

## Personal and Family Health History

Date \_\_\_\_\_

Name \_\_\_\_\_ Social Security \_\_\_\_\_  
Address \_\_\_\_\_ Occupation \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Employer \_\_\_\_\_  
Phone: (H): \_\_\_\_\_ (C): \_\_\_\_\_ Marital Status: S M D W  
E-mail \_\_\_\_\_ Spouse's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Spouse's Occupation \_\_\_\_\_  
Referred by: \_\_\_\_\_ Previous Chiropractic Care: Yes \_\_\_ No \_\_\_

On a scale of 1 to 10, how important is your health? \_\_\_\_\_

What is your primary health and life goal? \_\_\_\_\_

5 years from now? \_\_\_\_\_

### Number of Children and Ages

### Previous Chiropractic care?

Name \_\_\_\_\_ Age \_\_\_\_\_ Yes \_\_\_ No \_\_\_ Reason \_\_\_\_\_  
Name \_\_\_\_\_ Age \_\_\_\_\_ Yes \_\_\_ No \_\_\_ Reason \_\_\_\_\_  
Name \_\_\_\_\_ Age \_\_\_\_\_ Yes \_\_\_ No \_\_\_ Reason \_\_\_\_\_

You deserve to be healthy. Life is a miracle and so are you. When you were created, you were given all the blueprints, intelligence, tools, and systems to live an active healthy life. Unfortunately, your health can be interfered through accidents and challenges that cause a disruption to your health expression. Through your examination and through your involvement in chiropractic care, we will work to remove these interferences to your natural health expression so that you can live the quality of life you deserve.

|                                     | Patient | Spouse | Child #1 | Child #2 | Child#3 | Chiropractor's<br>Comments |
|-------------------------------------|---------|--------|----------|----------|---------|----------------------------|
| <b>Circle all that apply</b>        |         |        |          |          |         |                            |
| <b>1. Was your birth Traumatic?</b> |         |        |          |          |         |                            |
| Long Delivery?                      | Y       | Y      | Y        | Y        | Y       | _____                      |
| Difficult Delivery?                 | Y       | Y      | Y        | Y        | Y       | _____                      |
| Forceps?                            | Y       | Y      | Y        | Y        | Y       | _____                      |
| Caesarian?                          | Y       | Y      | Y        | Y        | Y       | _____                      |
| Breech/cephalic?                    | Y       | Y      | Y        | Y        | Y       | _____                      |
| <b>2. Growth and Development</b>    |         |        |          |          |         |                            |
| Did you ever once.....              |         |        |          |          |         |                            |
| Learn to care for your spine?       | Y       | Y      | Y        | Y        | Y       | _____                      |
| Fall out of bed?                    | Y       | Y      | Y        | Y        | Y       | _____                      |
| Bang your head?                     | Y       | Y      | Y        | Y        | Y       | _____                      |
| Breastfeed?                         | Y       | Y      | Y        | Y        | Y       | _____                      |
| Have childhood sickness?            | Y       | Y      | Y        | Y        | Y       | _____                      |
| Have any accidents?                 | Y       | Y      | Y        | Y        | Y       | _____                      |

|                                |   |   |   |   |   |  |
|--------------------------------|---|---|---|---|---|--|
| Have surgery?                  | Y | Y | Y | Y | Y |  |
| Fall while learning to walk?   | Y | Y | Y | Y | Y |  |
| Bullied by your siblings?      | Y | Y | Y | Y | Y |  |
| Chair pulled out when sitting? | Y | Y | Y | Y | Y |  |
| Fall down stairs?              | Y | Y | Y | Y | Y |  |
| Pulled by your arm?            | Y | Y | Y | Y | Y |  |
| Experience other trauma?       | Y | Y | Y | Y | Y |  |

