

## FIBER SWEETENER

Herbalogica's FIBER SWEETENER is a sugar free, low calorie, soluble fiber supplement that tastes as sweet as sugar and provides multiple health benefits. FIBER SWEETENER provides 1500 mg of soluble dietary fiber per teaspoon and is made from natural plants extracts.

### **Benefits of Fiber Sweetener:**

- Is a sugar substitute that does not contain any artificial sweeteners, colors or flavors
- Improves digestion
- Candida friendly
- Adds a significant amount of necessary dietary fiber to diet

### **Suggested Use:** Use as a substitute for sugar

- In recipes not containing yeast
- To sweeten drinks
- On cereal

**Size Available:** 8.4 oz (80 servings)

**Shelf Life:** 3 years

### **Ingredients:**

- *LO HAN*
- *CHICORY ROOT*
- *ACACIA FIBER*

