptoms began? \_\_\_\_\_
- Was this symptom a result of a motor vehicle collision?** Yes No (circle one)
- Did you have this symptom before this motor vehicle collision?** Yes No  
If so, what was the intensity (1-10 w/10 the worst) and frequency? \_\_\_\_/\_\_\_\_% of time awake

- What makes the symptom **worse?** (circle all that apply):
 

Sitting	Sneezing	Looking Down	Typing
Standing	Coughing	Movement	House Chores
Walking	Straining	Rest	Exercise
Bending	Reaching	Lying supine	Stair Stepping
Lifting	Twisting	Lying prone	
Sleeping	Looking Up	Driving	

 Other (please describe in detail): \_\_\_\_\_

- What makes the symptom **better?** (circle all that apply):
 

Sitting	Support	Topical	Rest
Standing	Movement	Analgesic	Stretching
Lying	Heat	Ibuprofen	Exercise
Knees Bent	Ice	Medication	Adjustments

 Other (please describe in detail): \_\_\_\_\_

- Describe the **quality** of the symptom (circle all that apply):
 

Dull	Throbbing	Stabbing	Tingling
Aching	Burning	Cramping	Radiating
Sharp	Deep	Numbness	Stiffness

 Other (please describe in detail): \_\_\_\_\_

- Does the symptom **radiate** to another part of your body (circle one):    yes    no  
If yes, **where does the symptom radiate?**
  - o Head: \_\_\_\_\_
  - o Right/Left/Both: Shoulder, Upper Arm, Forearm, Arm to Hand, Fingers (specific) \_\_\_\_\_
  - o Right/Left/Both: Buttock, Thigh, Leg, Leg below Knee, Leg to foot, Toes (specific) \_\_\_\_\_
  - o Other (describe in detail) \_\_\_\_\_

- Is the symptom worse at certain times of the day or night? (circle one)
  - o Morning    Afternoon    Evening    Night    Unaffected by time of day
- Anything else you can tell us about this symptom? \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Symptom \_\_\_\_\_

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Aching	Burning	Cramping	Radiating
Sharp	Deep	Numbness	Stiffness

 Other (please describe in detail): \_\_\_\_\_

- Does the symptom **radiate** to another part of your body (circle one):    yes    no  
If yes, **where does the symptom radiate?**
  - Head: \_\_\_\_\_
  - Right/Left/Both: Shoulder, Upper Arm, Forearm, Arm to Hand, Fingers (specific) \_\_\_\_\_
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Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Symptom \_\_\_\_\_

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 Other (please describe in detail): \_\_\_\_\_

- Does the symptom **radiate** to another part of your body (circle one):    yes    no  
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  - Right/Left/Both: Shoulder, Upper Arm, Forearm, Arm to Hand, Fingers (specific) \_\_\_\_\_
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