RASSEL-DAIGNEAULT

PATIENT APPLICATION FORM

WELCOME and THANK YOU for applying as a patient in our clinic. We are a very unique team specializing in researched-based spinal and postural rehabilitation. These methods have enabled our patients to achieve their optimal health; even when many other systems have failed. Because of this specialized approach, we may not accept you as a patient until we are absolutely certain we know the cause of your condition, that we can perform the necessary tests to establish an optimal rehab program for you, and are completely confident we can help you recover your health. Please know if we do accept you as a patient, we will then make specific recommendations based upon our understanding that your health will become your TOP PRIORITY. Thank you again for applying as a patient in our clinic.

PATIENT NAME
DATE COMPLETED

Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including but not limited to hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as an "arterial dissection" that typically is caused by a tear in the inner layer of the artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. The best available scientific evidence supports the understanding that chiropractic adjustment does not cause a dissection in a normal, healthy artery. Disease processes, genetic disorders, medications, and vessel abnormalities may cause an artery to be more susceptible to dissection. Strokes caused by arterial dissections have been associated with over 72 everyday activities such as sneezing, driving, and playing tennis.

Arterial dissections occur in 3-4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately a percentage of these patients will experience a stroke.

The reported association between chiropractic visits and stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments. For comparison, the incidence of hospital admission attributed to aspirin use from major GI events of the entire (upper and lower) GI tract was 1219 events/ per one million persons/year and risk of death has been estimated as 104 per one million users.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Patient Name:	Signature:	Date:	
Parent or Guardian:	Signature:	Date:	
Witness Name:	Signature:	Date:	

In Case of Emergency

Name									R	elatio	onshi	р							
Work Phone	Ţ)																	
Home Phone	()			-1														
Cell Phone	()		38															
Insurance		4 		**															
We may accept cases where be agree to submit paid for the ser obligation for pa	nefits a any pa vices re	re not as syments r epresente	signable or in eceived along ed by said pay	any ca with t	ase the	e wh e ex	here s oplana	your ation	bene of be	fit is enefit	proc ts to	essed this d	l directl linic wi	y to y thin 1	ou reg 0 days	ardles: of rec	s of a eipt	assignr unless	nent, yo you hav
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ITEMIZED RI Our fees and cho does not partici provided. You v related charges personal record	arges a pate w will be o that y	re based o ith any in given a re	on the cost of surance provi ceipt with a d	doing l ider or descript	r ac otio	ccep on oj	ot suc f serv	ch an vices	assig recei	nme ved, i	nt. F more	atier com	its are r monly r	espon eferre	sible fo ed as a	or pay "supe	meni rbill",	t of an	y service I with th
DECLARATION I clearly understinsurance carries are strictly as a reimbursement unpaid balances. I understand the services?	tand ther and reconvent of serves. Any the	nyself. If ience to i ices, but monies re Id be som	this office cho me. The docto I understand eceived will be	ooses tor's off that in credit	to k ffice nsui ited	bill a e wi ırand d to	any si ill pro ice ca my a	servic ovide arriers accou	es to any i s may int.	my i neces / den	nsura ssary y my	repo clain	carrier t rts or re ns and t	hat the quire hat I a	ney are d infor am ulti	perfo matio mately	rmin n to / resp	g these aid in i oonsib	e service nsuranc le for an
Patient's Signati													Date	**	_/	/_			
Signature of Per		N a n	1.3																
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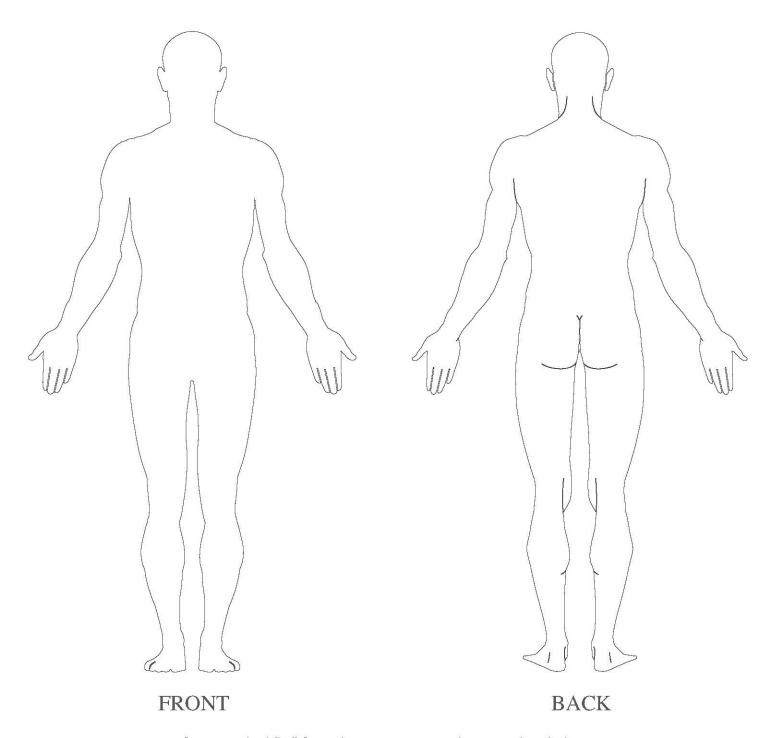
Patient Information

