Omegagenics DHA Children's Chewable Gels Tutti-Fruitti (Formerly DHA Children's) \$25.15 SoftGels 120

Omegagenics DHA Tutti-Fruitti supports brain development and eye health in children.

Omegagenics EPA-DHA 300 (Formerly EPA-DHA Complex)

\$18.06 90-SoftGels \$49.42 270-SoftGels

EPA-DHA 300 is a totally natural source of the omega-3 essential fatty acids. Highest purity /quality source of Omega 3 (fish oil). This is a standard dose of Omega-3's and good for patients who need a general EPA-DHA supplement.

Omegagenics EPA-DHA 500 Enteric Coated (Formerly EPA-DHA 6:1 Enteric Coated)

\$25.79 60-SoftGels \$50.82 120-SoftGels

EPA-DHA Extra Strength provides a higher concentration of the same cold water fish oil contained in Omegagenics 300. It features high levels of the omega-3 essential fatty acids, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). This product is odor reduced and enteric coated to reduce the potential for repeating.

Omegagenics EPA-DHA 720 \$91.50 240-SoftGels

EPA-DHA 720 provides 720 mg of omega-3 essential fatty acids from cold-water fish per soft- gel to help deliver greater health support in fewer soft-gels

Omegagenics EPA-DHA 2325 Liquid High Concentrate \$51.97 Liquid

High Concentrate EPA-DHA Liquid provides at least 2,800 mg per serving of EPA, DHA, and other purity-certified, omega-3 essential fatty acids in triglyceride form. Ideal for those who are struggling with cognitive conditions such as ADHD, delayed speech, dyslexia, or neurodegenerative conditions.

Protein Fusion Bars

\$35.95 Case-12 Peanut Butter Crunch or Chocolate

Protein Fusion is ideal for those who are trying to increase protein intake and limit their consumption of high glucose (sugar) producing carbohydrates. Protein Fusion's low glucose carbohydrate profile is a balance of fiber, sugar alcohols, and glycerin designed to be low glycemic and easier on digestion, as well as taste great.

Ultra Clear Plus \$113.47 Powder

Provides nutrients that support liver detoxification processes and the removal of harmful toxins associated with health conditions such as allergies, migraines, fibromyalgia, and chemical sensitivities. May be used on a long-term basis. Rich in the antioxidant vitamins A, C, E, and beta-carotene, which may help protect against oxygen free radicals generated during the hepatic detoxification process. This is a comprehensive detoxification involving dietary guidance, food elimination and maximum detox results.

UltraFlora Immune Health \$49.40 Capsules 60

Ultra Flora Plus is a patented probiotic formula that normalizes your GI flora and features highly viable, pure strains of Lactobacillus acidophilus (NCFM® strain) and Bifidobacterium lactis in convenient capsule form. Good for patients having taken recent antibiotics, post cleanse, or with IBS. UltraFlora is key for balancing the immune system.

UltraFlora Kids

\$31.45 Chewable Grape Flavored Tablets 60

UltraFlora Children's is formulated for daily immune health and digestive support with a proprietary probiotic blend of B. lactis Bi-07 and L. acidophilus NCFM®, provided in delicious, naturally grapeflavored chewable tablets.

Ultra Meal

\$46.90 Powder Whey or Soy, Vanilla or Chocolate

UltraMeal is a medical food designed to nutritionally support the management of conditions associated with metabolic syndrome, including central obesity, altered body composition, insulin resistance. Designed for those who want to improve body composition, UltraMeal promotes the loss of body fat while helping to maintain lean muscle mass. UltraMeal also supports healthy heart function by providing 15 grams of whey or soy protein per serving.

Ultra C 500 \$28.43 Tablets 90 Ultra C \$30.89 Chewable Tablets 90

Ultra Potent-C 500 is an exclusive, patented formula that is designed to enhance the utilization of Vitamin C. Preliminary scientific research suggests that vitamin C in the form of Ultra Potent-C may result in improved uptake by white blood cells when compared to regular ascorbic acid. Good for patients with colds/flu, weakened immune systems and/or injuries/tissue damage.

UltraCalm Bars \$38.93 Box (12 bars)

Ultra Calm is a dietary supplement designed to address stress-related concerns, It contains 200 mg of L-theanine to support relaxation, a sense of calm, and a healthy stress response.

