



DATE (MM/DD/YY) :

PATIENT INFORMATION

NAME : _____ DATE OF BIRTH (MMDDYY) : _____

SEX : MALE FEMALE (PLEASE CIRCLE ONE)

ADDRESS : _____

POSTAL CODE : _____

PHONE / CELL : _____

OCCUPATION : _____ EMPLOYER : _____

PREVIOUS FAMILY CHIROPRACTOR : _____ DATE LAST SEEN : _____

FAMILY PHYSICIAN : _____

REFERRED BY: INTERNET / FAMILY / FRIEND / OTHER _____

OFFICE USE :

DIAGNOSIS / CC :

PH : TRAMA

SURGERY / ILLNESS

LBP

HA

FAMILY HX :

MEDS :



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STANDING:

Forward flexion
 Heel Stand ____/____
 Toe Stand ____/____
 S.I. ____/____
 Lumbar Kemps L ____ R ____

GAIT ANALYSIS:

SENSATION/MOTOR:

Arm/Hand L ____ R ____ B.P. _____
 Leg/Foot L ____ R ____

REFLEXES/MOTOR:

B(5.6) ____/____ T(6.7.8) ____/____
 BR (5.6) ____/____ P (2.3.4) ____/____
 Ant.Tib (5) ____/____ Plantar Flex (1) ____/____
 H (4.5.1.2) ____/____ Ach (1.2) ____/____

C/S:

ACTIVE ROM

Comp _____ Traction _____
 L ____/____ R ____ Kemps L ____/____ R ____

SHOULDER: _____

ELBOW/WRIST/HAND: _____

SUPINE:

SLR L ____/____ R Braggard's L ____/____ R
 Valsalva
 Fig. 4 L ____/____ R Leg Length
 SI Comp L ____/____ R

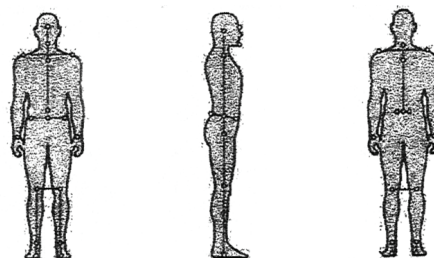
KNEE: _____

ANKLE/FOOT: _____

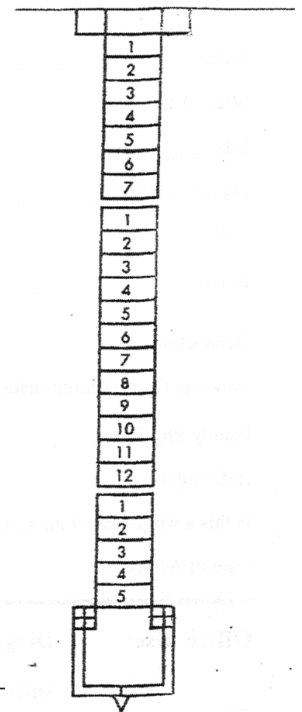
PRONE:

T/S and L/S Palp. _____

Posture Analysis



SUBLUXATION CHART





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HABITS AND LIFESTYLE

Do you smoke: yes _____ no _____

Do you consume alcohol: yes _____ no _____

Do you exercise: yes _____ no _____

Indoor activities: _____

Outdoor activities: _____

Do you wake rested? yes _____ no _____

Rate your sleep, hours per night: 4-6 6-8 8-10 12+

Rate your appetite: poor fair mediumgood excellent

Rate your diet: poor fair mediumgood excellent

Do you eat regularly (please circle all that apply): Breakfast Lunch Dinner

How many meals per day? 1 2 3 4+

Date of last dental exam: _____

Date of last physical exam: _____

Falls / Accidents - please list: _____

Surgery / Operations - please list: _____

Do you take vitamins / minerals / supplements ? - please list: _____

Medications / Drugs currently taking - please list: _____

Have you been hospitalized in the last 12 months? yes _____ no _____

List reason: _____

Any new family health conditions/problems: yes _____ no _____

Please explain: _____



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PATIENT PAST HISTORY FORM

Please X the appropriate line for any of the following symptoms which you have now or have had previously.