Name:	(Age)	Gender: M F
Home Address:	Home Phone: () :
City, State, Zip:	Work Phone: () =
Email Address:	Cell Phone: ()
Birth Date: / / Social Security #:	Marital Status: S	M D W
Occupation: Em	ployer Name:	
Spouse's Name: Work Phone: ()	Cell Phone: ()
Spouse's Employer:	_ Occupation:	
How were you referred to this office?		
Purpose For This Visit		
Reason for this visit:		
Is this related to an accident or specific injury (other than auto or work-related) *If your symptoms are the result of an auto accident or work-related injury, please ask t	he front-desk person for the correspondi	3,500 3,45 9
Describe:		
Please use the General Symptoms Chart on the next page to provide a detailed		
When did these symptoms begin?/ / Are they: □ C		
	⟨ □ Sleep □ Hobbies □ Daily	Routine
Explain:		
What activities aggravate your symptoms?		
Is there anything that relieves your symptoms? Yes No If yes, explain		
Have you experienced these symptoms before (if not accident/injury related)?	☐ Yes ☐ No	
If yes, explain:	I2 / /	
Have you been treated for this?	ed?//	
Who did you see?		
What treatment was performed?		
How did you respond?		
Experience with Chiropractic		
Have you seen a Chiropractor before? ☐ Yes ☐ No Who?		
Reason for visit(s):		
Did your previous chiropractor take 'before' and 'after' x-rays?		
Did he or she recommend a specific course of treatment? Yes No Di	AND DESTINATION AND PROPERTY BROWN TO STREET STREET, DOCUMENTS	
If yes, what? How long were your		
How did you respond?		
Are you aware of any poor posture habits? Yes No Is there any h		ilv? □ Yes □ No
If yes, explain:	gen y some as the minimal of the arrest violation of the property of the prope	A STATE STATE OF STATE S
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GENERAL SYMPTOMS CHART

Please use the following notations on the figures below to indicate the type and location of your symptoms, as it relates to the purpose of your visit today.

A = ACHE G = STABBING N = NUMBNESS B = BURNING M = SPASMS T = TINGLING P = PINS & NEEDLES F = STIFFNESS O = OTHER



If you marked "O" for Other on any part, please explain below:

