

# Shaw Chiropractic Clinic

## COVID-19 Guidance and Protocols

At Shaw Chiropractic Clinic your safety is of paramount importance. We have spent the time during lockdown researching and preparing the clinic for re-opening. As a result, you will notice a few changes around the clinic and also changes to our operating procedures.

### Watch for COVID-19 symptoms and please reschedule if:

- You are experiencing any signs and symptoms of COVID-19 (temperature, cough, sore throat, tiredness/fatigue, loss of taste or smell)
- If you have been exposed to anyone with suspected or diagnosed COVID-19 in the last 14-21 days.
- If you have worked or attended a clinic facility treating COVID-19 in the last 14-21 days.

**We will either ask you to answer a COVID-19 risk factor questionnaire or we will ask the questions over the phone.**

### Payments

We will ask all patients to pay for their appointments at the time of booking in order to reduce time spent within the clinic. This will also reduce physical contact.



### Appointment Times

We will reduce patient appointments in order to leave time between them for disinfecting surfaces.



### Clothing

Please wear light accessible clothing so that you can be examined/treated without needing to change into a gown. There may still be a need to change so do please make sure that you are suitably dressed at appointments just in case. All new patient, returning patient and re-examination appointments will still need to undress. If you would like to bring your own dressing gown, please do – we will not be providing dressing gowns.



Please do not wear belts as these rip the couch leather.



During this time, please ensure you bring your own towel for use on the bench (min 1x large) as we are required to use paper only.



### Masks

If you have access to a face mask, it would be preferable for these to be worn. If not, then please use a scarf as a face covering.



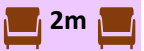
### Accessories

Please leave all accessory items at home or in your car/bag (e.g. watches and jewellery).



### Please Do Not Arrive Early

Please do not arrive too early. Wait in your car allowing enough time to arrive at the clinic at your appointed time. If for some reason you have to sit in the waiting room, please ensure you leave 2m social distance. Please be patient if you are kept waiting.



### Family & Friends

Please do not bring anyone (family or friends) to your appointment unless you require a chaperone.



### Do Not Touch

Please do not touch any surfaces within the clinic such as desks or door handles unless absolutely necessary.



### Wash Your Hands

Please wash your hands thoroughly before leaving home/work. When you arrive for your appointment please use the sanitizer provided to clean your hands before entering the clinic.



### Toilet Facilities

Please notify the chiropractor or reception staff if you need to use the toilet facilities so that we can disinfect all surfaces in that area.

