



The Orthotic Group is excited to present a collection of medical compression hosiery and premium socks by Therafirm® and Veba. Within this booklet, you will find products for a wide range of conditions as well as for travel pregnancy and sport or simply to maintain healthy circulation in the lower limbs. There is truly something for everyone.

Thank you for considering The Orthotic Group. I am confident that you will appreciate the high quality that these brands will offer as well as the marketing and product support from The Orthotic Group team.

Sincerely,



Peter Karolidis
Vice President of Sales and Marketing





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15-20mmHg Mild Support Knee-High Stockings

*Ankle, calf and length measurements are required for a proper fit. Shoe size provided as a reference only.

Size	Ankle	Calf	Length	Shoe
S	6.25"-7.25" (16-18cm)	11"-13.5" (28-34cm)	12"-18" (31-46cm)	4-5
М	7.5"-9" (19-22cm)	13"-15.5" (33-39cm)	13"-19" (33-48cm)	5.5-7.5
L	9.25"-10.75" (24-27cm)	15"-17.5" (38-44cm)	14"-20" (36-51cm)	8-10.5
XL	11"-11.5" (28-29cm)	17.75"-18.5" (45-47cm)	15"-22" (38-56cm)	11-12
XXL	11.75"-12.75" (30-32cm)	18"-19.5" (46-50cm)	15"-22" (38-56cm)	12+



15-20mmHg Mild SupportThigh-High Stockings (lace-top)

*Ankle, calf and length measurements are required for a proper fit. Shoe size provided as a reference only.

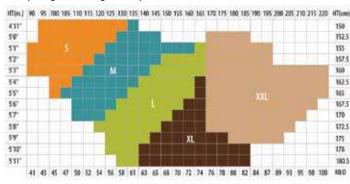
Size	Ankle	Calf	Thigh	Length	Shoe
S	6.25"-7.25" (16-18cm)	11"-13.5" (28-34cm)	14"-15.5" (36-39cm)	23"-25" (58-64cm)	4-5
М	7.5"-9" (19-23cm)	13"-15.5" (33-39cm)	16"-17.5" (41-44cm)	25"-28" (64-71cm)	5.5-7.5
L	9.25"-10.75" (24-27cm)	15"-17.5" (38-44cm)	17.5"-19" (44-48cm)	28"-31" (71-79cm)	8-10.5
XL	11"-11.5" (28-29cm)	17.75"-18.5" (45-47cm)	19"-21" (48-53cm)	31"-34" (79-86cm)	11+
XXL	11.75"-12.5" (30-32cm)	18"-19.5" (46-50cm)	21"-23" (53-58cm)	34"-36" (86-91cm)	11+



15-20mmHg Mild Support Pantyhose 15-20mmHg Mild Support Maternity Pantyhose

*Only weight and height is required.

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15-20mmHg Mild Support Women's Trouser Socks

*Ankle, calf and length measurements are required for a proper fit. Shoe size provided as a reference only.

Size	Ankle	Calf	Length	Shoe
S	6.25"-7.25" (16-18cm)	11"-13.5" (28-34cm)	12"-18" (31-46cm)	4-5
М	7.5"-9" (19-22cm)	13"-15.5" (33-39cm)	13"-19" (33-48cm)	5.5-7.5
L	9.25"-10.75" (24-27cm)	15"-17.5" (38-44cm)	14"-20" (36-51cm)	8-10.5
XL	11"-11.5" (28-29cm)	17.75"-18.5" (45-47cm)	15"-22" (38-56cm)	11-12



15-20mmHg Mild Support Men's Trouser Socks

*Ankle, calf and length measurements are required for a proper fit. Shoe size provided as a reference only.

Size	Ankle	Calf	Length	Shoe
S	7"-9" (18-23cm)	10.5"-15" (27-38cm)	11"-14" (28-36cm)	7 or less
М	9"-11" (23-28cm)	11"-16.5" (28-42cm)	12"-15" (31-38cm)	7.5-10
L	10"-14" (25-36cm)	12"-17" (31-43cm)	13"-16" (33-41cm)	10.5-12
XL	11"-15" (28-38cm)	13"-19" (33-48cm)	14"-18" (36-46cm)	12.5+



20-30mmHg Moderate Support Knee-High Stockings 20-30mmHg Moderate Support Open-Toe Knee-High Stockings

*Ankle, calf and length are required for proper fit.

