

SPECIAL REPORT on

Low Immune and

Auto (High)-Immune Diseases

FOR THOSE WHO EXPECT CHIROPRACTIC TO BE ABOUT MERELY BAD BACKS AND NECKS, this can be confusing. So, *please*, let me unconfuse you, from the start.

Chiropractic is NOT the treatment of back and neck pain. It is NOT the treatment of anything. That's right, as a (real) chiropractor, I do not treat anything, including bad backs and necks. I do not treat heart and/or circulatory conditions, but people can get well, here, anyway.

So... if Chiropractic is not a treatment, *what is it?* It is the PURSUIT OF HEALTH, through the correction of interference to the brain and nervous system, what we call Vertebral Subluxation Complex (VSC), by chiropractic adjustments, by hand, to the spine, **allowing the body and mind to heal, to function at a higher level.**

A lot of people get problems with their immune system. Very common. And some have them for decades, long enough to assume that *"that's the way I am."* Your (medical) doctor probably agrees. If it's bad enough, you have a specialist, who surely agrees.

What DO these medical geniuses do? First, your primary doctor will throw one or two or three drugs at you. If one doesn't work, they'll "try" another. (*This is science?*) If you, or the doctor become too frustrated, off to the specialist. He or she will put you through a bunch of tests, and come up with a diagnosis. A diagnosis is just a name, but you are made to believe that that diagnosis explains everything (it does not), and is the ultimate answer to your suffering. You're put on some drug to manage your symptoms, but you're still sick. When the side effects of that drug become too much, you're switched to another drug. And you're still sick.

So far, no one has wondered WHY you are sick and suffering. No one had even given a thought to CAUSE, to why you have bad immune function. No one has ever even considered how you can get well.

Here's some basic biology that evades your primary doc and your specialist... Your brain and nervous system controls and coordinates your immune system. If there is interference to that control, one or more parts of your immune system will not function properly (**too much or too little**), which is a state that we, in Chiropractic, refer to as "dis-ease," which leads to disease. Why not correct the interference, allowing the body to heal itself, naturally?

Too much? You end up with auto-immune diseases, from allergies, up to asthma, rheumatoid and psoriatic arthritis, multiple sclerosis, etc.

Too little immune response, you get a lot of colds and flus. To the extreme, that's how people end up with cancer. Yes, cancer is a generally long-term, serious failure of your immune system. For those with a history of cancer, they treated your cancer, but they never thought "WHY?" Here, at THE HARTE OF CHIROPRACTIC, I think WHY. Getting cancer is not mere bad luck. It is certainly not a lack of medical care. Yes, there are genetic markers, but, overall, your overall health counts.

Here, at THE HARTE OF CHIROPRACTIC, I do not diagnose, nor do I treat anything. I correct interference, allowing your body to heal not just your immune difficulties, but to allow your body, as a whole, to function better. Health.

*"I feel great, better than ever! **My psoriasis is gone.** Never thought that would happen."* - Sandra George, San Rafael

*"My hands shake less, are stronger and respond quickly as needed. Chiropractic has helped my recovery from **Guillain-Barre Syndrome.**"* – Walter Grevesmuhl, Belvedere

*"My **allergies** almost disappeared. Tennis elbow gone."* - Victoria Parrott, Tiburon

*"Finally, the left leg is less painful. The idea that I can get rid of the pain without drugs and improve everything, **especially the immune system... amazing!**"* - Athene Tarrant, San Rafael

*"Chiropractic care has helped **keep my immune system strong** during the cold and flu season, while others around me are ill."* - Rama Geroux, Mill Valley

*"**Allergies have improved.** No longer need allergy meds. Rarely need drugs of any kind."* - Danielle Ames, San Anselmo



*"I have been an **allergy sufferer** all my life. Every Spring I have needed drugs to help alleviate the misery of hay fever, but they never worked completely. Now, thanks to the chiropractic care I have gone through an entire season with no symptoms, no drugs. Thanks to chiropractic care I am allergy-free!"*
- Mark Favell, San Francisco