Family Health History

Have any of your family members ever been diagnosed with the following (please indicate "Y" for You, and "O" for Other than you, or both if applicable): Diabetes Varicose Veins **Neurological Problems** Lung Disease Heart Murmur Rheumatic fever Circulatory Problems Stroke High Blood Pressure Heart Disease Cancer Osteoporosis Kidney Disease **Paralysis** Migraine Headaches Arthritis Liver Disease Metal Implants Infectious Disease Gall Bladder Broken bones/fractures Appendectomy Tonsillectomy Hernia Pneumonia/Bronchitis Polio Tuberculosis Anemia Whooping Cough Chicken Pox/Shingles Mumps Measles Thyroid Problems Small Pox Influenza Pleurisy Blood Sugar Problems ____ Epilepsy/Seizures __ Eczema/Psoriasis __ Lumbago Other: Do you have any children? Names Pregnancy Release This is to certify that to the best of my knowledge I am not pregnant and the above doctor and his associates have my permission to perform an x-ray evaluation. I have been advised that x-ray can be hazardous to an unborn child. Date of last menstrual cycle: / / Patient's Signature — **Authorization of Care** I authorize and agree to allow the doctor and/or his designated staff to work with my spine or the spine of the charge I represent through the use of spinal adjustments and rehabilitative exercises for the sole purpose of postural and structural restoration of normal bio-mechanical and neurological function. I understand that I am responsible for all fees incurred for the services provided, and agree to ensure full payment of all charges. The Doctor and/or his staff will not be held responsible for any health conditions or diagnoses which are pre-existing, given by another healthcare practitioner, or are not related to the spinal structural conditions diagnosed at this clinic. I also clearly understand that if I do not follow the doctors and/or staff's specific recommendations at this clinic that I will not receive the full benefit from these programs; and that if I terminate my care prematurely that all fees incurred will be due and payable at that time. Patient's Signature Patient's Name Printed If patient is a legal charge of limited capacity requiring guardianship for treatment, please complete the following: Date Guardianship Awarded County, State of Guardianship I hereby authorize the doctor to administer care as deemed necessary to my charge as appointed to by the courts. Guardian Signature **Notice of Privacy Practices Acknowledgment** I acknowledge that I was presented with a copy or waived the right to a copy, of the Notice of privacy Practices of IN8 P.C. Our Notice of Privacy practices provides information about how we may use and disclose your protected health information. We encourage you to read it in full. Our Notice of Privacy Practices is subject to change. The most current Notice of Privacy Practices will be placed on display in the office at all times. You may obtain additional copies of our most current notice by requesting it from our privacy official, Jean-Guy Daigneault D.C. **Protected Health Information** I understand that treatment is rendered in an "open adjusting" area, where other patients are also being treated. I am aware other patients in the office may overhear some of my protected health information during the course of my care. Should I need to speak to the doctor and/or staff privately, the opportunity will be given for a private conversation.

QUADRUPLE VISUAL ANALOGUE SCALE

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			he number t				40					
lote:	If you l	have more aint. Pleas	e than one co se indicate yo	omplaint, our pain le	please ans evel right	swer each q now, averag	uestion for e pain, and	each indi I pain at it	vidual com s best and	iplaint and worst.	lindicate	the score for each
xample:	ole: Headache Neck Low Back											
Vo Pain	0	1	2	3	4	(5)	6	7	8	9	10	Worst possible pain
	1- W	hat is you	ır pain RIG	HT NOW								
No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst possible pain
Io Pain	2- W	hat is you	ır TYPICAI	or AVER	RAGE pai	n						Worst possible pair
	0	1	2	3	4	5	6	7	8	9	10	
	3- W	hat is you	ır pain level	AT ITS E	BEST (Ho	w close to "	0" does ye	our pain g	et at its be	st)?		
To Pain	0	1	2	3	4	:5	6	7	8	9	10	Worst possible pai
	4- W	hat is you	ır pain level	AT ITS V	VORST (1	How close t	o "10" do	es your pa	in get at il	s worst)?		
No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst possible pai
)THER	COM	IMENT	'S:									