Size	Ankle	Calf	Length
S	6.25"-7.25" (16-18cm)	10.5"-13" (27-33cm)	11"-15" (28-38cm)
М	7.5"-9" (19-22cm)	11.5"-14" (29-36cm)	12"-17" (31-43cm)
L	9"-10" (22-25cm)	12.5"-15" (32-38cm)	13"-18" (33-46cm)
XL	10"-11.25" (25-29cm)	13.5"-16" (34-41cm)	14"-19" (36-48cm)
XXL	11.25"-12.5" (29-32cm)	14.5"-17" (37-43cm)	16"-21" (41-53cm)
XXXL	12.5"-13.75" (32-35cm)	16.5"-20.5" (42-52cm)	16"-21" (41-53cm)
XXXX-Large	13.75"-15" (35-38cm)	20"-24" (51-61cm)	16"-21" (41-53cm)



20-30mmHg Moderate Support Thigh-High Stockings (lace & band-top) 20-30mmHg Moderate Support Open-Toe Thigh-High Stockings (band-top)

*Ankle, calf, thigh, and length are required for proper fit.

Size	Ankle	Calf	Thigh	Length
S	6.25"-7.25" (16-19cm)	10.5"-13" (27-33cm)	15"-18" (38-46cm)	23"-26" (58-66cm)
М	7.5"-8.75" (19-22cm)	11.5"-14" (29-36cm)	17.5"-20.5" (44-52cm)	23"-29" (58-74cm)
L	8.75"-10" (22-25cm)	12.5"-15" (32-38cm)	20"-23" (51-58cm)	25"-31" (64-79cm)
XL	10"-11.25" (25-29cm)	13.5"-16" (34-41cm)	22.5"-25.5" (57-65cm)	27"-33" (69-84cm)
XXL	11.25"-12.5" (29-32cm)	14.5"-17" (37-43cm)	25"-28" (64-71cm)	29"-35" (74-89cm)

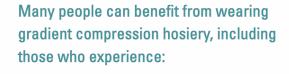


20-30mmHg Moderate Support Pantyhose20-30mmHg Moderate Support Maternity Pantyhose

*Ankle, calf, thigh, hip, waist and length are required for proper fit. Maternity pantyhose stockings waist measurement is based on pre-pregnancy size.

Size	Ankle	Calf	Thigh	Hip	Waist	Length
S	6.25"-7.5" (16-19cm)	10.5"-13" (27-33cm)	15"-18" (38-46cm)	to 40" (to 102cm)	to 30" (to 76cm)	29"-35" (74-89cm)
M	7.5"-8.75" (19-22cm)	11.5"-14" (30-36cm)	17.5"-20.5" (44-52cm)	to 42" (to 107cm)	to 33.5" (to 85cm)	31"-37" (79-94cm)
L	8.75"-10" (22-25cm)	12.5"-15" (32-38cm)	20"-23" (51-58cm)	to 44" (to 112cm)	to 36" (to 91cm)	33"-39" (84-99cm)
XL	10"-11.25" (25-29cm)	13.5"-16" (34-41cm)	22.5"-25.5" (57-65cm)	to 46" (to 117cm)	to 38" (to 97cm)	35"-41" (89-104cm)
XXL	11.25"-12.5" (29-32cm)	14.5"-17" (37-43cm)	25"-28" (64-71cm)	to 52" (to 132cm)	to 44" (to 112cm)	35"-41" (89-104cm)





- Swollen feet, ankles, and legs
- Tired, aching, fatigued legs
- Venous leg disorders

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20-30mmHg Moderate Support Women's Trouser Socks

*Ankle, calf and length are required for proper fit. Shoe size provided as a reference only.