O = Occasional F = Frequent C = Constant

O F C

- allergy, chills, convulsions, dizziness, fainting, fevers, headaches, loss of sleep, nervousness, depression, neuralgia, numbness, sweats, loss of weight, tremors

MUSCLE AND JOINT

- arthritis, bursitis, foot trouble, hernia, low back pain, neck pain, neck stiffness, pain between shoulders

RESPIRATORY

- chest pain, chronic cough, difficulty breathing, spitting blood, throat phlegm, wheezing

EYES, EARS, NOSE AND THROAT

- frequent colds, crossed eyes, deafness, dental decay, asthma, ear aches, ear discharge, ear noises, sinus infection, enlarged glands

O F C

- enlarged thyroid, sore throat, tonsillitis, eye pain, failing vision, far sighted, gum trouble, hay fever, hoarseness, nasal obstruction, near sighted, nosebleeds

CARDIO-VASCULAR

- rapid heart beat, slow heart beat, swelling ankles, hardening arteries, high blood pressure, low blood pressure, pain over heart, poor circulation

GASTRO INTESTINAL

- excessive hunger, burping/gas, liver trouble, colitis, colon trouble, constipation, diarrhea, difficult digestion, distension of abdomen, stomach pain, gall bladder problems, hemorrhoids, intestinal worms, jaundice, poor appetite, nausea, vomiting, vomit blood

SKIN

- boils, bruise easily, dryness

O F C

- hives/allergy, itching, skin rash, varicose veins

GENITO-URINARY

- bed wetting, blood in urine, frequent urination, urine control loss, kidney infection, painful urination, prostrate trouble, pus in urine, smell of urine

PAIN OR NUMBNESS IN:

- shoulders, arms, hands, hips, legs, knees, ankles, feet, painful tail bone, sciatica, swollen joints

FOR WOMEN ONLY

- cramps, heavy flow, light flow, irregular cycle, painful cycle, discharge, sore breasts

MENOPAUSAL: yes _____ no _____

Last menstruation date: _____

Pregnant (please circle one): yes no

Due Date: _____



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PRECONSULTATION GENERAL HEALTH QUESTIONNAIRE

Please check one of the following:

- 1. No problems at this time - would like a check-up.
- 2. I have a specific problem and I want to correct it and learn how to prevent it from happening in the future.
- 3. I have a specific problem and I want it corrected, nothing else.

Please answer the following questions:

4. What is your major complaint? _____

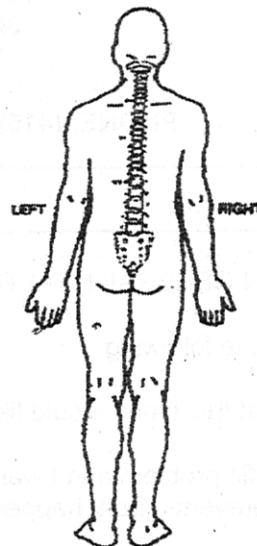
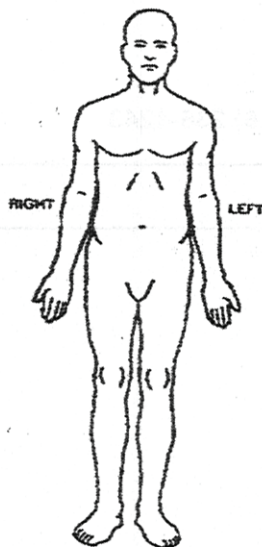
5. How long have you had this complaint? _____

6. How long has it been since you felt really well? _____

7. What do you believe is wrong with you? _____

8. Please mark areas of pain or injury on the illustration below and give a word description of the symptoms you are experiencing in those areas:

MARK AREAS OF PAIN



BURNING

STABBING

SHARP

DULL

TINGLING

NUMBNESS

STIFF

ACHE

THROBBING



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PRECONSULTATION GENERAL HEALTH QUESTIONNAIRE (continued)

9. Is your condition: Getting better Getting worse Other

10. Is your condition: Constant Comes and goes

11. Is the intensity of your pain: Mild Moderate Severe

12. Does the condition radiate to other areas of your body? NO YES Where?

13. What makes you feel worse:

- Sitting
- Walking
- Working
- Rest
- Standing
- Stairs
- Sneeze/Cough
- Medication
- Bending
- Driving
- Bowel movement
- Lifting
- Lying down
- Other _____

14. Any previous chiropractic care? NO YES Who/ Where? _____
When? _____

15. Sleep posture: Side Stomach Back

Other comments: _____