**Patient   Spouse   Child #1   Child #2   Child #3   Chiropractor's Comments**

### Circle all that apply

### 3. Current Health Habits

|   |   |   |   |   |   |  |
|---|---|---|---|---|---|--|
| Did/ do you...                          |   |   |   |   |   |  |
| Smoke/Use tobacco products?             | Y | Y | Y | Y | Y |  |
| Drink alcohol/Take Drugs?               | Y | Y | Y | Y | Y |  |
| Diet (do you eat healthy foods?)        | Y | Y | Y | Y | Y |  |
| Drink water, how many glasses?          | Y | Y | Y | Y | Y |  |
| Exercise regularly?                     | Y | Y | Y | Y | Y |  |
| Have teeth problems?                    | Y | Y | Y | Y | Y |  |
| Have eye problems?                      | Y | Y | Y | Y | Y |  |
| Have hearing problems?                  | Y | Y | Y | Y | Y |  |
| Have sleeping problems?                 | Y | Y | Y | Y | Y |  |
| Have occupational stress?               | Y | Y | Y | Y | Y |  |
| Have physical stress?                   | Y | Y | Y | Y | Y |  |
| Have mental stress?                     | Y | Y | Y | Y | Y |  |
| Have hobbies/sports injuries?           | Y | Y | Y | Y | Y |  |
| Sleeping posture: side – stomach – back |   |   |   |   |   |  |

### 4. Current Health Condition

Present complaint (be brief) / Reason for your visit today? \_\_\_\_\_

Pain or Problem started on \_\_\_\_\_

Pains are: ☐ Sharp ☐ Dull ☐ Constant ☐ Intermittent

Does your pain radiate (travel)? \_\_\_\_\_

What aggravates your condition/pain? \_\_\_\_\_

Is condition worse during certain times of the day? \_\_\_\_\_

Is this condition interfering with work? \_\_\_\_\_ Sleep? \_\_\_\_\_ Routine? \_\_\_\_\_ Other? \_\_\_\_\_

Is this condition getting progressively worse, better, or staying the same? \_\_\_\_\_

Other Doctors seen for this condition \_\_\_\_\_

Any home remedies? \_\_\_\_\_

### 5. Other Past Health Conditions And/Or Symptoms

- |  |   |   |   |
|--|---|---|---|
| <input type="checkbox"/> Headaches       | <input type="checkbox"/> Muscular In coordination | <input type="checkbox"/> Prostate Problems  | <input type="checkbox"/> Depression         |
| <input type="checkbox"/> Neck Pain       | <input type="checkbox"/> Visual Disturbances      | <input type="checkbox"/> Abnormal Weight    | <input type="checkbox"/> Light Bothers Eyes |
| <input type="checkbox"/> Upper Back Pain | <input type="checkbox"/> Dizziness                | Gain/Loss                                   | <input type="checkbox"/> Loss of Memory     |
| <input type="checkbox"/> Lower Back Pain | <input type="checkbox"/> Loss of Balance          | <input type="checkbox"/> Loss of Appetite   | <input type="checkbox"/> Ears Ring          |
| <input type="checkbox"/> Shoulder Pain   | <input type="checkbox"/> Nervousness              | <input type="checkbox"/> Abdominal Pain     | <input type="checkbox"/> Fever              |
| <input type="checkbox"/> Irritability    | <input type="checkbox"/> Elbow/Upper Arm Pain     | <input type="checkbox"/> Ulcer              | <input type="checkbox"/> Fainting           |
| <input type="checkbox"/> Wrist pain      | <input type="checkbox"/> High Blood Pressure      | <input type="checkbox"/> Hepatitis          | <input type="checkbox"/> Loss of taste      |
| <input type="checkbox"/> Hand Pain       | <input type="checkbox"/> Heart Attack             | <input type="checkbox"/> Liver/Gall Bladder | <input type="checkbox"/> Diarrhea           |
| <input type="checkbox"/> Chest Pains     | <input type="checkbox"/> Hip/Upper Leg Pain       | Disorder                                    | <input type="checkbox"/> Feet Cold          |
| <input type="checkbox"/> Stroke          | <input type="checkbox"/> Knee/Lower Leg Pain      | <input type="checkbox"/> Cancer             | <input type="checkbox"/> Hands Cold         |