*"My daughter has more energy, and is able to run for the first time. Her **asthma** has improved, and she gets much less colds."* - Carmen Monico, San Rafael

*"I no longer take medication for pain, **haven't had a cold in three years!** Enjoy golf, and doing a lot of walking. I have lost weight and generally feel much better."* - Richard Carter, San Rafael CA

*"Within six months, I was pain free. But some other miraculous things happened along the way. **I used to have two or three colds a year. I have not had a single cold in three years (since coming to Dr. Harte).** I used to have trouble sleeping. Now, I sleep like a baby. I had restricted urine flow, but now it is back to normal. My PSA dropped from 9.5 to 3.5. Then, I went to a radiologist who did an ultrasound and a color doppler of my prostate. He told me that **the cancer is dormant.**"* - Ted Heath, New Mexico, previously Novato

*"My son Nicholas, who is five and a half, has **histiocytosis, a rare auto-immune disease.** He has received several chiropractic adjustments and, already, his energy has increased. He has a better attitude, and I've noticed fewer temper tantrums."* -Valerie Goodale, Novato

*"**Definitely more energy, better concentration, better sleep, no back pain, no more allergies in the morning.**"* – Monika Torggler, Sausalito

*"**Psoriasis greatly improved.**"* - Ron Berry, El Sobrante

*"Urinary functions improved. **Psoriasis improved.**"* - Calvin Jow, American Canyon

*"I used to have **asthma**, used an inhaler always. Now I don't need it at all."* - Noel Cawaling, El Sobrante

*"I came to The Harte of Chiropractic after being diagnosed with **advanced Rheumatoid Arthritis** three years ago and living with constant level 7 and higher pain every day. I've had two hip replacements, several different medications and infusions that have led to extensive damage to my organs, so much so that I have been taken off all medications so my organs have a chance to heal while the medications leave my body. I am due to go back and begin new infusions at the end of February, a thought that terrifies me. Any form of movement is very painful and I thought maybe massage or*

chiropractic would at least bring me some relief. I spoke with 2 massage therapist and 3 chiropractors, one a neurotherapist. None of them would take me citing the RA is dormant in parts of my body and manipulation could release it causing further damage.

"I had all but given up when I called Dr. Harte. Hearing him say he could help me gave me a glimmer of hope. I mentioned that Dr. Harte gave me an adjustment my first day and I was very uncomfortable the next day. The following visit, after giving me my test results, he adjusted me again. **That night I slept better than I have, without medication, in years, and the next day I could move my head without neck pain, as well as move my shoulders and almost completely close my hands, something I hadn't been able to do in many months.** I know this won't be an easy road. I know it won't be a short journey. I know it will not be an inexpensive investment. What I do know is this; Dr. Harte has proven his intention and commitment to releasing the blockages (subluxation) so my body can begin to heal. I know that finding Dr. Harte was not an accident. I know that the hour drive to see him is worth it. You don't have to agree with him on the social or political views of the day. You don't have to like the looks of his office or treatment room. Heck, you don't even have to like the brand of candy he keeps in a jar. What you do have to want is to commit to feeling better and regaining your health, and **Dr. Harte can do that!**" - Karyn Nikas-Dhaliwal, Windsor

"**There are very few reasons that I regret leaving CA, but Dr Harte is definitely one of them.** I have yet to find a chiropractor that has his expertise and process. The plan he created for me stopped my headaches, which I suffered from daily, and **helped reduce the severity of my allergies.** If he was in FL, I would be an active patient again. Even my kids miss Dr Turtle and remember his turtle adjustment table. I highly recommend him." - Patti Wright, Florida, formerly San Rafael

"First time in 10 + years I've not suffered from **spring seasonal allergies (no runny nose or itchy eyes.** - Carol Russell, Petaluma

"**I had seasonal allergies since my teen years, and I have not had an allergy episode since coming to Dr. Harte.** Another peculiar problem for which I consulted a myriad of doctors, was difficulty in swallowing. That cleared up, incredibly, within a week after starting my adjustments. **My overall well-being is one hundred percent better, and I am not taking any medications at all.**" -Velma Dardon, San Rafael

