

# SPECIAL REPORT on Anxiety, Depression, ADD

FOR THOSE WHO EXPECT CHIROPRACTIC TO BE ABOUT MERELY BAD BACKS AND NECKS, this can be confusing. So, *please*, let me unconfuse you, from the start.

Chiropractic is NOT the treatment of back and neck pain. It is NOT the treatment of anything. That's right, as a (real) chiropractor, I do not treat anything, including bad backs and necks. I do not treat heart and/or circulatory conditions, but people can get well, here, anyway.

So... if Chiropractic is not a treatment, *what is it?* It is the PURSUIT OF HEALTH, through the correction of interference to the brain and nervous system, what we call Vertebral Subluxation Complex (VSC), by chiropractic adjustments, by hand, to the spine, *allowing the body and mind to heal, to function at a higher level.*

A lot of people get emotional/mood problems. Very common. And some have them for decades, long enough to assume that *"that's the way I am."* Your (medical) doctor probably agrees. If it's bad enough, you have a psychologist or a psychiatrist (or BOTH), who surely agrees.

What DO these medical geniuses do? First, your primary doctor will throw one or two or three drugs at you. If one doesn't work, they'll "try" another. (*This is science?*) If you, or the doctor become too frustrated, off to the specialist. He or she will come up with a diagnosis. A diagnosis is just a name, but you are made to believe that that diagnosis explains everything (it does not), and is the ultimate answer to your suffering. You're put on some drug to manage your symptoms, but you're still sick. When the side effects of that drug become too much, you're switched to another drug. And you're still sick. AND, they haven't figured out that your head is attached to your neck.



So far, no one has wondered WHY you are sick and suffering. No one had even given a thought to CAUSE, to why you have emotional and mood challenges. No one has ever even considered how you can get well.

Here's some basic biology that evades your primary doc and your specialist... Your brain and nervous system controls and coordinates your entire body, as well as the brain, itself. If there is interference to that control, one or more parts of your brain may not function properly, which is a state that we, in

Chiropractic, refer to as "dis-ease," which leads to disease. Why not correct the interference, allowing the body to heal itself, naturally?

Here, at THE HARTE OF CHIROPRACTIC, I do not diagnose, nor do I treat anything. I correct interference, allowing your body to heal not just your digestive difficulties, but to allow your body, as a whole, to function better. Health.

*"Dr. Harte is amazing and he shows that through his compassion and his care. I originally saw Dr. Harte for back pain but he opened my eyes to the real world or chiropractic care. Since I began seeing Dr. Harte, my clinically diagnosed depression is gone along with my chronic headaches! I can only imagine what else is better too since my original x-rays were a mess!!!! It's so nice to be able to manage ailments the old fashion*

*way... by letting the brain, your innate intelligence, deal with it!!! Dr. Harte helps your brain take the 'dis' out of your 'ease!'" - Ashley Reyna, San Rafael*

*"Much less depression. I feel very happy and at peace in body, mind and soul." - Ted McCarthy, Novato*

*"I feel great, and my emotions are stable, allowing me to feel joyful and happy, and in better health." - Addy Medina, Petaluma*

*"More energy, **more emotionally stable**, better balance, an **overall better feeling of well-being.**" -Arleta Quesada, San Rafael*

*"I can see better, no more reading glasses! I've stopped taking stomach medication. I have fewer, less severe headaches and migraines. I'm no longer in constant pain in my neck, back, hips, legs, etc. **My depression and anxiety are easier to control.** I recover from illnesses and injuries much quicker. **I have better mental clarity. My memory is better. I like myself better because I feel better.** My sinuses feel better than they have in 10 years!" - Lorena St. Clair, Mill Valley*

*"I'm finally the way I was **INTENDED** to be. **No more Prozac!**" - Nancy Spottiswoode, Larkspur*

*"My sleep has improved. **Emotionally, I've been able to stay afloat during a very difficult time.** - Angelica Pinochet, Sausalito*

Fine, you've read this report. **Now you have a clear choice.** You can continue to do what you're doing, or you can not only change the direction of your mood/emotional problems, but you can change the entire course of your health, your life! How? Through (real) chiropractic care, I liberate your nervous system, *allowing* your body to heal itself, from the Inside-out, through gentle, specific, scientific chiropractic adjustments.

***How do you start?*** How do you find out about your specific situation? We begin with an extensive history, an examination like you've never had before, three neurological scans, and digital spinal X-rays. Then, I spend a great deal of time analyzing your individual situation, and we sit down to discuss findings, and how you can get well.

All this... the history, the examination, the nerve scans, the X-rays and the Report of Findings, is normally \$1075, which is a gift right there. But, because you've taken the time to read this special report, and because you were referred by a Member of this practice, you save \$905. All this will cost you *only \$170*. Call me now, to set up a convenient time for your first visit. 415/460-6527. *"I will help you."* - Dr. D. Harte (D.C.)