

# SPECIAL REPORT on

## Heart Conditions

**FOR THOSE WHO EXPECT CHIROPRACTIC TO BE ABOUT MERELY BAD BACKS AND NECKS**, this can be confusing. So, please, let me unconfuse you, from the start.

Chiropractic is NOT the treatment of back and neck pain. It is NOT the treatment of anything. That's right, as a (real) chiropractor, I do not treat anything, including bad backs and necks. I do not treat heart and/or circulatory conditions, but people can get well, here, anyway.

So... if Chiropractic is not a treatment, *what is it?* It is the PURSUIT OF HEALTH, through the correction of interference to the brain and nervous system, what we call Vertebral Subluxation Complex (VSC), by chiropractic adjustments, by hand, to the spine, **allowing the body and mind to heal, to function at a higher level.**

Many people get heart and circulation problems. Very common.

What DO these medical specialists do? First, your primary doctor will throw one or two or three drugs at you. If one doesn't work, they'll "try" another. (*This is science?*) If you, or the doctor become too frustrated, off to the cardiologist. He or she will put you through a bunch of tests, and come up with a diagnosis. A diagnosis is just a name, but you are made to believe that that diagnosis explains everything (it does not), and is the ultimate answer to your suffering. You're put on some drug to manage your symptoms, but you're still sick. When the side effects of that drug become too much, you're switched to another drug. And you're still sick.

So far, no one has wondered WHY you are sick and suffering. No one had even given a thought to CAUSE, to why you have bad heart or circulatory function. No one has ever even considered how you can get well. (NOTE: The cardiologist IS GOOD at keeping you alive in the event of a sudden emergency. This is where medicine shines.)

Here's some basic biology that evades your primary doc and your specialist... Your brain and nervous system controls and coordinates your entire cardiovascular system. (*Contrary to popular belief, your heart doesn't run itself.*) If there is interference to that control, one or more parts of your cardiovascular system will not function properly, which is a state that we, in Chiropractic, refer to as "dis-ease," which leads to disease. Why not correct the interference, allowing the body to heal itself, naturally?

Here, at THE HARTE OF CHIROPRACTIC, I do not diagnose, nor do I treat anything. I correct interference, allowing your body to heal not just your digestive difficulties, but to allow your body, as a whole, to function better. Health.

**"Not using (cardiac) meds anymore!"** - Anthony Skittone, San Francisco

*"I continued in Dr. Harte's Wellness program, and have seen improvement to my health and quality of life. As a result of the adjustments, I was able to stop the high blood pressure medication I had been on for 13 years! I no longer suffer from sinus headaches, and I have not had a cold in three years. I have learned that Dr. Harte is not "curing" me. (We can cure a ham, but not a person.) Through his adjustments, my "doctor within" has taken over, and allows my body to heal itself.* – Janice Cobb, Corte Madera

**“Had PVC’s (pre-ventricular contractions), but since being adjusted, haven’t had any.”** - Mary Kelly, Vermont and Thailand

**“No (heart) fibrillation for five months!** Physically better, and mentally about 96% better. I do feel much, much better overall.” - Hermila Gonsalves, San Rafael

“From non-believer to believer of Chiropractic! More energy, I think from better sleep. Noted better balance, which was very poor!! **Circulation in both arms almost back to normal.** Use of my right hand now about 95% from practically nil. All of the above with a sigh of relief and well-being and an enormous ‘thank you’ to Dr. Harte.” Betty Koenig, Novato

**“My blood pressure is normal,** even though I haven’t taken my pills for one week. Great!” – Bruni Hohman, Larkspur

“One day before seeing Dr. Harte I took my blood pressure it was **146-94.** Later that day I took it again and it was **138-83.** I think it had something to do with seeing him.” Barbara May, San Rafael



“I just received the results of my yearly CBC and cholesterol tests. **Triglycerides were down 75% to 42, and cholesterol down about 30% to 146.** My physician said that the results looked like those of a 12 year old. (I’m 43.) For years, my cholesterol always hovered around 200. I’ve always eaten well, exercised and taken heart-healthy supplements including fish oil. I’m trying to normalize all factors in my life, and can only conclude that the chiropractic care you have provided me with since 2006 has had some sort of positive effect. In addition to improved mental clarity and a feeling of general well-being, **your care may have radically reduced my chances for heart disease.** My two daughters under your care also seem to have improved mentally and physically since last year. It kind of seemed expensive at first, but every dollar has been worth it.” - Dan Poore, Tiburon

**“I sleep like a baby now, without medication, since coming to Dr. Harte. I have no use for my high blood pressure pills anymore, since seeing Dr. Harte. I now take only cholesterol and thyroid pills. I will not refill those prescriptions.”** - Neil Sorensen, Novato

**“No (heart) fibrillation for five months!** Physically better, and mentally about 96% better. I do feel much, much better overall.” - Hermila Gonsalves, San Rafael

**“I no longer take any prescription medications. [previously taking Lisinopril for high blood pressure, Lovastatin for high cholesterol, and Vicodin for pain.] I feel great and I am much more able to deal with stress.”** - Bill Griffin, San Rafael

**“Blood pressure starting to self-adjust. No more medications.”** Edith Collins, San Rafael

“Soon after beginning Wellness Chiropractic, I stopped taking the following prescription drugs, recommended by my family doctor: **Allopurinol and probenecid (for gout), Enapril (for high blood pressure) and aspirin (for the heart).** I also stopped taking tetracycline, recommended by my dermatologist for rosacea. As a result of going through your twice weekly adjustments, I have not had an encounter with gout, **my blood pressure is ‘normal’** (according to my M.D.), and my nose only turns red at Christmastime.” - Roy Bell, San Anselmo

Fine, you've read this report. **Now you have a clear choice.** You can continue to do what you're doing, or you can not only change the direction of your heart and circulatory problems, but you can change the entire course of your health, your life! How? Through (real) chiropractic care, I liberate your nervous system, *allowing* your body to heal itself, from the Inside-out, through gentle, specific, scientific chiropractic adjustments.

**How do you start?** How do you find out about your specific situation? We begin with an extensive history, an examination like you've never had before, three neurological scans, and digital spinal X-rays. Then, I spend a great deal of time analyzing your individual situation, and we sit down to discuss findings, and how you can get well.

All this... the history, the examination, the nerve scans, the X-rays and the Report of Findings, is normally \$1075, which is a gift right there. But, because you've taken the time to read this special report, and because you were referred by a Member of this practice, you save \$905. All this will cost you *only \$170*. Call me now, to set up a convenient time for your first visit. 415/460-6527. *"I will help you."* – Dr. D. Harte (D.C.)