Size	Ankle	Calf	Length	Shoe
S	6.25"-7.25" (16-18cm)	11"-13.5" (28-34cm)	12"-18" (31-46cm)	4-5
М	7.5"-9" (19-22cm)	13"-15.5" (33-39cm)	13"-19" (33-48cm)	5.5-7.5
L	9.25"-10.75" (24-27cm)	15"-17.5" (38-44cm)	14"-20" (36-51cm)	8-10.5
XL	11"-11.5" (28-29cm)	17.75"-18.5" (45-47cm)	15"-22" (38-56cm)	11-12

20-30mmHg Moderate Support Men's Trouser Socks

*Ankle, calf and length are required for proper fit. Shoe size provided as a reference only.

Size	Ankle	Calf	Length	Shoe
S	7"-9" (18-23cm)	10.5"-15" (27-38cm)	11"-14" (28-36cm)	7 or less
M	9"-11" (23-28cm)	11"-16.5" (28-42cm)	12"-15" (31-38cm)	7.5-10
L	10"-14" (25-36cm)	12"-17" (31-43cm)	13"-16" (33-41cm)	10.5-12
XL	11"-15" (28-38cm)	13"-19" (33-48cm)	14"-18" (36-46cm)	12.5+

20-30mmHg Moderate Support Open-Toe Anklet

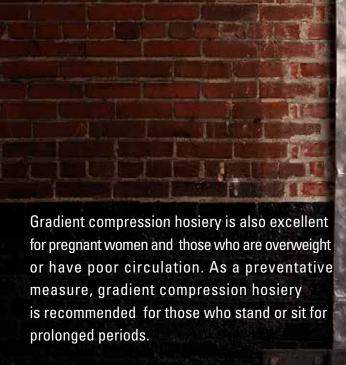
Size	Ankle
S	6.3"-7.3" (15.9-18.4cm
М	7.5"-8.8" (19-22.2cm)
L	8.8"-10" (22.2-25.4cm)
XL	10"-11.3" (25.4-28.6cm)



See page 9 for the medical compression hosiery measurement guide









30-40mmHg Firm Support Knee-High Stockings 30-40mmHg Firm Support Open-Toe Knee-High Stockings

*Ankle, calf and length are required for proper fit.

Size	Ankle	Calf	Length
S	6.25"-7.25" (16-18cm)	10.5"-13" (27-33cm)	11"-15" (28-38cm)
M	7.5"-9" (19-22cm)	11.5"-14" (29-36cm)	12"-17" (31-43cm)
L	9"-10" (22-25cm)	12.5"-15" (32-38cm)	13"-18" (33-46cm)
XL	10"-11.25" (25-29cm)	13.5"-16" (34-41cm)	14"-19" (36-48cm)
XXL	11.25"-12.5" (29-32cm)	14.5-17" (37-43cm)	16"-21" (41-53cm)



30-40mmHg Firm SupportThigh-High Stockings (band-top) 30-40mmHg Firm Support Open-Toe Thigh-High Stockings (band-top)

*Ankle, calf, thigh, and length are required for proper fit.

Size	Ankle	Calf	Thigh	Length
S	6.25"-7.5" (16-19cm)	10.5"-13" (27-33cm)	15"-18" (38-46cm)	23"-26" (58-66cm)
М	7.5"-8.75" (19-22cm)	11.5"-14" (29-36cm)	17.5"-20.5" (44-52cm)	23"-29" (58-74cm)
L	8.75"-10" (22-25cm)	12.5"-15" (32-38cm)	20"-23" (51-58cm)	25"-31" (64-79cm)
XL	10"-11.25" (25-29cm)	13.5"-16" (34-41cm)	22.5"-25.5" (57-65cm)	27"-33" (69-84cm)
XXL	11.25"-12.5" (29-32cm)	14.5"-17" (37-43cm)	25"-28" (64-71cm)	29"-35" (74-89cm)



*Ankle, calf and length are required for proper fit. Shoe size provided as a reference only.

