

MEDICAL HISTORY

Do you suffer from any **illness or disease**? YES / NO

If yes, please describe: _____

Are you taking any **medications**? YES / NO

If yes, please describe: _____

Have you had any **surgeries / operations**? YES / NO

If yes, please describe: _____

Have you had any major accidents, resulting in **broken bones or dislocations**? YES / NO

If yes, please describe: _____

Is there family history of illness such as **heart disease, stroke, high/low blood pressure, diabetes or cancers**?

YES / NO If yes, please describe: _____

Are you a smoker? YES / NO If yes, how many per day _____

Do you regularly consume alcohol? YES / NO If yes, how many per day _____

Do you suffer from any of the following illnesses? (please tick)

- | | |
|--|--|
| <input type="checkbox"/> Headaches / Migraines | <input type="checkbox"/> Dizziness / Lightheaded |
| <input type="checkbox"/> Fainting / Seizures | <input type="checkbox"/> Vertigo |
| <input type="checkbox"/> Numbness in arms or legs | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Kidney problems | <input type="checkbox"/> Heart conditions |
| <input type="checkbox"/> High / Low blood pressure | <input type="checkbox"/> Stomach problems |
| <input type="checkbox"/> Bladder problems | <input type="checkbox"/> Irritable bowel |
| <input type="checkbox"/> Constipation and/or diarrhoea | <input type="checkbox"/> Pain at night |
| <input type="checkbox"/> Night sweats / Fever | <input type="checkbox"/> Jaw pain |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Unexplained weight loss |

SIGNATURE: _____

DATE: _____