

## IM Shots Menu

### **B12 methylcobalmin \$25**

Aids in the production of red blood cells.  
Assists with fat and protein metabolism.  
Improves brain function.

### **Tri Immune \$40**

Glutathione, Vitamin C, Zinc  
Immune support via antioxidants with healing properties. Protects the body from free radical damage, and aids in liver function.

### **Lipo Stat (MIC+B12+B6. \$35**

MIC (Methionine, Inositol, Choline)- Breaks down sugars, carbs and fat to help convert into energy. Combined with B6 and B12 which promote energy, healthy nerve cells and red blood cell production.

### **Carnitine \$25**

Improves fat metabolism, increases energy and athletic recovery times, aids in muscle building.

### **Combo Shots:**

Lipo-Stat + Carnitine \$45

Tri-Immune + B12 \$50

Carnitine + B12 \$35

### **NAD+**

Nicotinamide adenine dinucleotide (NAD+) is a critical coenzyme for redox reactions, making it central to energy metabolism, utilized in every living cell and essential for numerous cellular functions.

### **NAD+ Injection \$85**



**New Product**

Improve mental clarity

Fight chronic fatigue

Anti-Aging Booster

**NAD+**

Better Sleep

Increase Energy

Promote DNA Repair

Improve Mood

Promote Healthy Brain function

The image features a central photograph of a small glass vial with a red cap, labeled 'NAD+'. The vial is surrounded by a yellow circular glow. The background is black with white text listing various benefits of the product.

## IV Combos and Pricing

### Immune Support IV \$175

Advance your Immune system to help fight off illness.

Glutathione  
Vitamin C  
Trace Minerals  
Zinc

### The Contender IV \$150

Get ready for an athletic performance with this combination of muscle improving ingredients.

B Complex  
Carnitine  
Taurine

### Pre Celebration IV \$175

Prepare your liver and body for a fun time without the hangover.

Glutathione  
Taurine  
B Complex  
Trace Minerals

### Party Recovery \$175

Forgot your Pre-party IV? Don't worry, we can still help.

Glutathione  
Taurine  
B Complex  
Option to add Zofran or Toradol

### Migraine Relief \$150

This IV can ease your migraine while it's happening, if you experience frequent migraines, ask your ALIVE Nurse about prevention ingredients.

Toradol or Zofran  
Magnesium  
Taurine

### Mega Burn IV \$150

Increase your metabolism and burn fat with this combination of vitamins and amino acids.

B complex  
Glutamine  
Carnitine

### Relax \$125

Decrease anxiety and promote relaxation.

Magnesium  
NAC

### Classic Myers \$150

The original IV Therapy combination, perfect for overall wellness!

Trace Minerals  
Vitamin C  
B Complex

### Glow Up \$175

The ultimate beauty drip, supports collagen production and healthy, glowing skin!

Vitamin C  
Lysine  
Biotin  
Proline

### High Dose Vitamin C:

Used for healing, fight free radicals and Detox.

5 Grams: \$125  
10 Grams: \$155  
20 Grams: \$205

### Custom IV therapy Pricing:

\$125 - Includes 1 Liter hydration and TWO ingredients of choice

Additional ingredients \$25 each.



## IV Ingredients Menu

### **Ascorbic Acid (Vitamin C): 1,000mg**

Necessary for growth and repair of all tissues by forming collagen. Aids in iron absorption. Enhances function of immune system. Maintains integrity of bones, cartilage and teeth. Necessary for wound healing. Forms important proteins to build blood vessels, skin, and tendons.

### **B Complex: Contains B1, B2, B3, B5, B6**

B vitamins are important for cell function. They help the body convert food into fuel, this results in more energy and better metabolism. Maintains healthy cells, therefore body tissues. Also great for digestion, skin, and nerves. B vitamins are usually the first to deplete when dehydrated, great for hangovers.

### **B7 Biotin: 25mg**

Improves keratin for healthier Hair, skin and nails. Breaks down fat and carbs, increasing metabolism.

### **Carnitine: 1,000mg**

Potent fat burner, enhances athletic recovery, huge energy boost.

### **Glutamine: 30mg**

Vital for GI health, promotes glucose uptake after workouts. May curb sugar cravings. Reduces lactic acid buildup with exercise, aids in muscle recovery.

### **Lysine: 100mg**

Essential amino acid, important for muscle growth. Protects against and treats cold sores. May block stress receptors, supports healthy bones with improved calcium absorption, helps form collagen for skin health/ wound healing.

### **Magnesium: 1,000mg**

Assists in protein synthesis, controlling blood sugar. Aids to regulate and lower blood pressure. Helps with stress management, and muscle spasm relief. Used to prevent and relieve active migraines. Improves relaxation and sleep.

### **NAC (N-Acetyl-Cystine) 400mg**

Precursor to glutathione, guards against oxidative stress. Improves brain function, insulin resistance and immune function. Vital for respiratory health.

### **Taurine: 50mg**

Amino acid with antioxidant properties. Good for cardiovascular health, athletic performance and muscle recovery. Can improve mental clarity and acuity and overall mental performance.