,			•		
Size	Ankle	Calf	Length	Shoe	
S	7"-9" (18-23cm)	10.5"-15" (27-38cm)	11"-14" (28-36cm)	7 or less	
М	9"-11" (23-28cm)	11"-16.5" (28-42cm)	12"-15" (31-38cm)	7.5-10	
L	10"-14" (25-36cm)	12"-17" (31-43cm)	13"-16" (33-41cm)	10.5-12	
XL	11"-15" (28-38cm)	13"-19" (33-48cm)	14"-18" (36-46cm)	12.5+	





THERAFIRM® CASUAL AND SPORT COMPRESSION SOCKS See page 9 for the medical compression hosiery measurement guide

15-20mmHg Mild Support Core-Spun Socks 20-30mmHg Moderate Support Core-Spun Socks 30-40mmHg Firm Support Core-Spun Socks

*Ankle, calf and length are required for proper fit. Shoe size provided as a reference only.

Size	Ankle	Calf	Length	Women's	Men's
S	6.5"-8.5" (17-22cm)	11"-16.5" (28-42cm)	12"-16" (30-41cm)	9 or less	7 or less
М	8"-10" (21-26cm)	12"-17.5" (31-45cm)	13"-17" (33-43cm)	9.5- 12	7.5-10
L	9"-11.5" (23-29cm)	13"-19" (33-49cm)	14"-18" (36-46cm)	12+	10.5-12
XL	11"-15" (28-38cm)	17"-23" (43-58cm)	15"-20" (38-51cm)	-	12.5+
XXL	13"-17" (33-43cm)	18.5"-25.5" (47-65cm)	16"-21" (41-53cm)	-	12.5+

15-20mmHg Mild Support Core-Sport Socks 20-30mmHg Moderate Support Core-Sport Socks

*Ankle, calf and length are required for proper fit.

Size	Ankle	Calf	Length
S	6.5"-8.5" (17-22cm)	11"-16.5" (28-42cm)	12"-16" (30-41cm)
М	8"-10" (21-26cm)	12"-17.5" (31-45cm)	13"-17" (33-43cm)
L	9"-11.5" (23-29cm)	13"-19" (33-49cm)	14"-18" (36-46cm)
XL	11"-15" (28-38cm)	17"-23" (43-58cm)	15"-20" (38-51cm)





MEDICAL COMPRESSION HOSIERY MEASUREMENT GUIDE

20-30mmHg Moderate Support Opaque Pantyhose

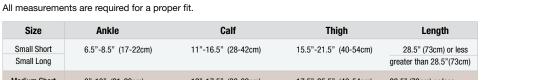
All measurements are required for a proper fit.

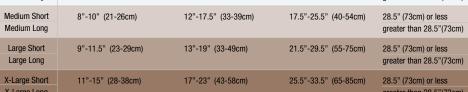
Size	Ankle	Calf	Thigh	Hip	Length
Small Short Small Long	6.5"-8.5" (17-22cm)	11"-16.5" (28-42cm)	15.5"-21.5" (40-54cm)	to 42"	28.5" (73cm) or less greater than 28.5"(73cm)
Medium Short Medium Long	8"-10" (21-26cm)	12"-17.5" (31-45cm)	17.5"-25.5" (45-65cm)	to 48	"28.5" (73cm) or less greater than 28.5"(73cm)
Large Short Large Long	9"-11.5" (23-29cm)	13"-19" (33-49cm)	21.5"-29.5" (55-75cm)	to 56"	28.5" (73cm) or less greater than 28.5"(73cm)

Patients should be measured when they first get up in the morning. This helps prevent the fitter from measuring the affected area's circumference after swelling has occurred. It is important to measure the patient while he or she is standing. If the fitting can not take place before the patient has been on his/her feet for some time, the patient's legs and feet should be elevated for 15 minutes prior to taking the measurements. Take snug measurements against the skin and avoid measuring over socks, pants or leggings.









20-30mmHg Moderate Support Men's Opaque Thigh-High





All measurements are required for a proper fit.