Vasotensin

\$62.91 Tablets 120

In addition to essential fatty acids (EPA-DHA), this contaminant free and natural source of bonito fish provides an effective blood pressure support. Bioactive peptides help maintain healthy blood pressure and optimum blood flow. It works by preventing angiotensin formation, a potent vasoconstrictor in the body which triggers elevated blood pressure.

***This is safe in conjunction with medications or other supplements/diet for hypertension.

Seroyal/Pharmax Supplements

Prices do not include GST

Cal-Mag Berry Liquid \$33.05 Blueberry Flavor

Calcium and magnesium along with therapeutic dosages of vitamins A, D and K to help in the development and maintenance of bones and teeth

D-Mulsion by Seroyal

\$18.50 Liquid Drops (Lemon or Mint Flavor)

Each drop contains: Vitamin D (cholecalciferol) 1000 IU in a lemon flavoured liquid. This is a very palatable supplement for kids!

HMF Forte

\$72.10 Capsules 120

HMF Forte is a moderate-level, long-term maintenance probiotic formula which provides two strains of proprietary human-sourced Lactobacillus acidophilus, Bifidobacterium bifidum and Bifidobacterium animalis subsp. lactis, along with fructooligosaccharides

HMF Kids

\$35.65 Chewable Tablets 30 Blackcurrant Flavor

HMF Child probiotic formula is a moderate-level probiotic combination providing Lactobacillus acidophilus, Bifidobacterium bifidum, Lactobacillus paracasei, Lactobacillus salivarius and Bifidobacterium animalis subsp. lactis, and it is essential to the maintenance of the child's healthy gut flora.

HMF Baby B and HMF Baby F \$34.20 Powder

The HMF Baby probiotic has been found to be safe and effective in reducing incidence of eczema and sensitivity to common food allergens in infants. HMF Baby B is designed for breast-fed babies, and HMF Baby F is ideal for formula-fed babies.

Melatonin Spray (Spearmint Flavor) \$17.00

Melatonin is a hormone produced by the pineal gland, the organ that helps re-set the body's sleep-wake cycle (aspect of the circadian rhythm). Melatonin Spray promotes sleep cycle and helps increase the total sleep time (aspect of sleep quality) in people suffering from sleep restriction or altered sleep schedule (e.g. shift-work and jet lag). It also helps to reduce the time it takes to fall asleep in people with delayed sleep phase syndrome.

WELLNESS SUPPLEMENTS

BETTER HEALTH THROUGH MEETING NUTRITIONAL DEMANDS

Dr. Michael Schmolke Dr. Sherra Sanders Dr. Mehrdad Ghaliai

Beacon Hill Chiropractic and Massage 11636 Sarcee Trail NW Calgary, AB T3R 0A1

> 403-516-1141 www.getbetterfaster.ca



Adeeva Supplements

Prices do not include GST

Adrenal Support \$37.95 Capsules

Contains natural agents shown to support and renew adrenal function and reduce the impact of stress on the body.

All In One Multivitamin \$34.95 Caplets

The Adeeva Multiple Vitamin and Mineral Supplement contains optimal values of everything from Vitamin A-to-Zinc and is a cost effective way to support general well being, energy, immune support, slowing of the aging process and helping to defend against many degenerative conditions in one single product.

Body Burn \$34.95 Capsules

Adëeva Body Burn contains three natural ingredients shown to help you burn fat if you are over weight and help you gain lean muscle mass in conjunction with resistance training. The combination of Chromium, Hydroxycitric Acid and Catechins (from decaffeinated green tea) in Body Burn may also help with blood sugar regulation.

Bone Support \$23.95 Tablets

Contains optimal amounts of the key bone building nutrients that are vital to the prevention and management of osteoporosis and osteopenia. Bone Support contains 60 mg of Icariin Flavanoid, proven to increase bone density and bone strength.

Cardio Essentials \$34.95 Capsules

Contains Coenzyme Q10 and the standardized grade of hawthorn. These active ingredients support energy production at the cellular level, promoting cardiovascular health and the function of other tissues and organs. Cardio Essentials prevents cellular disease, declining cardiac function and slows the aging process. Coenzyme Q10 prevents high blood pressure as well as a decline in brain function and is a must for anyone on statin druds.

