



## CENTER FOR HEALTHY LIVING

## PHYSIOTHERAPY HEALTH HISTORY FORM

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/Province/Postal: \_\_\_\_\_

Email: \_\_\_\_\_ Sex: M / F / Other \_\_\_\_\_

Home: (\_\_\_\_) \_\_\_\_\_ Work: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Occupation: \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_

DOB: (mm/dd/yyyy) \_\_\_\_\_ Emergency Contact + Number \_\_\_\_\_

Alberta Health Care Number: \_\_\_\_\_

Name of Family/Critical care doctor: \_\_\_\_\_

Name of Insurance Provider: \_\_\_\_\_

Who may we thank for referring you to our clinic? \_\_\_\_\_

### **MEDICAL HISTORY**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Angina  | <input type="checkbox"/> Osteoarthritis                                  | <input type="checkbox"/> Steroids                         |
| <input type="checkbox"/> Cancer  | <input type="checkbox"/> Osteoporosis                                    | <input type="checkbox"/> Surgery                          |
| <input type="checkbox"/> Cardiac Pacemaker                             | <input type="checkbox"/> Pregnant  | <input type="checkbox"/> Blood thinning medications       |
| <input type="checkbox"/> Any other heart problems<br>(past or present) | <input type="checkbox"/> Radiotherapy/Chemotherapy<br>(in past 6 months) | <input type="checkbox"/> Weight Loss (sudden, >10lb)      |
|  |  | <input type="checkbox"/> Change in bowel/bladder function |

### **OTHER SYMPTOMS**

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Abdominal Pain               | <input type="checkbox"/> Disk Problem        | <input type="checkbox"/> Menstrual              | <input type="checkbox"/> Varicose Veins |
| <input type="checkbox"/> Accident                     | <input type="checkbox"/> Headaches           | <input type="checkbox"/> Neck Pain              | <input type="checkbox"/> Whiplash       |
| <input type="checkbox"/> Allergies                    | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Nervous Tension        |   |
| <input type="checkbox"/> Anxiety                      | <input type="checkbox"/> Joint Ache          | <input type="checkbox"/> Numbness/Tingling      |   |
| <input type="checkbox"/> Arthritis                    | <input type="checkbox"/> TMJ Problems        | <input type="checkbox"/> Sciatica               |   |
| <input type="checkbox"/> Broken Bones                 | <input type="checkbox"/> Low Back Pain       | <input type="checkbox"/> Sleep disturbances     |   |
| <input type="checkbox"/> Circulatory/Vascular Disease | <input type="checkbox"/> Mid Back Pain       | <input type="checkbox"/> Sprains                |   |
| <input type="checkbox"/> Decreased range of motion    | <input type="checkbox"/> Upper Back Pain     | <input type="checkbox"/> Skin Conditions: _____ |   |
| <input type="checkbox"/> Diabetes                     | <input type="checkbox"/> Medications Y / N   |   |   |

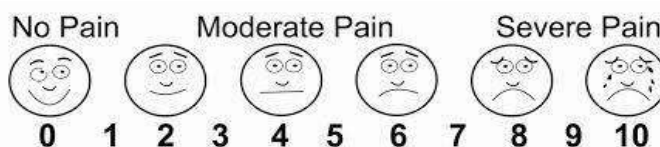
List of Medication: \_\_\_\_\_

### ***In regards to your current condition:***

Are you experiencing any pain at the moment? Y / N

If you answered "Yes", What is your main complaint & symptoms: \_\_\_\_\_

### ***Pain Scale: How severe are your symptoms out of 10?***



### **PHYSICAL ACTIVITIES**

☐ Running   ☐ Walking   ☐ Sports   ☐ Biking   ☐ Gym   ☐ Swimming   ☐ Yoga   ☐ Other

Other : \_\_\_\_\_



## **PHYSIOTHERAPY CONSENT FORM**

### **CONSENT FOR ASSESSMENT & TREATMENT**

I hereby consent to the assessment and treatment performed by the Registered Physiotherapist named below. I understand that my treatment plan will be discussed with me and treatment may include, but not limited to: education, electrotherapy, manual therapy, manipulation, acupuncture, intramuscular stimulation (IMS), and exercise. I understand that I should discuss any questions or concerns about my treatment with my physiotherapist and I have the right to decline any portion of the treatment at any time.

I understand that there are benefits and risks involved with physiotherapy treatment and that the response to treatment varies and cannot always be predicted as every individual is different. There is a risk that treatment will cause some discomfort or aggravations of the existing condition.

### **CONSENT FOR COMMUNICATION/RELEASE OF INFORMATION**

I understand that the clinical information gathered during the course of my treatment may be necessary to communicate with others involved in my medical care, such as doctors, insurers, and other healthcare practitioners. I authorise my physiotherapist named below to communicate with and release information concerning my medical care.

By providing your email, you consent to receiving appointment reminders, receipts and other communication from Center for Healthy Living.

### **CANCELLATION & NO SHOW POLICY**

Cancellations must be made a minimum of 24 hours prior to appointment. I agree to pay in full, charges for missed appointments or cancellations made less than 24 hours' notice.

I have read the above consent, and I have the opportunity to ask questions about its content. This consent will cover the physiotherapy assessment and entire course of treatment.

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Patient's Name (please print)

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Physiotherapist Name (Please print)

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Signature of Patient

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Date Signed