Size	Ankle	Calf	Thigh	Hip	Length
Small Short Small Long	6.5"-8.5" (17-22cm)	11"-16.5" (28-42cm)	15.5"-21.5" (40-54cm)	to 42"	28.5" (73cm) or less greater than 28.5"(73cm)
Medium Short Medium Long	8"-10" (21-26cm)	12"-17.5" (31-45cm)	17.5"-25.5" (45-65cm)	to 48"	28.5" (73cm) or less greater than 28.5"(73cm)
Large Short Large Long	9"-11.5" (23-29cm)	13"-19" (33-49cm)	21.5"-29.5" (55-75cm)	to 56"	28.5" (73cm) or less greater than 28.5"(73cm)



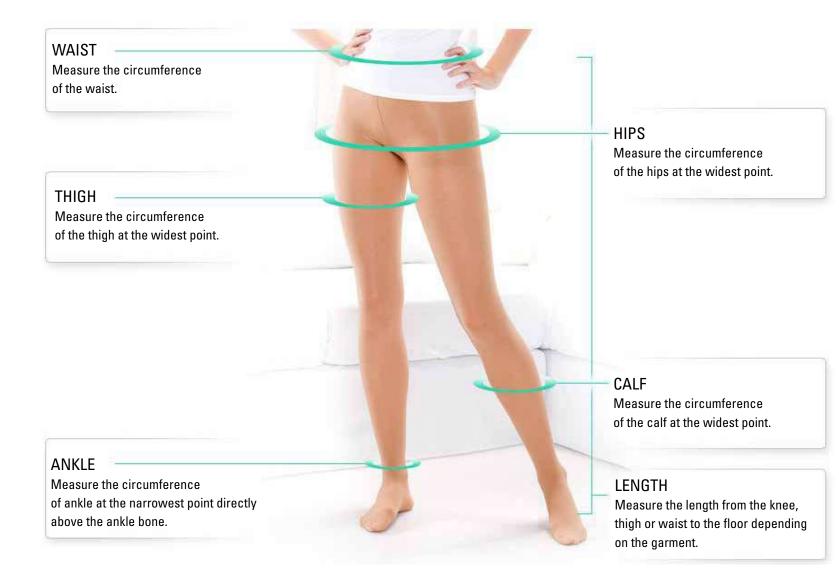
30-40mmHg Firm Support Men's Opaque Thigh-High

All measurements are required for a proper fit.

Size	Ankle	Calf	Thigh	Length
Small Short Small Long	6.5"-8.5" (17-22cm)	11"-16.5" (28-42cm)	15.5"-21.5" (40-54cm)	28.5" (73cm) or less greater than 28.5"(73cm)
Medium Short Medium Long	8"-10" (21-26cm)	12"-17.5" (31-45cm)	17.5"-25.5" (45-65cm)	28.5" (73cm) or less greater than 28.5"(73cm)
Large Short Large Long	9"-11.5" (23-29cm)	13"-19" (33-49cm)	21.5"-29.5" (55-75cm)	28.5" (73cm) or less greater than 28.5"(73cm)
X-Large Short X-Large Long	11"-15" (28-38cm)	17"-23" (43-58cm)	25.5"-33.5" (65-85cm)	28.5" (73cm) or less greater than 28.5"(73cm)







Tips for getting the perfect fit

- Remove rings and watches
- Ensure nails are not sharp
- Never allow folds in the hosiery
- Never remove any wound dressings
- Keep hosiery loose over dressings

- The garment should have even compression or elasticity, preventing circulation obstruction.
- After donning the sock, the foot shape should be consistent with that of the bare foot.



VEBA PREMIUM SOCKS



Veba socks feature material that creates a moisture venting system and blister protection with silver antimicrobial material to create a healthy environment for the foot.

Walking Socks (non-compression)

Socks are a crucial element for walking, which places high demand on the tactile functions of the foot. Dense padding protects the heel and forefoot from impact.

Size	Women's	Men's
One Size	6-9	8-12



Athletic Socks (non-compression)

The Veba blister protection and silver antimicrobial material combine to make a healthy environment for the foot. The deep heel and arch support allow the sock to stay firmly in place.