CholesterEX \$36.95 Capsules

CholesterEx contains two natural agents that are proven to lower blood cholesterol and triglycerides in human clinical trials. These natural agents include Gugulipid and Artichoke Leaf Extract. Unlike conventional cholesterol-lowering drugs, these natural agents are not associated with liver damage, muscle pain, kidney damage or significant intestinal upset.

Flora Essentials \$34.95 Capsules

Contains a high potency, full-spectrum blend of digestive enzymes (from non-animal sources) in combination with the prebiotics fructo-digosaccharide and inulin, which together aid the digestive process and support the growth of gut-friendly bacteria.

Glucosamine Joint Formula \$34.95 Capsules

Contains a purified and stable grade of glucosamine sulfate along with three natural herbs that support joint health and block key steps associated with the inflammatory process. Great for patients with degenerative joint disease, arthritis, and athletes in general

Immuno Detox Prime \$34.95 Capsules

Contains natural herbal agents (reishi mushroom, astragalus, indole3-carbinol, and milk thistle) that support the function of the immune system and liver detoxification enzymes which help the body eliminate foreign compounds and other impurities.

Memory Support Complex \$36.95 Capsules

Contains four naturally-occuring agents that have been shown to boost levels of the brain chemical acetylcholine which is responsible for memory. Its ingredients are safe and shown to increase nerve transmission, memory, mental acuity, and cognition as well as help breakdown neural tangles associated with Alzheimers and dementia.

Migrane-X \$37.95 Capsules

MigranEx contains natural agents, Butterbur and Feverfew ,proven in clinical studies to reduce the frequency of migraine attacks by up to 77% in migraine sufferers.

Nature's Essential Oils \$29.95 GelCaps

Contains an optimum blend of omega 3,6 and 9 essential fatty acids, which support cardiovascular, immune, brain and nerve function as well as vision, skin smoothness and softness, and other important functions. This product is free from pesticide residues, mercury and other important contaminants and is derived from non-genetically modified borage seed and flaxseed sources, as well as a high yield, pure grade fish oil (from anchovies, mackerel and sardines).

Nature's Iron \$34.95 Tablets

One capsule of Nature's Iron contains 45 mg of elemental iron in which the iron is chelated to amino acid carriers for maximum absorption into the bloodstream.

Nature's Relief \$39.95 Capsules

Contains four powerful herbal agents that have been tested in clinical trials. Together, these ingredients are known to block various steps associated with the production of inflammatory prostatolandin hormones.

OregaSept \$43.95 Capsules

Orega-Sept Capsules contain the P73 wild oregano blend, which has been tested at Georgetown University for its germ-killing properties. Only the P73 wild oregano blend contains the complement of volatile oils shown to be effective in killing various common viruses, bacteria and fungi, including candida albicans.

Prostate 40 Plus \$34.95 Capsules

A vital supplement for all men over 40. Its natural ingredients and anti-oxidants block the aggressive change in testosterone in the aging man, thereby preventing and reversing enlargement of the prostate, and potentially blocking the key steps in prostate cancer development.

SensaGen \$36.95 Capsules

This is a sexual enhancement supplement for men and women. It is a safe and natural alternative to dangerous drugs like Viagra and Cialis. Sensagen helps to improve libido, desire, and blood flow to the genitals and improve arousal and performance.

Sleep E \$34.95 Capsules

Sleep-E Naturals contains natural agents that help improve sleep quality and duration, naturally, without risk of addiction or dependency. It also contains nutrients that help protect the brain against free radical damage, slowing down brain aging.

ThyroSupport \$34.95 Capsules

Contains natural herbal support to normalize thyroid dysfunction (fatique, cold hands and feet, dry skin, and difficulty losing weight).

Ultimate GLX (Glutathione) \$34.95 Capsules

Ultimate Glutathione contains natural agents that are known to boost liver and cellular levels of the antioxidant glutathione. Glutathione is not only a premiere cellular antioxidant, but glutathione is also required for detoxification of many dangerous environmental chemicals.

Women's Hormonal Balance \$34.95 Capsules

Women's Hormonal Balance Formula is an all-natural product containing three proven herbal agents (soy isoflavones, black cohosh, gamma-oryzanol) that have been shown to support female hormonal health and help manage a variety of female conditions from menopausal symptoms, and bone density to dysmenorrhea.