- |  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> Ankle/Foot Pain   | <input type="checkbox"/> Angina                   | <input type="checkbox"/> Tumor                  | <input type="checkbox"/> Stomach Upset   |
| <input type="checkbox"/> Jaw Pain          | <input type="checkbox"/> Kidney Stones            | <input type="checkbox"/> Asthma                 | <input type="checkbox"/> Constipation    |
| <input type="checkbox"/> Kidney Disorders  | <input type="checkbox"/> Joint Swelling/Stiffness | <input type="checkbox"/> Pins & Needles in legs | <input type="checkbox"/> Loss of Balance |
| <input type="checkbox"/> Arthritis         | <input type="checkbox"/> Bladder Infection        | <input type="checkbox"/> Pins & Needles in arms | <input type="checkbox"/> Buzzing         |
| <input type="checkbox"/> Painful Urination | <input type="checkbox"/> Rheumatoid Arthritis     | <input type="checkbox"/> Numbness in fingers    |  |
| <input type="checkbox"/> General Fatigue   | <input type="checkbox"/> Loss of bladder control  | <input type="checkbox"/> Numbness in Toes       |  |

## 5. Other Past Health Conditions And/Or Symptoms (cont'd)

What is your height? \_\_\_\_\_ Weight? \_\_\_\_\_

Have you been under medical and/or drug care?

\_\_\_\_\_

Do you have a primary care physician? Who?

\_\_\_\_\_

What medications are you taking?

\_\_\_\_\_

What side effects have you experienced from the medications and/or surgery?

\_\_\_\_\_

Do you take vitamins or supplements?

\_\_\_\_\_

## 6. Further Family History:

|              | Heart Disease            | Arthritis                | Cancer                   | Diabetes                 | Other _____              |
|--------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Fathers Side | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Mothers Side | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Insurance Information: (Please present your card to be copied)

What insurance do you have?

Is a referral required?

What is your co-payment?

## Assignment of Benefits

I irrevocably assign to Dr. Emil A. Tocci, IV all my rights and benefits under any insurance contracts for payment services rendered to me by Dr. Emil A. Tocci, IV. I irrevocably authorize all information regarding my benefits under any insurance policy relating to any claims by Dr. Tocci to be released to him. I irrevocably authorize Dr. Emil A. Tocci, IV to file insurance claims on my behalf for services rendered to me. I irrevocably direct that all such payments go directly to Dr. Tocci. I irrevocably authorize Dr. Emil A. Tocci, IV to act in my behalf and report any suspected violations of proper claims practices to the proper regulatory authorities. This assignment of benefits has been explained to my full satisfaction and I understand its nature and effect. I understand that I am personally responsible for payment for all services rendered in accordance with the regulations of New York.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

