



October 2025 Issue

Newsletter published monthly by Kunz Chiropractic

(402) 614-5677

Subluxations can be Lurking

Sometimes life is like a dark haunted house with dangers lurking around every corner, behind doors, and can pop out without notice. We have all been there where everything is going just fine and then out of nowhere something happens. Then we always ask the question of “why is this happening” or “what did I do?”



My guess is about 75% of the people that start in my office for many different reasons do not have a specific event that they can point to as to why their issue began.

They were just going

along in life trying to get through this haunted house and boom, something pops out and scars the dickens out of them. In reality, without regular checkups, we are all going along in the haunted house and just haven't been scared enough to get a reaction.

The stress that builds up from daily life can be similar to going through the haunted house where some stuff isn't scary and we are expecting it while others can be shocking or frightening. Both types of stress, the stress we expect from work or family or the unexpected stress will build up and eventually cause

problems. Making the subluxations just lurking around the corner.

The great news is that most people who utilize chiropractic care regularly seem to have less frightening events and have a map to get through the haunted house. They know what's around the corner and are able to react before something jumps out at them.

Then the next group of people utilize care when they need it only. When they get 'scared' enough they get a tune up to keep going. This plan is ok as long as you are ok with having some untimely issues that could hinder your daily life a bit.

Finally, there is the group of people that haven't experienced chiropractic yet. They have no clue that their nervous system needs attention and that every frightening event is putting a strain on their system. Furthermore, they must turn to pills, potions, and lotions to get through their daily life.



For most of you reading this you are part of the first group who has the map to the haunted house and can adapt well to the stress of daily life. I encourage you to share with the third group who haven't experienced what is possible for them yet. Thank you for trusting us to be your home for Chiropractic and you make our day great as much as we want to make your day great!

Contact Kunz Chiropractic to make an appointment

(402) 614-5677

<https://www.kunzchiropractic.com>

GIVING BACK CAMPAIGN

This month's recipient of our giving back campaign is Habitat for Humanity which is a favorite of Leeanna E.

During the month of October all new patients will receive a full exam and any x-rays needed for \$55. All the proceeds will be donated to Habitat for Humanity. Please help spread the word so we can raise as much as possible.



Habitat for Humanity is a movement of people in your local area and around the world, working together to build more prosperous and vibrant communities by making sure everyone has a decent, safe, affordable place to call home.



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Government funded insurance carriers not included.