Size	Women's	Men's
One Size	6-9	8-12



Fashion Socks (non-compression)

The comfort top helps keep the sock firmly in place. The deep heel, arch support and seamless toe reduce pressure points and provide extra comfort.

Size	Women's	Men's
One Size	6-9	8-12



20-30mmHg Moderate Support Compression Sport Socks

Ankle Circumference	Calf Circumference	Length	Size
7"-8.5" (18-21.5cm)	11"-15.5" (28-39cm)	12"-16" (30-41cm)	SM
8.5"-10" (21.5-25.5cm)	12.5"-17.5" (31.5-45cm)	13"-17" (33-43cm)	ММ
10"-11.5" (25.5-29cm)	14"-20" (35.5-51cm)	14"-18" (36-46cm)	LM
11.5"-13" (29-33cm)	16"-23" (40.5-58cm)	15"-20" (38-51cm)	ХМ





The diabetic foot is prone to infection, nerve damage and lesions, making a premium sock an important part of maintaining foot health. Veba socks are made with a loose fitting band to prevent pressure points. For diabetic patients, it is necessary to enhance blood flow which will improve foot health.

What is a gripper sole?

Proper selection of socks is an important part of an overall treatment program for people with diabetes. Veba's diabetic socks are also available with a gripper sole to prevent slips and falls while protecting the foot.



 Diabetic socks are also available with out the gripper sole



Blister-Free Technology

Veba incorporates this science into all premium socks. Each sock functions as a second layer of skin while eliminating pressure points and friction. This is achieved through yarn and design innovations.

Design Technology No Friction = No Blisters

One of the main contributing factors to blisters is friction. Veba socks eliminate friction between the sock and the foot. Achieved by using Spandex nylon, the sock becomes very stretchy and 'vacuums' itself to the foot. This creates an even fitting, protective sock layer between the skin and the shoe that is less likely to slip.

Yarn Technology Dry = Comfort & Protection

Wet skin becomes soft and is more susceptible to blister damage. Through the use of moisture management yarn the Veba sock is able to build a sock which will channel the moisture away from the inside of the sock to the outside.







GROWING YOUR PRACTICE

The Orthotic Group compression hosiery starter kits contain everything you need to begin dispensing medical compression hosiery in your practice. With two convenient packages to choose from, you can customize the perfect one for your clinic.

Medical Compression Hosiery Starter Kit A

- □ Starter Kit A* \$259 (valued at \$510)
 Choose \$360 worth of compression hosiery product. Please select your desired products on the order form supplied.
 - Admission to a medical compression hosiery seminar (valued at 150.00)
 - Medical compression hosiery spinner display
 - Marketing materials patient brochures, fabric swatch ring, posters
 - Clinic tools measuring tapes, measuring guide, insurance claim forms
 - Training with a TOG account manager

Medical Compression Hosiery Starter Kit B

□ Starter Kit B* \$529 (valued at \$870)

Choose \$720 worth of compression hosiery product. Please select your desired products on the order form supplied.

- Admission to a medical compression hosiery seminar (valued at 150.00)
- Medical compression hosiery spinner display
- Marketing materials patient brochures, fabric swatch ring, posters
- Clinic tools measuring tapes, measuring guide, insurance claim forms
- Training with a TOG account manager



STEP #1

With the heel facing the back of the donner, place your compression garment inside the semi-circle frame and pull the top of the garment down over the semi-circle.



STEP #2

Continue to slide the garment down over the semi-circle until the heel is centered and even with the top of the semi-circle. You may need to pull the heel farther down depending on your foot and garment size.



STEP #3 & #4

While sitting, insert your foot into the garment until it is completely on the floor. It may be helpful to hold the heel pocket against the frame as you slide your toes into the garment.



STEP #5

Grasp the padded handles and gently pull the compression garment up the leg until it is above the calf; try not to excessively pull the garment. Once over the calf, pull the donner device backwards and down, free from the garment.

DONNING GLOVES

Compression hosiery donning gloves help to protect your garment from snags and tears and make putting on your hosiery a breeze! The donning gloves are an essential tool for individuals with arthritis or dexterity issues.