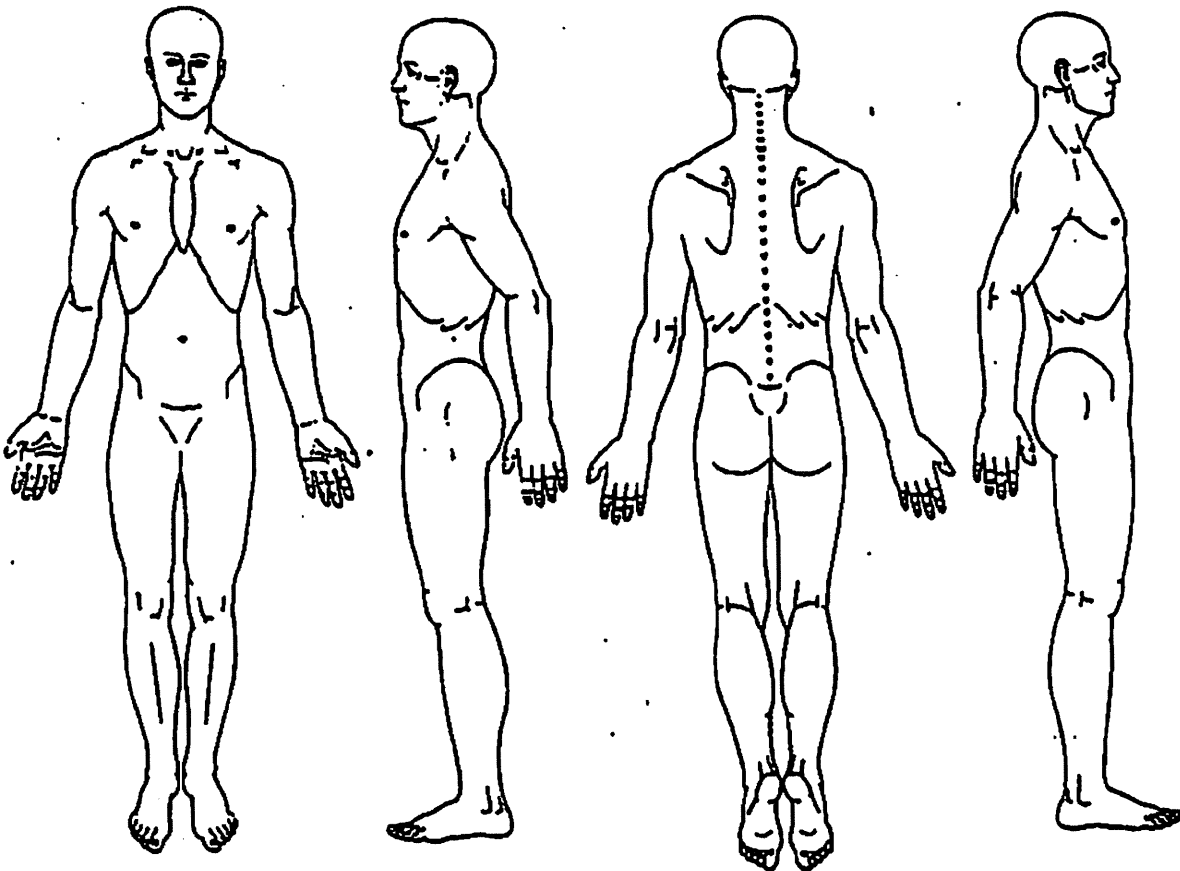
# PAIN DRAWING

DATE \_\_\_\_\_

NAME \_\_\_\_\_

Please use the following descriptive symbols on the body outlines below to describe the location of your problem. In addition, mark the level of your pain on the pain line at the bottom of the page.

| Ache | Burning | Numbness | Pins & Needles | Stabbing | Other |
|------|---------|----------|----------------|----------|-------|
| MM   | ====    | 0000     | .....          | //////// | XXXX  |
| MM   | ==      | 00       | .....          | ////     | XXX   |



No Pain |-----| Worst Possible Pain

Please make a slash through this line as to the level of your pain.

## Terms of Acceptance

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective.

Chiropractic has only one goal. It is important that each patient understands both the objective and the method that will be able to attain it. This will prevent any confusion or disappointment.

**Adjustment:** An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxations. Our chiropractic method of correction is by specific adjustments of the spine.

**Health:** A state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity.

**Vertebral Subluxation:** A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal evaluation, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. **OUR ONLY PRACTICE OBJECTIVE** is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxations.

I, \_\_\_\_\_ have read and fully understand the above statements.  
(Print name)

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction.

I therefore accept chiropractic care on this basis.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

***Emil A. Tocci, D.C., CCWP, CCSP, CCN***

3089 Lawson Blvd.

Oceanside, N.Y. 11572

(516) 766-1717

***NOTICE OF PRIVACY PRACTICES  
PATIENT ACKNOWLEDGEMENT***

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

I have received this practice's Notice of Private Practices written in plain language. The notice provides in detail the uses and disclosures of my protected health information that may be made by this practice, my individual rights, how I may exercise these rights, and the practice's legal duties with respect to my information.

I understand that this practice reserves the right to change the terms of its Notice of Private Practices, and to make changes regarding all protected health information resident at, or controlled by this practice. I understand I can obtain this practice's current Notice of Privacy Practices on request.

Signature: \_\_\_\_\_

Relationship to patient (if other than self): \_\_\_\_\_

Date: \_\_\_\_\_