"**Able to keep colds and flu at bay.**" – Barbara Maher, Novato

"**I get less sick, and I think it, Chiropractic, keeps the myotonic dystrophy in check.**" - Veronica Saggio, San Rafael

"I can't say enough about how important Dr. Harte's care is to my life. **My immune system is strong and I never get sick.** I tried another chiropractor in the city and while fine, she did not do what Dr. Harte does for me. It is so important that it's worth it for me to drive all the way from San Francisco to Marin for that 15 minutes every week. I can't say enough about the wonders of The Harte of Chiropractic! - Michele Benjamin, San Francisco

"I highly recommend Dr. Harte's approach to Chiropractic. I'm 56 and my daughter is 21, we signed up for his program 3 years ago. If you are looking for better health without surgery and pills then sign up! I'm a former professional ballet dancer and now my daughter is pursuing a career. Dr. Harte has corrected our alignment problems, **plus our immune system is great, hardly getting colds** and our energy is high. You'll need to understand the power of commitment for the results to occur. You can trust Dr. Harte!!!" Lisa and Rosette Laursen, Larkspur

"**I feel healthier, fewer colds, etc.,** especially being a teacher, and have more stamina. I'm walking better and way less backaches. **Fewer herpes outbreaks.**" - Heather Andrew, Novato

"I feel great, better than ever! **My psoriasis is gone.** Never thought that would happen." - Sandra George, San Rafael

"I came to Dr. Harte because of my back, but when he explained to me about the benefits for my two sons, 4 and 5 years old, I decided to bring them too. **My sons' asthma and allergies are gone completely,** they are more alert, and their ability to learn is incredible." -Natividad Gutierrez, Corte Madera

“Allergies have improved. No longer need allergy meds. Rarely need drugs of any kind.” - Danielle Lawson, San Anselmo

“My inner systems are happy, including the immune system. Haven't had a cold or flu in the 2.5 years in spite of working/commuting in a crowded city, surrounded by coughers & sneezers. Used to get 1 or 2 bad colds a year. That, in itself, pays for my adjustments.” - Mary Gilbert, Mill Valley

“Have not had a ‘bad back’ since coming here, slowly the IBS (Irritable Bowel Syndrome) is improving, range of motion has improved, general health is excellent. First time in 10 + years I've not suffered from spring seasonal allergies (no runny nose or itchy eyes.)” - Carol Russell, Petaluma

“No longer take any medications (except for high blood pressure). Haven't had a cold in three years (since I have been coming to Dr. Harte). I enjoy golf, and do a lot of walking, and generally feel much better!” - Richard Carter, San Rafael

“My daughter has more energy, and is able to run for the first time. Her asthma has improved, and she gets much less colds.” - Carmen Monico, San Rafael

“I have little sickness (colds, flu, etc.). My digestion, circulation, energy and energy, usually good, have improved. Knees and other joints are much less sore.” - Jim Crisp, San Rafael

Fine, you've read this report. **Now you have a clear choice.** You can continue to do what you're doing, or you can not only change the direction of your immune system problems (too much or too little), but you can change the entire course of your health, your life! How? Through (real) chiropractic care, I liberate your nervous system, *allowing* your body to heal itself, from the Inside-out, through gentle, specific, scientific chiropractic adjustments.

How do you start? How do you find out about your specific situation? We begin with an extensive history, an examination like you've never had before, three neurological scans, and digital spinal X-rays. Then, I spend a great deal of time analyzing your individual situation, and we sit down to discuss findings, and how you can get well.

All this... the history, the examination, the nerve scans, the X-rays and the Report of Findings, is normally \$1075, which is a gift right there. But, because you've taken the time to read this special report, and because you were referred by a Member of this practice, you save \$905. All this will cost you *only* \$170. Call me now, to set up a convenient time for your first visit. 415/460-6527. **“I will help you.”** – Dr. D. Harte (D.C.)