The Orthotic Group has made it easy for you and your patients to learn how to properly put on medical compression hosiery. Simply visit **www.youtube.com/channel** and search for The Orthotic Group guide to donning medical compression hosiery.





^{*}Subject to a \$15.00 shippping and handling fee

^{*}Subject to a \$15.00 shippping and handling fee





GROWING YOUR PRACTICE

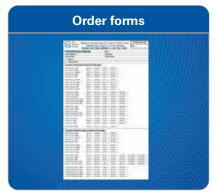
MEDICAL COMPRESSION

HOSIERY ASSESSMENT







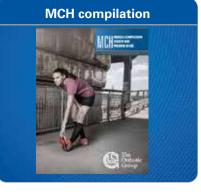












Marketing Materials and Clinic Tools

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SAMPLE

First Name:	_ Last Name:	
Address:	Phone:	
Email:	Age: Male	Female:
Primary Complaint:		

Please select any of the below that apply to you:
☐ Do you experience tired or aching legs?
☐ Do you experience swollen feet, ankles or legs?
☐ Do you sit or stand for long periods of time during the day
☐ Are you an expectant mother?
☐ Do you have a family history of venous leg disorders?
☐ Are you a smoker?
☐ Are you a diabetic?
□ Do you carry excess weight?
☐ Are you immobile for most of the day?
☐ Do you participate in endurance sports?

If you have answered yes to any one of the above, you may be a candidate for medical compression hosiery.

Venous disease is progressive

If left undiagnosed and untreated, minimal symptoms may result in a more serious condition. Symptoms range from an achy, heavy feeling, pain in the leg edema (swelling), discoloration, skin changes to skin ulcers.

Medical compression therapy

Compression therapy is often used for therapeutic management and is defined as the application of controlled, graduated external pressure to the limb to reduce venous pressure.

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GROWING YOUR PRACTICE

SAMPLE

Patient Information		Patient Information
First Name:	Last Name:	First Name:
Practitioner Name:	Date:	Practitioner Name:
The following symptoms and/or a therapeutic gradient compression	f prescription The following symptotherapeutic gradient of	
Varicose veins Venous Insufficiency Edema Lymphedema Other:		Varicose veins Venous Insufficier Edema Lymphedema Other:
to treat and manage the condition	n hosiery is recommended and prescribed for this is and symptoms indicated above. It is medically blood circulation and as such, the prescribed con an indefinite period of time.	necessary to treat and manage
The patient's specific prescription	The patient's specific	
15-20mmHg - mild support hos20-30mmHg - moderate support30-40mmHg - firm support hos	t hosiery	15-20mmHg - mild 20-30mmHg - mod 30-40mmHg - firm
Number of pairs required:		Number of pairs requ
Medical compression hosiery man model number(s):	nufacturer	Medical compression model number(s):
Estimated Cost of medical compre	ession hosiery: \$ \$	Cost of medical comp
Total fee \$	\$ \$ \$	Total fee \$

SAMPLE

ient Information st Name: ______ Last Name: _____ ctitioner Name: _____ Date: ____ following symptoms and/or ankle, knee, and leg condition(s) require the use of prescription rapeutic gradient compression hosiery (elastic support hosiery): Varicose veins Venous Insufficiency Edema Lymphedema Other: erapeutic gradient compression hosiery is recommended and prescribed for this patient reat and manage the conditions and symptoms indicated above. It is medically necessary mprove venous and lymphatic blood circulation and as such, the prescribed compression ments must be worn daily for an indefinite period of time. patient's specific prescription requirements are: 15-20mmHg - mild support hosiery 20-30mmHg - moderate support hosiery 30-40mmHg - firm support hosiery mber of pairs required: _____ dical compression hosiery manufacturer del number(s): st of medical compression hosiery:

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160 Markland Street Markham, ON L6C 0C6 2905 Veterans Memorial Hwy Ronkonkoma, New York, USA 11779 4825 E. Ingram Street Mesa, Arizona, USA 85205-3212

Phone 1.800.551.3008 Fax 1.877.551.3001

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