AOR Advanced Orthomolecular Research Supplements

Prices do not include GST

All Life Colostrum \$34.95 Capsules 120

- · Helps fight disease and infection
- · Delivers compounds for a strong immune system
- · Harmonizes the immune system to avoid autoimmune disease

Ribogen Mg \$49.99 Powder

- · Helps alleviate fatigue
- · Benefits heart health
- · Helps reduce symptoms of fibromyalgia
- · Helps increase muscle strength

ACTA-Resveratrol \$39.95 Capsules 90

Acta Resveratrol is an antioxidant and helps maintain a healthy heart, as well as promoting normal cell development.

Metagenics Supplements

Prices do not include GST

Bone Builder - Cal Apatite Forte \$35.00 Capsules 90

Cal Apatite Forte capsules is an excellent bone support formula that provides extra MCHC (3,036 mg per serving). This comprehensive formulation also supplies beneficial levels of vitamin D—nutrients essential for bone health. This form of Cal Apatite is highly absorbable making it ideal for those over the age of 35.

D3

\$21.74 Tablets 120

 $\ensuremath{\mathsf{D}} 3$ 1000 features high potency vitamin $\ensuremath{\mathsf{D}} 3$ - the most bioactive form of supplemental vitamin D.

Endefen

\$65.94 Powder

Endefen is uniquely designed to nutritionally support the overall health and function of the upper gastrointestinal (GI) tract. This exceptional formula goes far beyond the competition by addressing multiple factors that contribute to GI health. Good for patients with IBS, Crohn's, colitis, and leaky gut syndrome. This is also good for detox purposes.

Estrovera Tablets \$32.50 Tablets 30

Clinically proven to reduce all symptoms of menopause including hot flashes, sleep disturbances, depression, exhaustion, joint and muscle complaints and vaginal dryness.

Magnesium Citrate \$23.95 Tablets 120

Mag Citrate is a blend of magnesium citrate and calcium citrate that nutritionally supports musculoskeletal health. Magnesium citrate is a key agent to enhance bowel function and regularity as well as to reduce sensitivities throughout the body.

Multigenics PhytoMulti \$84.95 Tablets 120

The "Smart Multi" designed to help you reach your maximum potential for health.

- ·Recharge cellular communication in favor of good health
- Nourish cells with a full spectrum of phytonutrients and essential vitamins and minerals to support multiple body systems
- •Defend cells by helping maintain DNA stability and protecting against oxidative stress from free radicals

Multigenics Chewables \$29.63 Chewable Tablets 90

Multigenics Chewable is a high quality multiple vitamin and mineral supplement with excellent nutrient bioavailability designed especially for children or for those adults who prefer a chewable tablet.

Douglas Labs Supplements

Prices do not include GST

Citrus-Q10 100

\$61.50 Chewable Orange Tablet

Citrus Q10 provides naturally fermented co-enzyme Q10 in a great tasting chewable tablet. Coenzyme Q10 is important for the function of every cell in your body.

Greens and Reds

\$52.95 Powder

Organic Greens and Reds powder is a healthful supplement for those who wish to supplement their diet with this concentrated phytonutrient blend of grasses, vegetables and

Melatonin PR (Prolonged Release)

Melatonin P.R. tablets contain 3 mg of purest pharmaceutical grade melatonin, in a prolonged-release, bisected tablet.

Arnicare by Boiron

Prices do not include GST

Arnicare Cream \$15.99

Arnicare cream is emollient but light-textured and well suited for massage and/or sensitive areas. Eases resorption of bruises and inflammatory edema caused by falls, blows, blunt injury or surgery. Also for muscle and joint pain, swelling and bruising.

Arnicare Gel \$15.99

Arnicare Gel is a quick absorbing, water-based gel with a cooling effect. Eases resorption of bruises and inflammatory edema caused by falls, blows, blunt injury or surgery. For muscle and joint pain, swelling and bruising.

Arnicare Tablets

\$13.99 Sublingual Tablets

Arnicare Tablets is a homeopathic medicine for the relief of muscle and joint pain. Eases resorption of bruises and inflammatory edema caused by falls, trauma or surgery.

Arnicare Sport

\$15.99 Chewable Lemon Lozenges

Arnicare Sport relieves muscular soreness, cramps and fatigue following a physical workout or overexertion in adults and children 6 years of age and up. Use Arnicare Sport before, during and after physical effort to help your body recover from overexertion & relieve cramps, aches and muscular fatigue.

