

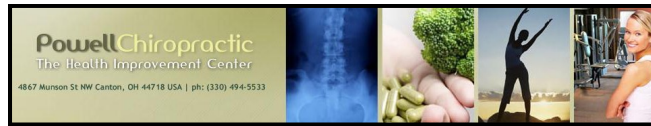
Whole Food Philosophy

Dr. Royal Lee (founder of Standard Process) challenged common scientific beliefs in the 1940's by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature-in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists-known and unknown-bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should exam the source of nutrients rather than looking at the quantities of individual nutrients on product labels.



You can be confident that we offer the finest care and supplementation to bring your body back into balance ,

NATURALLY!



At Powell Chiropractic Clinic Inc., we take pride in our care for patients. In addition to our chiropractic principle "structure effects function," We also believe in the balance of the body through nutrition. Dr. Powell, Dr. Null, Dr. Jim, and Dr. Robert work together as a team to ensure that each of our patients receives whole body support to :

Relieve Pain

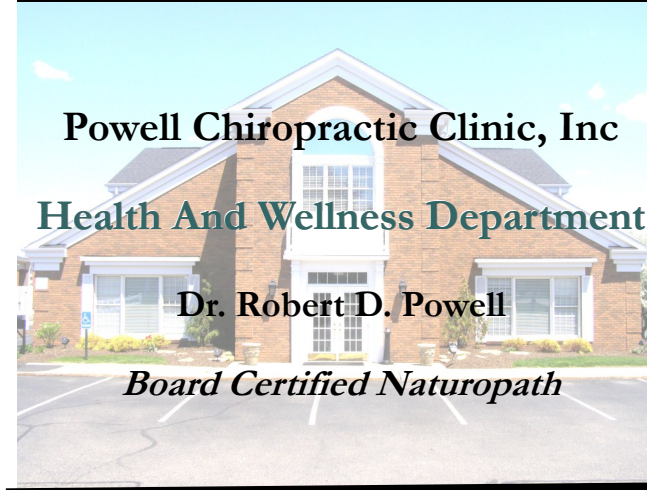
Restore Function

Regain Health

*If you would like to experience natural health care solutions, please inquire with one of our staff members or call regarding our Health Pass program for a discounted new patient visit.



"Your Family's First Choice for Natural Healthcare"



Powell Chiropractic Clinic, Inc
Health And Wellness Department

Dr. Robert D. Powell

Board Certified Naturopath

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Your Path to Naturopathic Wellness

Dr. Robert Powell

B.C.N.D., R.N.D.

Robert D. Powell serves as the Director of our Health Wellness Department. He is also a Board Certified Naturopath and is nationally registered. He specializes in Whole Food Nutrition, Meridian Stress Assessment, Homeopathy, as well as diet and lifestyle concerns. Dr. Robert consults with patients on an individual basis to assess nutritional needs and personal goals.

What is Naturopathy?

Naturopathy is based on the belief that the human body has an innate healing ability. Naturopathic doctors (NDs) advise their patients on the use of diet, exercise, lifestyle changes and use cutting edge natural therapies to help strengthen the body. NDs view the patient as a complex, interrelated system (a whole person). Naturopathic doctors craft comprehensive plans that blend the best of modern medical science and traditional natural solutions to maintain and restore health.

In our office, we will help your body regain and restore its natural function. By discovering and removing the barriers such as poor diet, unhealthy habits and nervous system interference, you can enhance your body's ability to heal itself.

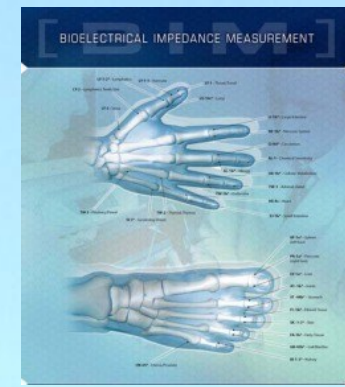
We each have a unique physical, mental, emotional, genetic, environmental, social, and spiritual makeup. A Naturopath knows that all these factors affect our health. We will carefully tailor a health plan specifically to your needs to improve your health.

Our Doctors may order one or more of the following services to identify any imbalances to assist in your recovery.

- Purification Program/Diet and Natural Weight Loss Counseling
- Saliva, urine and stool testing for parasites, bacteria, hormone levels and risks
- Comprehensive Blood and Urinalysis
- Hair Analysis to look for mineral deficiencies and heavy metal toxicities
- Lymphatic Drainage Therapy (to support the purification process)
- Meridian Stress Testing/Galvanic Skin Response Testing
- Bio Impedance Testing (Body composition i.e., Body Fat BMI, Intra and Extra Cellular Fluids)
- Food Allergy Testing
- Exercise Instruction

We may suggest some of these services to identify and assist your individualized needs.

Your health is very complex and it takes a lot of effort and commitment to maintain balance. Our methods and procedures may be the missing piece to your health puzzle.



As a New Patient in our Health and Wellness Department you will be screened through a series of tests to identify any nutritional needs. You will then be seen by Dr. Robert Powell to be assessed individually through methods of testing and health history. After your first consultation your health will be categorized into a specific level and you will be given a plan for care. All findings and recommendations will be reported to you in great detail. You will be given supplementation if needed and advised on dietary suggestions and modifications.

Meridian Stress Assessment

Galvanic Skin Response

- This is a non-invasive test that assesses acupressure points on your hands and feet. The test results will help the doctor identify any imbalances in your organs or organs systems.

Meridian Balance Index %	Excess Min	Excess Mid	Excess Max	Deficient Min	Deficient Mid	Deficient Max
Skin				60%		
Nervous	30%					
Locomotor				47%		
Respiratory	40%					
Cardiovascular		40%				
Digestive				30%		
Pancreas	40%					
Liver / GB				73%		
Urogenital					38%	
Blood						
Lymph/Drainage		57%				
Metabolism		60%				
Endocrine		92%				
Immune				37%		

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