Health & Life	style								
Do you exercise?	☐ Yes	□ No	How often?	day(s) per week; Other:					
What activities?	☐ Walki	ng □Ru	nning/Jogging 🗖 \	Neight Training □ Cycling □ Yo	oga 🗆 Pilates 🗅 Swimming 🗅 Other:				
Do you smoke?	☐ Yes	□ No	How much? / Ho	ow often?					
Do you drink alcohol?	☐ Yes	□ No	How much? / Ho	ow often?					
Do you drink coffee?	☐ Yes	□ No	How much? / Ho	ow often?					
Do you take any supple	ements (i.e	. vitamin	s, minerals, herbs)	?					
If yes, please list:									
Health Condi									
ultimately causing w	eakness a sture lead	ınd disto ds to chr	rtion to ALL the a onic pain, diseas	reas of the spine. These disto se and possibly a shortened I	the vertebrae or sections of the spine will spread prioritions are reflected in abnormal posture. Research life span. Please answer the following question				
	individua tions in o	l verteb ther area			e (neck) originating in the neck or a compensation litions. Have you experienced any of these				
Please indicate (N) =	= Now, (P) = Past i	next to all condit	ions you've experienced or b	oth if applicable.				
Neck Pain			5 	Headaches	Sinusitis				
Pain in shou	lders/arms	/hands	e—	Dizziness	Allergies/Hay fever				
Numbness/tingling in arms/hands				Visual disturbances	Recurrent colds/Flu				
Hearing dist	urbances		=	Coldness in hands	Low Energy/Fatigue				
Weakness in	grip		1 	Thyroid conditions	TMJ/Pain/Clicking				
Please explain:									
	individua postural o	ıl verteb distortio	rae or distortion on the reas		upper back) originating in the upper back or a any health conditions. Have you experienced any				
Please indicate (N) =	= Now, (P) = Past i	next to all condit	ions you've experienced or b	oth if applicable.				
Heart Palpit	ations		-	Recurrent Lung Infections/B	ronchitis				
Heart Murmurs				Asthma/Wheezing					
Tachycardia)—	Shortness Of Breath					
Heart Attack	s/Angina		1 1	Pain On Deep Inspiration/Ex	piration				
Please explain:									
42									
									
2									

^{1.} Postural and Degenerative Kyphosis: Freeman JT. Posture in the Aging and Aged body. JAMA 1957, Oct 19: 843-846.

Health Conditions continued...

THORACIC SPINE (MID BACK)

Misalignment of the individual vertebrae or distortion of the mid thoracic curve (mid back) originating in mid back or a compensation from postural distortions in other areas of the spine may result in many health conditions. Have you experienced any of these symptoms presently or in the past?

Please indicate (N) = Now, (P) = Past next to	all conditions you've experienced or both if applic	able.		
Mid Back Pain	Nausea	Diabetes		
Pain in Ribs/Chest	Ulcers/Gastritis	Hypoglycemia/Hyperglycemia		
Indigestion/Heartburn	Reflux			
Tired/Irritable after eating or when not	having eaten for a while			
Please explain:				
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2				
	listortion of the lumbar curve (low back) originating spine may result in many health conditions. Have			
Please indicate (N) = Now, (P) = Past next to	all conditions you've experienced or both if applic	able.		
Pain in hips/legs/feet	Weakness/injuries in hips/knees/ankles	Low back pain		
Numbness/tingling in legs/feet	Recurrent bladder infections	Coldness in legs/feet		
Frequent/difficulty urinating	Muscle cramps in legs/feet	Sexual dysfunction		
Constipation/Diarrhea	Menstrual irregularities/cramping (females)			
OTHER Please list any health conditions not mentioned:				
Please list any medications (include name, dose, fo	or what condition, and how long you've been taking it): _			
-				
Please list any surgeries (include type of surgery ar	nd date it was performed):			
.				

ACTIVITIES OF LIFE

Patient's Name:						HR#
Please identify how yof your life:	our o	current conditi	on is a	affecting your abil	ity to carry out activit	ies that are routinely par
ACTIVITIES				EFFECT	8	·
CARRYING GROCERIES		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
LIFTING GROCERIES		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
SIT TO STAND		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
CLIMBING STAIRS		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
PET CARE		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
DRIVING		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
EXTENDED COMPUTER USE		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
LIFTING CHILDREN		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
READING/ CONCENTRATION		NO EFFECT		PAINFUL (CAN DO)	☐ PAINFUL (LIMITS)	UNABLE TO PERFORM
BATHING		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
DRESSING		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
SHAVING		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
SEXUAL ACTIVITIES		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
SLEEP		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
STATIC SITTING		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
STATIC STANDING		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
YARD WORK		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
SWEEPING/ VACUUMING		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
DISHES		NO EFFECT		PAINFUL (CAN DO)	PAINFUL (LIMITS)	☐ UNABLE TO PERFORM
LAUNDRY		NO EFFECT	□ F	PAINFUL (CAN DO)	PAINFUL (LIMITS)	UNABLE TO PERFORM
GARBAGE		NO EFFECT	□ F	PAINFUL (CAN DO)	PAINFUL (LIMITS)	☐ UNABLE TO PERFORM
OTHER		NO EFFECT	□ F	PAINFUL (CAN DO)	PAINFUL (LIMITS)	☐ UNABLE TO PERFORM