

5. Female Health/Menopause

Estrovera



Estrovera is clinically shown to dramatically reduce the number of daily menopausal hot flashes. It is clinically demonstrated to relieve a wide range of other menopausal symptoms including: Sleep disturbances Depressive mood, irritability, and anxiety Physical and emotional exhaustion Joint and muscle complaints Urinary tract symptoms Vaginal dryness Excellent safety profile supported by 2 years of clinical testing in perimenopausal women. Clinically effective dose in just 1 tablet daily.

Serving Size:

1 Tablet

Ingredient	Amount	Daily Value
Rhapontic Rhubarb <i>Rheum rhaponticum</i> L. Root? Extract (ERr 731?) [Providing 2	4 mg*	*

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (deionized water, cellulose acetate phthalate, glycerol triacetate, ammonium hydroxide, hypromellose, maltodextrin, and polyethylene glycol)

Directions: Take one tablet daily with breakfast with a glass of water or as directed by your healthcare practitioner.