Biobotanical Research

Prices do not include GST

Biocidin

Spray - \$42.50 Drops - \$94.50

Biocidin® is a potent broad-spectrum botanical compound designed to support the entire immune system. This carefully crafted formula targets the intestines and supports digestion. as well as systemic immune function. Independent laboratory testing has concluded that Biocidin® has broad reaching effects in various and challenging environments.*

Epsom Salts \$2.50 (250 ml)

\$9.99 (1 gallon)

Magnesium plays a number of roles in the body including regulating the activity of over 325 enzymes, reducing inflammation, helping muscle and nerve function and helping to prevent artery hardening. Sulfates help improve the absorption of nutrients, flush toxins and help ease migraine headaches.

Pascoe

Pascoflair - 30 tabs, 100 tabs

Traditionally used in Herbal Medicine as a sleep aid (in cases of restlessness or insomnia due to mental stress).



Wellness Products

Prices do not include GST

Biofreeze

\$20.95 Tube (Gel), \$22.86 (Rollon), \$24.76 (Spray)

Biofreeze pain reliever offers temporary relief of minor aches and pains related to:

- Biofreeze pain reliever offers temp
 Back, shoulder, and neck strains
- Ankle, knee, hip and elbow joint discomfort
- Muscle sprains and strains

Evolution Chair \$159.99

By introducing a dynamic element to the sitting experience, the Evolution Chair™ keeps your muscles active while you are seated. This not only holds you in the correct position for your spine but also allows you to build your core strength while you sit. This new concept in sitting can contribute a great deal to your overall well-being, especially for those who sit for long periods at a time.

Theraband Foot Roller \$21.95

The TheraBand® Foot Roller is used to provide temporary relief from pain associated with plantar fasciitis, heel spurs and tired feet. Patients with plantar fasiciitis can use the roller as a device to stretch the plantar fascia and increase flexibility. Those experiencing soreness from tired feet will find the massaging benefits of the roller pleasant and therapeutic. The Foot Roller can be chilled or frozen to help reduce inflammation.

Therapeutic Pillows from CORE Products International

\$72.95 - MidCore Soft and Firm \$79.95 - TriCore Soft and Firm \$84.95 - Cervalign Sizes 5, 6, 7 \$61.90 - Deluxe Water Pillow

The right pillow can make a BIG difference. Engineering pillows to help people get a good night's sileep is at the heart of Core Products' mission. Instead of chasing trends (a memory foam pillow may not be right for everyone), CORE tailors each pillow design to fit your particular spine and are recommended by health care professionals. Please discuss your particular sleeping concerns with one of our doctors and he/she will be more than happy to make recommendations based on your posture needs.

Therapeutic Foam Rollers by Fitter \$19.99 - 18 inch foam roll \$35.99 - 36 inch foam roll

Foam rollers are versatile tools for stretching, rehabilitation, physical therapy and fitness. Stretching with a foam roller is a great addition to any exercise routine, helping to improve flexibility and stability for better quality of movement.

Posture Perfector (Regular and PLUS Strength) \$39.95

Ideal for patients with both inactive and active lifestyles to stretch and strengthen the upper shoulder girdle and return to correct postural positioning. Can be used in rehab to assist in recovery from injury or incorrect posture.

Thumper VTMX \$199.99

The VMTX is a truly ergonomic single-sphere massager that delivers a specific resultoriented massage. The VMTX is the only massager of its kind, offering full size performance in the palm of your hand.

Thumper Sport \$169.99

The Mini Pro2 is a professional strength massager in a personal, self-use size. Using the same patented Thumper® percussive action, the Mini Pro2 was designed for those hard to reach areas like the shoulders and mid-back.

Rock Tape \$19.99

RockTape is a special kind of tape known as kinesiology tape. First used by acupuncturists and chiropractors in Japan, today kinesiology tape is used by practitioners throughout the world to treat injuries and improve sports performance.

Rock Sauce \$20.00 4 oz \$34.95 8 oz

Rock Sauce is the first and only warm topical pain cream designed for use with Rocktape. When applied directly to the surface of Rocktape, Rock Sauce soaks into Rocktape and slowly releases itself which provides cooling and warmth for up to 1 hour. Rock Sauce can be used alone or in conjunction with Rock Tape.